

The Underworld Initiation A Journey Towards Psych

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Buffy Meets the Academy - Kevin K. Durand 2014-01-10

This book presents serious academic scholarship on Buffy the Vampire Slayer. It differs from other works because it uses Buffy as a primary text and not as a secondary instrument to explore other concepts. In doing so, it demonstrates that popular culture studies should be approached with the same serious attention that is paid to classic philosophy and other long-established fields. Essays assemble the Buffy canon and explore how Buffy treats Shakespeare, comics, power, sisterhood, apocalyptic revisionism, folklore, feminism, redemption, patriarchy, identity and education. Instructors considering this book for use in a course may request an examination copy here.

Nothing to Lose - Nigel Wellings 2005-01-01

For all those immersed in the traditions of Christian contemplation there is new understanding derived from the study of Buddhist traditions and the classical schools of psychotherapy. While both Freud and Jung, each in their own way, describe for us a means to expand the boundaries of the personal self, Buddhism challenges the very existence of this self, suggesting that it is the belief in its concrete existence that is at root the cause of all suffering. How then may these two radically different views find a place of meeting? The process involves "emptying out" as expounded by the great Christian mystics--"St. John of the Cross, Eckhart, Julian of Norwich--"and in the process the individual may be helped to cope with the stresses and pitfalls of modern living--"neurotic anxiety, depression, and narcissism.

Energy Psychology - Michael Mayer, Ph.D. 2011-06-14

Energy Psychology presents a comprehensive approach to healing that combines leading-edge Western bodymind psychological methods with a broad system of ancient, sacred traditions. Incorporating Dr. Mayer's integral approach called Bodymind Healing Psychotherapy, Energy Psychology draws on Chinese medicine approaches, including Qigong and acupressure self-touch; kabalistic processes; methods drawn from ancient traditions of meditation and postural initiation; and psycho-mythological storytelling techniques. Drawing on thirty years of training in Tai Chi and Qigong, Dr. Michael Mayer shows how integrating the essences of these traditions and methods can restore vitality and give the average person self-healing tools for physical and mental health. Unlike the quick-fix books on energy restoration, this book uses timetested, age-old practices from sacred traditions in combination with well-established clinical approaches. Dr. Mayer teaches readers bodymind healing methods to treat anxiety, chronic pain, addictions, hypertension, insomnia, trauma, and other prevalent conditions. Written in a clear, intelligible style, Energy Psychology includes real-life case studies that highlight the effectiveness of his techniques.

Persephone Returns - Tanya Wilkinson 1996

The author uses myth and fairy tales to examine society's view of victims and heroes

Pop Culture Magic 2.0 - Taylor Ellwood 2018-09-30

In Pop Culture Magic 2.0, Taylor Ellwood delves deeper into the power of pop culture magic and shows how the modern mythology of pop culture can be used to create magical workings that get you consistent results. You will learn: How to develop deeper and stronger relationships with pop culture spirits. How to develop your own system of pop culture magic How to integrate social media and modern technology into your magical practice. How to use contemporary holidays in your magical workings How role playing games can help you with your identity work and much, much more! Pop Culture Magic 2.0 can help you develop a modern system of magic that is relevant to you and allows you to take the pop culture you love and turn it into a spiritual practice that gets results and changes your life.

Victorian Fiction as a Bildungsroman - Petru Golban 2019-09-30

Metaphorically speaking, the nineteenth-century English Bildungsroman, dealing with the principle of identity formation, parallels Victorian fiction

as a whole, revealing the completion of its own formation, which began in the eighteenth century. Significantly, the most important and popular Victorian novels are Bildungsromane, in which authors construct or rather reconstruct their own life experiences as formative processes. This book shows that the Bildungsroman has a development history, is a specific literary system, and consists of a thematic and narrative pattern. It details the entrance of this newly established fictional tradition into Victorian culture and literature through Carlyle's threefold literary reception of the novel of formation and its subsequent flourishing and complexity. In this respect, a number of novelistic works are scrutinized, and each faces the question as to whether its thematic and narrative perspectives fit the pattern and shape of the Bildungsroman.

Soulcraft - Bill Plotkin 2010-10-05

Since 1980, depth psychologist Bill Plotkin has been guiding women and men into the wilderness — the redrock canyons and snow-crested mountains of the American West — but also into the wilds of the soul. He calls this work soulcraft. There's a great longing in all people to uncover the secrets and mysteries of our individual lives, to find the unique gift we were born to bring to our communities, and to experience our full membership in the more-than-human world. This journey to soul is a descent into layers of the self much deeper than personality, a journey meant for each one of us, not just for the heroes and heroines of mythology. A modern handbook for the journey, Soulcraft is not an imitation of indigenous ways, but a contemporary nature-based approach born from wilderness experience, the traditions of Western culture, and the cross-cultural heritage of all humanity. Filled with stories, poems, and guidelines, Soulcraft introduces over 40 practices that facilitate the descent to soul, including dreamwork, wilderness vision fasts, talking across the species boundaries, council, self-designed ceremony, nature-based shadow work, and the arts of romance, being lost, and storytelling.

Labor Like a Goddess - Alexandria Moran 2019-10-14

Written by two birth doulas and intuitive healers, this book tells the metaphorical story of a fictional goddess who must walk through 7 Gates of Transformation in order to become a Mother. At the final gate, she must surrender to the ultimate sacrifice—spiritual death—so she can be reborn into motherhood. Each gate perfectly illustrates the 7 emotional, psychological, and often subconscious sacrifices that every laboring woman experiences, whether willingly or not. This book is a guide to help pregnant women understand birth as a divine journey and master how to walk through each gate with empowered sacrifice, purpose, and zeal through tools, rituals, and integrative practices.

Journey to the Dark Goddess - Jane Meredith 2012-05-25

Journey to the Dark Goddess will lead you on a powerful, healing path. In the stories of ancient Goddesses you will hear your own soul, calling out to you. The Dark Goddess is the creatrix of healing, change and renewal. She offers connection with the core of yourself. If you have been unable to shake off depression, or fear its return; if you have inexplicable 'blank patches' in your life, if you know that something is missing, or something is calling to you, if you seek the source of women's power - it's time to journey to the Dark Goddess. The for this journey to the Dark Goddess exists in ancient myth. Weaving the stories of Inanna, Persephone and Psyche with self-enquiry and sacred ritual we learn to journey internally, creating maps in our darkest places and return enriched, integrating our deepest understandings. Meeting the Dark Goddess we see a mirror of our own soul.

The Liminal Loop - Timothy L. Carson 2022-02-24

Recent and current crises in health, ecology, society and spirituality have lent the whole arena of liminality a new urgency and relevancy. Those who traverse the great transitions are rediscovering new ways of interpreting life through the liminal lens, a way to make sense of the great voluntary and unchosen transitions that characterize modern life. This anthology provides a unique overview of liminality as it gathers a

diverse coterie of authors, disciplines, and contexts to explore its many facets. Distinct in its interdisciplinary approach, *The Liminal Loop* serves as an important source book for general readers, teachers, students, artists, counselors, spiritual guides, and social transformers. From liminal poetry and musical traditions to the strange vertical world of the rock climber, *The Liminal Loop* explores the swirling chaos on the other side of critical thresholds and suggests a pathway through the daunting middle passages of the in-between. With what can only be described as courage, the many authors of this collection dare to look uncertainty in the eye, knowing that this is a necessary journey, and that it is better to travel with a common band of pilgrims than to go it alone.

Deep Blue - Sylvie Shaw 2014-12-05

Nature religions look to rivers, lakes and oceans for inspiration and spiritual transformation. 'Deep Blue' brings together the work of influential scholars in the field of nature religion, ranging across anthropology, mythology, sociology and psychology. The essays examine the interrelationship between spiritual practice, critical thinking, and environmental concern. Tracing the ancient history of humanity's close relationship with both salt and fresh water, the book calls for a sustainable relationship with water in contemporary western culture. 'Deep Blue' will be of interest to students of paganism and religion, environmental researchers and activists, and all those involved in the intersection between religion and ecology.

Integral Yoga Psychology - Debashish Banerji 2020-05-28

Integral Yoga Psychology is a new attempt to position the Integral Yoga of Sri Aurobindo and the Mother within the frame of yoga psychology, as an inquiry related to transpersonal and whole-person psychologies. This book contains 11 essays by leading scholar-practitioners of integral yoga, sketching its possibility-space as a psychology. It attempts this through a hermeneutics of the texts of Sri Aurobindo and the Mother, as well as their own and their disciples' practices and experiences. It also makes a beginning at locating the field in its larger contexts, through comparative, qualitative and empirical studies, as well as probing the clinical possibilities of its models.

Complex/Archetype/Symbol in the Psychology of C.G. Jung - Jolande Jacobi 2020-05-26

As an associate of C. G. Jung for many years, Jolande Jacobi is in a unique position to provide an interpretation of his work. In this volume, Dr. Jacobi presents a study of three central, interrelated concepts in analytical psychology: the individual complex, the universal archetype, and the dynamic symbol.

Communities of the Heart - Warren Rochelle 2001-01-01

Through story, through myth, through science fiction and fantasy, he argues, Le Guin takes us into her communities of the heart, communities that are truly human. "Le Guin's rhetoric, when placed in historical and sociocultural context, becomes the rhetoric of Emerson, Thoreau, Peirce, and Dewey: American romantic/pragmatic rhetoric - a rhetoric that argues for value to be given to the subjective, the personal and private, the small, and the feminine. Rochelle studies Le Guin's Earthsea cycle, *The Dispossessed*, *The Left Hand of Darkness*, *Always Coming Home*, *Four Ways to Forgiveness*, *A Fisherman of The Inland Sea*, two recent novellas, *Dragonfly* and *Old Music* and the *Slave Women*, and selected short stories. The theorists of language, culture and myth discussed include Susanne Langer, Kenneth Burke, Lev Vygotsky, Walter Fisher, Carl Jung and Joseph Campbell."--BOOK JACKET.

The Critical History of Edgar Allan Poe's The Narrative of Arthur Gordon Pym - Ronald C. Harvey 2015-12-22

The Critical History of Edgar Allan Poe's *The Narrative of Arthur Gordon Pym*: A Dialogue with Unreason traces the complex, scattered criticism of Poe's most anomalous work, as it has steadily grown in prominence to a central position in the study of Poe and American literature. The winding route the criticism of Pym has charted, as convoluted as the narrative itself, has been a history of disagreement at almost every level at which critics and scholars read texts--including the nature and genre of the work, the seriousness or levity of the author's intent, and its stature as a work of genius, hackwork, or something in between. The unique set of thematic and narrative problems the work poses has eluded every hermeneutic structure brought against it so far, consistently undermining the very reading strategies it seems to invite. The only comprehensive critical history and bibliography of Pym, this study fills a large hole Poe scholars have long felt, as it analyzes the ways in which critics and critical camps have attempted to confront, rationalize, contain, or evade its novel and disturbing features. In the process, the criticism is correlated with the popular reception and the international response. Because literary history has entangled no author with his work

more than Poe, ultimately this book is as much a study of Poe as of Pym. At every point, therefore, this study embeds the critical response to Pym in the history of Poe studies in general, as well as in the larger context of American literary theory and history. Includes bibliography and index.

Green Psychology - Ralph Metzner 1999-06-01

A visionary ecopsychologist examines the rift between human beings and nature and shows what can be done to bring harmony to both the ecosystem and our own minds. • Shows that the solution to our ecological dilemma lies in our own consciousnesses. It is becoming more and more apparent that the causes and cures for the current ecological crisis are to be found in the hearts and minds of human beings. For millennia we existed within a religious and psychological framework that honored the Earth as a partner and worked to maintain a balance with nature. But somehow a root pathology took hold in Western civilization--the idea of domination over nature--and this led to an alienation of the human spirit that has allowed an unprecedented destruction of the very systems which support that spirit. In *Green Psychology* Ralph Metzner explores the history of this global pathology and examines the ways that we can restore a healing relationship with nature. His search for role models takes him from shamanic ceremonies with the Lacandon Maya of Mexico to vision quests in the California desert, from the astonishing nature mysticism of Hildegard von Bingen to the Black Goddesses and Green Gods of our pagan ancestors. He examines the historical roots of the split between humans and nature, showing how first sky-god worshiping cultures, then monotheisms, and finally mechanistic science continued to isolate the human psyche from the life-giving Earth. His final chapters present a solution, showing that disciplines such as deep ecology and ecofeminism are creating a worldview in which the mind of humanity and the health of the Earth are harmoniously intertwined.

Archetypes and Motifs in Folklore and Literature: A Handbook - Jane Garry 2017-07-05

This is an authoritative presentation and discussion of the most basic thematic elements universally found in folklore and literature. The reference provides a detailed analysis of the most common archetypes or motifs found in the folklore of selected communities around the world. Each entry is written by a noted authority in the field, and includes accompanying reference citations. Entries are keyed to the Motif-Index of Folk Literature by Stith Thompson and grouped according to that Index's scheme. The reference also includes an introductory essay on the concepts of archetypes and motifs and the scholarship associated with them. This is the only book in English on motifs and themes that is completely folklore oriented, deals with motif numbers, and is tied to the Thompson Motif-Index. It includes in-depth examination of such motifs as: Bewitching; Chance and Fate; Choice of Roads; Death or Departure of the Gods; the Double; Ghosts and Other Revenants; the Hero Cycle; Journey to the Otherworld; Magic Invulnerability; Soothsayer; Transformation; Tricksters.

The Religious Dreamworld of Apuleius' Metamorphoses - James Gollnick 2006-01-01

Apuleius' *Metamorphoses* is probably best known as the literary source for the myth of Eros and Psyche and as a primary source of information about mystery religions in the ancient world. There is another realm of the *Metamorphoses* which has, until now, received relatively little attention -- namely, the many dreams found within it. The *Religious Dreamworld of Apuleius' Metamorphoses* offers an engaging portrait of the second-century dreamworld. Recognizing the centrality of the religious function and spiritual interpretation of dreams, this book illustrates their vital importance in the ancient world and the wide variety of meanings attributed to them. James Gollnick draws deeply from historical and psychological studies and provides a historical background on the current interest in the role of dreams in psychological and spiritual transformation. This study of Apuleius' *Metamorphoses* adds to an appreciation of Apuleius the dreamer and the second-century dreamworld in which he lived and wrote.

Love and the Soul - James Gollnick 2006-01-01

The Eros and Psyche myth has, over the course of the twentieth century, received nearly as much attention from depth psychologists as has the Oedipus story. In their attempt to better understand this popular story, scholars have proposed various interpretations, which have generally followed either Freudian or Jungian theories about the nature of the psyche and its development. This elaborate work provides serious students of psychology, religion and mythology with a detailed account and analysis of what has been accomplished in the psychological interpretation of the Eros and Psyche myth to date. It emphasizes how psychological theory determines the direction of interpretation much

more than does the literary context of the myth itself. It also examines the strengths and weaknesses of these psychological interpretations (five Freudian and six Jungian) of the Eros and Psyche myth in order to lay the groundwork for an interpretation which (1) avoids the rigidity of both Freudian and Jungian dogma and (2) restores the myth to its rightful literary and religious context — something which has been ignored by most psychological interpretations.

The Psychology of Kundalini Yoga - C. G. Jung 1999-07-21

"Kundalini yoga presented Jung with a model of something that was almost completely lacking in Western psychology—an account of the development phases of higher consciousness.... Jung's insistence on the psychogenic and symbolic significance of such states is even more timely now than then. As R. D. Laing stated... 'It was Jung who broke the ground here, but few followed him.'"--From the introduction by Sonu Shamdasani Jung's seminar on Kundalini yoga, presented to the Psychological Club in Zurich in 1932, has been widely regarded as a milestone in the psychological understanding of Eastern thought and of the symbolic transformations of inner experience. Kundalini yoga presented Jung with a model for the developmental phases of higher consciousness, and he interpreted its symbols in terms of the process of individuation. With sensitivity toward a new generation's interest in alternative religions and psychological exploration, Sonu Shamdasani has brought together the lectures and discussions from this seminar. In this volume, he re-creates for today's reader the fascination with which many intellectuals of prewar Europe regarded Eastern spirituality as they discovered more and more of its resources, from yoga to tantric texts. Reconstructing this seminar through new documentation, Shamdasani explains, in his introduction, why Jung thought that the comprehension of Eastern thought was essential if Western psychology was to develop. He goes on to orient today's audience toward an appreciation of some of the questions that stirred the minds of Jung and his seminar group: What is the relation between Eastern schools of liberation and Western psychotherapy? What connection is there between esoteric religious traditions and spontaneous individual experience? What light do the symbols of Kundalini yoga shed on conditions diagnosed as psychotic? Not only were these questions important to analysts in the 1930s but, as Shamdasani stresses, they continue to have psychological relevance for readers on the threshold of the twenty-first century. This volume also offers newly translated material from Jung's German language seminars, a seminar by the indologist Wilhelm Hauer presented in conjunction with that of Jung, illustrations of the cakras, and Sir John Woodroffe's classic translation of the tantric text, the Sat-cakra Nirupana. ?

The Heroine's Journey Workbook - Maureen Murdock 2020-08-18

A workbook to guide readers through the different stages of The Heroine's Journey—healing deep wounds of one's feminine nature on a personal, cultural, and spiritual level. Maureen Murdock's modern classic The Heroine's Journey explores woman's mythic quest for maintaining feminine values and a sense of wholeness in a society that's been defined according to masculine values. Womankind undertakes this spiritual and psychological journey by integrating all parts of her nature. This workbook, based on workshops conducted by Murdock herself with women of all ages, can be used individually or in a group to guide readers through The Heroine's Journey. With exercises and reflection questions for each chapter, readers will embark on profound self-exploration and gain a new sense of clarity and understanding of their own life quests. The skills learned on this archetypal journey prepare women to work toward the larger pursuit of bringing consciousness to others and preserving the balance of life on earth.

The Underworld Initiation - R. J. Stewart 1998

Bibliographic Guide to Psychology - New York Public Library. Research Libraries 1993

Holistic Treatment in Mental Health - Cheryl L. Fracasso 2020-09-09

The first of its kind, this guidebook provides an overview of clinical holistic interventions for mental-health practitioners. Submissions from 21 contributors examine the validity of different methods and provide information on credentialed training and licensure requirements necessary for legal and ethical practice. Chapters covering a range of healing modalities describe the populations and disorders for which the intervention is most effective, as well as the risks involved, and present research on the effectiveness of treatment, with step-by-step sample clinical sessions.

The Journey of Soul Initiation - Bill Plotkin, PhD 2021-01-12

Soul initiation is an essential spiritual adventure that most of the world

has forgotten — or not yet discovered. Here, visionary ecopsychologist Bill Plotkin maps this journey, one that has not been previously illuminated in the contemporary Western world and yet is vital for the future of our species and our planet. Based on the experiences of thousands of people, this book provides phase-by-phase guidance for the descent to soul — the dissolution of current identity; the encounter with the mythopoetic mysteries of soul; and the metamorphosis of the ego into a cocreator of life-enhancing culture. Plotkin illustrates each phase of this riveting and sometimes hazardous odyssey with fascinating stories from many people, including those he has guided. Throughout he weaves an in-depth exploration of Carl Jung's Red Book — and an innovative framework for understanding it.

On Soul and Earth - Elena Liotta 2013-12-16

On Soul and Earth offers an original perspective on the relationship between the environment and the human psyche. Physical spaces contribute to the building of identity through personal experience and memory. Places evoke emotions and carry their own special meanings. Elena Liotta and her contributors also explore the neglected topics of migration and travel. The author has extensive clinical experience of working with patients from a wide variety of national and cultural backgrounds. Globalization is present in the clinical office as well as in the wider world and the transformations currently being wrought in the areas of cultural and national identity also impact on clinical work. This book will be of interest to Jungian analysts as well as psychotherapists and mental health professionals, especially those who are addressing transcultural and multicultural issues including voluntary or enforced migration. It will also appeal to urban planners, architects and those interested in environmental issues.

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Pictures from the Heart - Sandra A. Thomson 2003-08-02

For hundreds of years, people have turned to the tarot for guidance and focus in seeking answers to life's questions. While millions use the Tarot regularly, much of its history, lore, and symbolism remain obscure--making it difficult for the user to get the deepest possible reading. Also, with hundreds of different decks available, drawing on several major traditions, finding the right deck--the one that the Tarot user will find most sympathetic to their needs, desires, and usage--can become an arduous task. Pictures from the Heart provides hundreds of entries detailing the symbolism of the Tarot, contrasting the various decks on the market, as well as issues, figures, and topics of interest to the Tarot user. For both the experienced and the neophyte user, this tarot dictionary is a long-awaited and essential resource.

Magic, Witchcraft and the Otherworld - Susan Greenwood 2020-08-01

Anthropology's long and complex relationship to magic has been strongly influenced by western science and notions of rationality. This book takes a refreshing new look at modern magic as practised by contemporary Pagans in Britain. It focuses on what Pagans see as the essence of magic - a communication with an otherworldly reality. Examining issues of identity, gender and morality, the author argues that the otherworld forms a central defining characteristic of magical practice. Integrating an experiential ethnographic approach with an analysis of magic, this book asks penetrating questions about the nature of otherworldly knowledge and argues that our scientific frameworks need re-envisioning. It is unique in providing an insider's view of how magic is practised in contemporary western culture.

Culture, Literature and Migration - Ali Tilbe

Culture, Literature and Migration gives us a unique insight into the emotional and physical experiences of immigrants. By shedding light on the challenges of the plight, the chapters in this book raise awareness of the global scale of the crisis and reduces hostility towards the displaced as a result of a better understanding of that which is often left unspoken of and unheard of. The distinctiveness of voluntary and involuntary

immigration is brought forward and contextualized in order to emphasize the trauma of forced departure and the often forgotten psychological complications of the host nation. With such matters arising, there is an ultimate return to notions of hegemony, colonialism, otherness, hybridity and citizenship. New understandings of identity, nationalism and multiculturalism are explored in context of transnationalism and multiculturalism. Culture, Literature and Migration critically analyzes the transformation of the immigrant and highlights the importance of hope and the power of inclusiveness in a fragmented global environment. Content Introduction – Ali Tilbe and Rania M Rafik Khalil Chapter 1 – The Bildungsroman and Building a Hybrid Identity in the Postcolonial Context: Migration as Formative Experience in Monica Ali’s Brick Lane Petru Golban and Derya Benli Chapter 2 – The Migrant Female Writer, Originally from Muslim Country in the Literary Field: A Sociological Approach Francesco Bellinzis Chapter 3 – Migration, Integration and Power. The Image of “the Dumb Swede” in Swede Hollow and the Image of Contemporary New Swedes in One Eye Red and She Is Not Me Maria Bäcke Chapter 4 – Coerced Migration, Migrating Rhetoric: The ‘Forked Tongue’ of Native American Removal Policy in the Nineteenth-Century United States Estella Ciobanu Chapter 5 – The Migrant Hero’s Boundaries of Masculine Honour Code in Elif Shafak’s Honour Tatiana Golban Chapter 6 – Literary Representations of Progressive Era Lithuanian Immigrants in the United States and the Question of Genre: Upton Sinclair’s The Jungle (1906) Cansu Özge Özmen Chapter 7 – Migration, Maturation and Identity Crisis in Abani’s Select Novels: A Postcolonial Reading Bernard Dickson and Chinyere Egbuta

Journeys with Plant Spirits - Emma Farrell 2021-09-28

- Presents meditation journeys with specific plant and tree spirits, such as Mugwort, Rosemary, Dandelion, Yew, Elder, and Wormwood
- Details how to achieve a calm mind, cleanse your energy field, and connect with your heart in preparation for meditating with the plants
- Includes a progressive series of introductory meditations, adapted from wisdom traditions, to lay the foundation for working with plant spirits

Our ancient ancestors understood the language of nature, enabling them to communicate innately with plants. By quieting the mind through meditation, we too can tap into the vibratory resonance of plants and receive their wisdom and healing. In this guide, Emma Farrell explains how to take your connection and relationship with nature to a deeper level and access plant spirit healing through meditation with plants. She explores the nature of plant consciousness and how plants perceive, drawing on indigenous and shamanic teachings. She details how to achieve a calm mind, cleanse your energy field, and connect with your heart in preparation for meditating with plants and trees, showing how the plants can support us not only in the cleansing process but also in teaching us how to sense what is in our energy field. Offering a progressive series of preparatory meditations, adapted from wisdom traditions, the author reveals how to lay the foundation for working, communicating, and developing relationships with plant and tree spirits for personal development, spiritual connection, and inner peace. She then presents meditation journeys with specific plant spirits, focusing on specific frequencies within the plant’s bio-resonance to assist you. For example, the meditation with Mugwort works with the plant spirit’s qualities of alignment and self-awareness to assist you with grounding and developing inner vision, while the meditation with Dandelion helps you break old habits by working with the plant’s qualities of release, reconnection, and fearlessness. Revealing how each plant is an expression of the soul force of Mother Nature and carries a unique blend of her medicine and wisdom, this guide details step-by-step how to effectively work with plant spirits for emotional and spiritual healing, enabling you to awaken the eternal spirit, or soul, to become truly multidimensional and whole.

An Image Darkly Forming - Bani Shorter 2015-08-11

Originally published in 1987, a well-known Jungian analyst, the late Bani Shorter writes here about how women are initiated into becoming themselves. Her book was an important contribution to the field of analytical psychology at the time, as well as to the increasingly popular study of women’s spirituality. In former times transitions from one stage of life to another were prepared for and marked by ritual initiation; in modern times this necessity is overlooked and women’s natural development is made more difficult as a consequence. Through working in close therapeutic relationships with women, Bani Shorter found that when challenged by crises and transitions in their lives, today’s women instinctively create rituals nevertheless to mark their journey towards maturation, wholeness and meaning. In this process they discover something of who they are and recognise dimensions of themselves

which have been previously repressed and undreamed of. The stories unfolded here can be a guide for all women through their own rites of passage.

The Fear of the Feminine - Erich Neumann 2022-03-08

These essays by the famous analytical psychologist and student of creativity Erich Neumann belong in the context of the depth psychology of culture and reveal a prescient concern about the one-sidedness of patriarchal Western civilization. Neumann recommended a "cultural therapy" that he thought would redress a "fundamental ignorance" about feminine and masculine psychology, and he looked for societal healing to a "matriarchal consciousness" that forms the bridge between the feminine and the creative. Brought together here for the first time, the essays in the book discuss the psychological stages of woman's development, the moon and matriarchal consciousness, Mozart's Magic Flute, the meaning of the earth archetype for modern times, and the fear of the feminine. In Mozart's fantastic world, Neumann saw a true Auseinandersetzung--the conflict and coming-to-terms with each other of the matriarchal and the patriarchal worlds. Developing such a synthesis of the feminine and the masculine in the psychic reality of the individual and of the collective was, he argued, one of the fundamental, future-oriented tasks of both the society and the individual.

Descent to the Goddess - Sylvia Brinton Perera 1981

Pioneer study of the need for an inner female authority in a masculine-oriented society. Interprets the journey into the underworld of Inanna-Ishtar, Goddess of Heaven and Earth, to see Ereshkigal, her dark sister. So must modern women descend into the depths of themselves. Rich in insights.

Egyptian Religion and Mysteries - Earle de Motte 2013-02

Subjects covered in these pages include: Egyptian Spirituality The Akhenaten Heresy and Its Impact on Religion and Mystical Thought Creation Mythology of the Four Centres The Soul and Its Journey in Egyptian Metaphysical Thought Secrets of the Book of the Dead The Nature of the Human Being Ra s Journey through the Underworld and Its Initiatory Significance Egyptian Mysteries as the Prototype of Ancient Mystery Schools Shamans, Hierophants, and the Initiatory Process Wisdom of the Egyptian Sages, from Ancient Egypt to the Hermetic Mystics of Alexandria The Heart as the Spiritual Self and Monitor of Morality in Human Behaviour

The Descent of the Soul and the Archaic - Paul Bishop 2022-09-30

The Descent of the Soul and the Archaic explores the motif of katabasis (a "descent" into an imaginal underworld) and the importance it held for writers from antiquity to the present, with an emphasis on its place in psychoanalytic theory. This collection of chapters builds on Jung’s insights into katabasis and nekylia as models for deep self-descent and the healing process which follows. The contributors explore ancient and modern notions of the self, as obtained through a "descent" to a deeper level of imaginal experience. With an awareness of the difficulties of applying contemporary psychological precepts to ancient times, the contributors explore various modes of self-formation as a process of discovery. Presented in three parts, the chapters assess contexts and texts, goddesses, and theoretical alternatives. This book will be of interest to scholars and analysts working in wide-ranging fields, including classical studies, all schools of psychoanalysis, especially Jung’s, and postmodern thought, especially the philosophy of Deleuze.

Demeter and Persephone - Tamara Agha-Jaffar 2002-09-12

The classical Greek myth of Demeter and her daughter Persephone as told in Homer's Hymn to Demeter has been used most often to explain the cycle of the seasons. However, a closer examination will reveal insights on living and dying, loss and reconciliation, and suffering and healing. This work demonstrates the continued importance and relevance of the myth of Demeter and Persephone to today's society. The first three chapters provide a summary of the Homeric story and examine the myth from the perspectives of the mother and daughter. The following chapters discuss the symbolism of critical objects, the role of female mentoring, the role of Hades and the meaning of the underworld, the subject of rape, and the masculinist perspective presented by Zeus and Helios, and derive lessons useful for healing and knowledge. The Hymn to Demeter as translated by Helene Foley is included as an appendix in order to provide a basis for the discussion in the text. Notes and a bibliography also follow the text.

Art and Ritual in the Black Diaspora - Paul Griffith 2016-12-14

Archetypes of Transition in Diaspora Art and Ritual examines residually oral conventions that shape the black diaspora imaginary in the Caribbean and America. Colonial humanist violations and inverse issues of black cultural and psychological affirmation are indexed in terms of a

visionary gestalt according to which inner and outer realities unify creatively in natural and metaphysical orders. Paul Griffith's central focus is hermeneutical, examining the way in which religious and secular symbols inherent in rite and word as in vodun, limbo, the spirituals, puttin' on ole massa, and dramatic and narrative structures, for example, are made basic to the liberating post-colonial struggle. This evident interpenetration of political and religious visions looks back to death-rebirth traditions through which African groups made sense of the intervention of evil into social order. Herein, moreover, the explanatory, epistemic, and therapeutic structures of art and ritual share correspondences with the mythic archetypes that Carl Jung posits as a psychological inheritance of human beings universally.

Close to the Bone - Jean Shinoda Bolen 2007-04-01

This is a book for any person who is living with a life-threatening illness and for anyone who is caring for and/or loves a person who is ill. Bolen affirms that the price of going into the scary places, of feeling like a piece of green meat on a hook, is high, but worth it. We have no choice. We will all face health crises--our own and others. We can try to bury our heads in the sand. Or we can travel to the underworld. We can probe. We can listen. We can connect to what we know in our bones. In the ten years since the original publication of *Close to the Bone*, Jean Bolen has continued to explore the impact and the possibilities for finding purpose that confronting a serious illness and possible death present us. This

expanded edition includes a new section about forming circles in the time of crises, plus more stories that support the process of hope and the desire to live and change as well as a very personal passage in which Dr. Bolen tells the story of the death of her son. This book is meant to help and heal, to make people less afraid, and to encourage them to trust the wisdom they have inside--what they know in their bones. * 10th Anniversary revised edition, with a guide for those who want to form support circles.

Modern Psychology and Ancient Wisdom - Sharon G. Mijares 2015-08-27

Modern Psychology and Ancient Wisdom, 2nd edition, brings together experts who explore the use of ancient healing techniques from Buddhism, Christianity, Goddess, Shamanism, Taoism, and Yogic traditions as well as the mystical practices of Judaism and Islam and their application to modern counseling and therapy professions. Each chapter lays out time-tested techniques used by teachers, guides, and practitioners to facilitate psychological healing, embraces a wide variety of cultural perspectives, and offers a large, varied, and meaningful view of the world. This new edition includes added material on Islam, indigenous, and shamanic healing perspectives and practices, as well as new findings in the fields of neuropsychology and epigenetics. With its vast offerings of new treatment methods from a variety of perspectives—from therapeutic metaphors and breathing exercises to meditation and yoga techniques—this book will be of use to mental health professionals, social workers, and pastoral caregivers.