

The Relationship Between Forgiveness And Marital Satisfaction

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Family Life Now - Kelly J. Welch 2020-10-08

Family Life Now is a candid, thoughtful examination of marriages, families, and intimate relationships that follows the Family Life Education framework. Written in a student-friendly, conversational style, the text encourages readers to draw upon their own backgrounds and experiences to understand theories and concepts vital to the family sciences. Author Kelly J. Welch incorporates scholarship from the social and behavioral sciences to cover topics that are important to students today, such as LGBTQ+ individuals and relationships, cohabitating, and financial compatibility with a partner. This title is accompanied by a complete teaching and learning package.

Self-Concept Clarity - Jennifer Lodi-Smith 2018-01-03

This welcome resource traces the evolution of self-concept clarity and brings together diverse strands of research on this important and still-developing construct. Locating self-concept clarity within current models of personality, identity, and the self, expert contributors define the construct and its critical roles in both individual and collective identity and functioning. The book examines commonly-used measures for assessing clarity, particularly in relation to the more widely understood concept of self-esteem, with recommendations for best practices in assessment. In addition, a wealth of current data highlights the links between self-concept clarity and major areas of mental wellness and dysfunction, from adaptation and leadership to body image issues and schizophrenia. Along the way, it outlines important future directions in research on self-concept clarity. Included in the coverage: Situating self-concept clarity in the landscape of personality. Development of self-concept clarity across the lifespan. Self-concept clarity and romantic relationships. Who am I and why does it matter? Linking personal identity and self-concept clarity. Consequences of self-concept clarity for well-being and motivation. Self-concept clarity and psychopathology. Self-Concept Clarity fills varied theoretical, empirical, and practical needs across mental health fields, and will enhance the work of academics, psychologists interested in the construct as an area of research, and clinicians working with clients struggling with developing and improving their self-concept clarity.

The Cambridge Handbook of Personal Relationships - Anita L. Vangelisti 2006-06-05

The Cambridge Handbook of Personal Relationships serves as a benchmark of the current state of scholarship in this dynamic field synthesizing the extant theoretical and empirical literature, tracing its historical roots, and making recommendations for future directions. The volume addresses a broad range of established and emerging topics including: theoretical and methodological issues that influence the study of personal relationships; research and theory on relationship development, the nature and functions of personal relationships across the lifespan; individual differences and their influences on relationships; relationship processes such as cognition, emotion, and communication; relational qualities such as satisfaction and commitment; environmental influences on personal relationships; and maintenance and repair of relationships. The authors are experts from a variety of disciplines including several subfields of psychology, communication, family studies and sociology who have made major contributions to the understanding of relationships.

A Clinician's Guide to Maintaining and Enhancing Close Relationships - John H. Harvey 2001-11

In the past 10 years, there has been a substantial increase in the number of theoretical and empirical investigations into the maintenance and enhancement of close, romantic relationships. This literature targets the everyday behaviors, expressions of love, and cognitive styles that characterize such relationships. Chapters provide a sampling of the expanse of topics in the domain of how clinical scholars and practitioners address the timely topic of maintaining and enhancing close romantic relationships, including marriage. A distinguished group of scholars and therapists discuss specific problems, such as alcoholism and therapeutic

interventions, such as insight therapy. Topics include maintenance issues relevant to: depression, anxiety disorders, the role of children in affecting close relationships, how premarital therapy may serve as an antidote to early relationship problems, forgiveness, remarriage issues, and peer marriage. This volume is intended for practitioners in the field of close romantic relationships, such as marriage, family and relationship therapists, and clinicians.

Forgiveness: An Interdisciplinary Dialogue - 2020-05-06

XXX International Congress of Psychology: Abstracts - Michele Robert 2017-10-03

The abstracts of the XXX International Congress of Psychology (July 2012, Cape Town) are published as a supplement to Volume 47 of the International Journal of Psychology. The published volume includes the abstracts of the invited addresses, symposia, oral and poster presentations, numbering over 5,000 separate contributions and creating an invaluable overview of the discipline of psychological science around the world today.

Gerotranscendence - Lars Tornstam, PhD 2005-06-20

Given the 2006 GREAT GERONTOLOGY AWARD for outstanding contribution to gerontological research by the Swedish Gerontological Society Received a VALUE GROUND AWARD from the journal Aldreomsorg (Old Age Care) Expanding upon his earlier writings, Dr. Tornstam's latest book explores the need for new theories in gerontology and sets the stage for the development of his theory of gerotranscendence. This theory was developed to address what the author sees as a perpetual mismatch between present theories in social gerontology and existing empirical data. The development towards gerotranscendence can involve some overlooked developmental changes that are related to increased life satisfaction, as self-described by individuals. The gerotranscendent individual typically experiences a redefinition of the Self and of relationships to others and a new understanding of fundamental existential questions: The individual becomes less self-occupied and at the same time more selective in the choice of social and other activities. There is an increased feeling of affinity with past generations and a decreased interest in superfluous social interaction. The individual might also experience a decrease in interest in material things and a greater need for solitary "meditation." Positive solitude becomes more important. There is also often a feeling of cosmic communion with the spirit of the universe, and a redefinition of time, space, life and death. Gerotranscendence does NOT imply any state of withdrawal or disengagement, as sometimes erroneously believed. It is not the old disengagement theory in new disguise. Rather, it is a theory that describes a developmental pattern beyond the old dualism of activity and disengagement. The author supports his theory with insightful qualitative in-depth interviews with older persons and quantitative studies. In addition, Tornstam illustrates the practical implications of the theory of gerotranscendence for professionals working with older adults in care settings. A useful Appendix contains suggestions of how to facilitate personal development toward gerotranscendence. For Further Information, Please Click Here!

The Science of Trust: Emotional Attunement for Couples - John M. Gottman 2011-05-09

An eminent therapist explains what makes couples compatible and how to sustain a happy marriage. For the past thirty-five years, John Gottman's research has been internationally recognized for its unprecedented ability to precisely measure interactive processes in couples and to predict the long-term success or failure of relationships. In this groundbreaking book, he presents a new approach to understanding and changing couples: a fundamental social skill called "emotional attunement," which describes a couple's ability to fully process and move on from negative emotional events, ultimately creating a stronger relationship. Gottman draws from this longitudinal research and theory to show how emotional attunement can downregulate

negative affect, help couples focus on positive traits and memories, and even help prevent domestic violence. He offers a detailed intervention devised to cultivate attunement, thereby helping couples connect, respect, and show affection. Emotional attunement is extended to tackle the subjects of flooding, the story we tell ourselves about our relationship, conflict, personality, changing relationships, and gender. Gottman also explains how to create emotional attunement when it is missing, to lay a foundation that will carry the relationship through difficult times. Gottman encourages couples to cultivate attunement through awareness, tolerance, understanding, non-defensive listening, and empathy. These qualities, he argues, inspire confidence in couples, and the sense that despite the inevitable struggles, the relationship is enduring and resilient. This book, an essential follow-up to his 1999 *The Marriage Clinic*, offers therapists, students, and researchers detailed intervention for working with couples, and offers couples a roadmap to a stronger future together.

Romantic Relationships in Emerging Adulthood - Frank D. Fincham 2010-10-28

Emerging adulthood - the period between the late teens and mid-twenties - is a unique and important developmental period during which people gain relationship experience before settling on someone to partner with. *Romantic Relationships in Emerging Adulthood* presents a synthesis of research and theory on this topic. Leading scholars from demography, sociology, family studies, and psychology provide original data and theoretical analyses that address the formation, nature, and significance of romantic relationships in emerging adults. Until recently, it was assumed that romantic relationships in emerging adults were not particularly important or formative. The material presented allows this assumption to be thoroughly evaluated. This volume is intended to be a resource for anyone interested in understanding romantic relationships in emerging adulthood. It is especially appropriate for classroom use in upper-level undergraduate and graduate courses in the fields of family sociology, human development and family studies, clinical and developmental psychology, and social work.

Forgiveness and Health - Loren Toussaint 2015-10-05

This volume collects the state-of-the-art research on forgiveness and mental and physical health and well-being. It focuses specifically on connections between forgiveness and its health and well-being benefits. Forgiveness has been examined from a variety of perspectives, including the moral, ethical and philosophical. Ways in which to become more forgiving and evolutionary theories of revenge and forgiveness have also been investigated and proposed. However, little attention has been paid to the benefits of forgiveness. This volume offers an examination of the theory, methods and research utilized in understanding these connections. It considers trait and state forgiveness, emotional and decisional forgiveness, and interventions to promote forgiveness, all with an eye toward the positive effects of forgiveness for a victim's health and well-being. Finally, this volume considers key moderators such as gender, race, and age, as well as, explanatory mechanisms that might mediate links between forgiveness and key outcomes.

The Marriage and Family Experience: Intimate Relationships in a Changing Society - Bryan Strong 2016-05-24

THE MARRIAGE & FAMILY EXPERIENCE: INTIMATE RELATIONSHIPS IN A CHANGING SOCIETY brings together all elements of the course -- including intimate relationships, family policy, and family issues. Striking a balance between an academic and more functional approach, the authors draw from research to present a sound sociological and family studies base enhanced by perspectives from anthropology, history, psychology, journalism, literature, economics, and gender studies. The book explores recent research on topics such as adoptive parenting, the transgender experience, childbearing patterns, gay and lesbian families, communication and conflict resolution, the influence of popular culture, and working families. Real-life examples and a focus on self-assessment and reflection make the book accessible and encourage students to think and act for themselves. The thirteenth edition retains a progressive approach to diversity yet remains rooted in a positive, pro-family perspective. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Couple Resilience - Karen Skerrett 2015-07-08

This distinctive volume expands our understanding of couple resilience by identifying and exploring specific mechanisms unique to intimate relationships that facilitate positive adaptation to life challenges. Committed partnerships represent a unique form of relational alliance that offers an opportunity and challenge to go beyond the self - to

develop as individuals and as a relationship. The contributors to this volume represent a range of perspectives that integrate conventional relationship science and innovative empirical and theoretical work on the importance of meaning-making, narrative construction, intersubjectivity, forgiveness, and positive emotion in couple life. The volume also offers a unique anchor point - 'We-ness' as it relates to the intersection between shared, personal identity and well-being. Under-examined relational contexts such as resilience among LGBT partners and sexual resilience during illness adds further refinement of thought and application.

Handbook of Forgiveness - Everett L. Worthington, Jr. 2007-12-11

There is a need in both public and professional sectors for a deeper, and more complete understanding of forgiveness, as we are - in the author's own words - "on the threshold of an age of forgiveness and reconciliation." And yet despite continued interest and development in the field, researchers, clinicians, practitioners, and academics have long been without a comprehensive resource on which to base their work. The *Handbook of Forgiveness* summarizes the state of the science in the research, practice, and teaching of forgiveness. Chapters approach forgiveness and reconciliation from a variety of perspectives, drawing on related work in fields such as biology, personality, social psychology, clinical psychology, developmental psychology, philosophy, neuroscience, and international/political implications. The *Handbook* provides comprehensive treatments of the topic, integrating theoretical considerations, methodological discussions, and practical interventions strategies in order to appeal to researchers, clinicians, and practitioners. This volume is the most up-to-date and authoritative resource on the understanding of the science of forgiveness. The *Handbook of Forgiveness* has been chosen as a Book of Distinction by Templeton Press.

Forgiveness Therapy - Robert D. Enright 2015

In its second edition, *Helping Clients Forgive*, now retitled *Forgiveness Therapy*, benefits from more than a decade of new research into the innovative and growing field of forgiveness therapy. Forgiveness has been found to be a pivotal process in helping clients resolve anger over betrayals, relieve depression and anxiety, and restore peace of mind. For 30 years, the authors have pioneered these techniques, and here explain the process of forgiveness in psychotherapy in a way that can be applied by clinicians regardless of their theoretical orientation. With brand new chapters, studies, and models, clinicians will learn how to recognize when forgiveness is an appropriate client goal, how to introduce and explain to clients what forgiveness is and is not, and provide concrete methods to work forgiveness into therapy with individuals, couples and families. This comprehensive volume provides all of the latest research in the roles that anger and forgiveness play in specific emotional disorders and features clinical examples of work with individuals.

Rethinking Social Work Practice with Multicultural Communities - Yolanda C. Padilla 2020-05-21

With research showing that clients from diverse racial and ethnic groups disproportionately experience barriers in their interactions with social services and that providers recognize the need to be better prepared to work with these groups, this book invites us to rethink current approaches to social work practice with multicultural communities. We begin with a synthesis of the current evidence on the provision of care to multicultural communities that provides an in-depth look at both client and provider experiences. The following chapters offer tangible, research-based approaches to engaging with multicultural clients and reveal often unrecognized problems with current models of social work practice. A unique compilation of rigorous qualitative, experimental, and community-based studies demonstrate the effectiveness of culturally grounded interventions and identify the specific factors associated with positive outcomes. Areas covered include disability, marriage and couple relationship problems, domestic violence, and mental illness within Latinx, African American, First Nations, and South Asian communities. As the authors in this book show, the stories of multicultural communities are narratives of unprecedented resourcefulness and reinvention. Yet, social work underutilizes rich family and community cultural resources. By not facilitating their involvement, social service systems compromise these vital resources which social services cannot replace. In arguing that we need to expand professional boundaries to encompass indigenous practices, family and extended kin, and therapeutic relationships that make sense to different cultural groups, this book will be of interest to those studying the ways in which social work practice can be improved to better suit the needs of a racially and ethnically diverse population. This book was originally published as a special issue of the *Journal of Ethnic & Cultural Diversity in Social Work*.

Interpersonal Relations - Harold H. Kelley 1978

Hope-Focused Marriage Counseling - Everett L. Worthington Jr.
2013-02-04

Everett L. Worthington Jr. offers a comprehensive manual for assisting couples over common rough spots and through serious problems in a manner that is compassionate, effective and brief.

Mindfulness and Buddhist-Derived Approaches in Mental Health and Addiction - Edo Shonin 2015-11-13

This book provides a timely synthesis and discussion of recent developments in mindfulness research and practice within mental health and addiction domains. The book also discusses other Buddhist-derived interventions – such as loving-kindness meditation and compassion meditation – that are gaining momentum in clinical settings. It will be an essential text for researchers and mental health practitioners wishing to keep up-to-date with developments in mindfulness clinical research, as well as any professionals wishing to equip themselves with the necessary theoretical and practical tools to effectively utilize mindfulness in mental health and addiction settings.

Interpersonal Rejection - Mark R. Leary 2006-08-24

Interpersonal rejection ranks among the most potent and distressing events that people experience. Romantic rejection, ostracism, stigmatization, job termination, and other kinds of rejections have the power to compromise the quality of people's lives. As a result, people are highly motivated to avoid social rejection, and, indeed, much of human behavior appears to be designed to avoid such experiences. Yet, despite the widespread effects of real, anticipated, and even imagined rejections, psychologists have devoted only passing attention to the topic, and the research on rejection has been scattered throughout a number of psychological subspecialties (e.g., social, clinical, developmental, personality). In the past few years, however, we have seen a surge of interest in the effects of interpersonal rejection on behavior and emotion. The goal of this book is to pull together the contributions of several scholars whose work is on the cutting edge of rejection research, providing a scholarly yet readable overview of recent advances in the area. In doing so, it not only provides a look at the current state of the area but also helps to establish the topic of rejection as an identifiable area for future research. Topics covered in the book include: ostracism, unrequited love, betrayal, stigmatization, rejection sensitivity, rejection and self-esteem, peer rejection in childhood, emotional responses to rejection, and personality moderators of reactions to rejection.

Designing Positive Psychology - Kennon M. Sheldon 2011-01-31

Positive psychology exploded into public consciousness 10 years ago and has continued to capture attention around the world ever since. This book evaluates the first decade of this fledgling field of study from the perspective of nearly every leading researcher in the field.

Handbook of Biobehavioral Approaches to Self-Regulation - Guido H.E. Gendolla 2014-09-22

How can people master their own thoughts, feelings, and actions? This question is central to the scientific study of self-regulation. The behavioral side of self-regulation has been extensively investigated over the last decades, but the biological machinery that allows people to self-regulate has mostly remained vague and unspecified. Handbook of Biobehavioral Approaches to Self-Regulation corrects this imbalance. Moving beyond traditional mind-body dualities, the various contributions in the book examine how self-regulation becomes established in cardiovascular, hormonal, and central nervous systems. Particular attention is given to the dynamic interplay between affect and cognition in self-regulation. The book also addresses the psychobiology of effort, the impact of depression on self-regulation, the development of self-regulation, and the question what causes self-regulation to succeed or fail. These novel perspectives provide readers with a new, biologically informed understanding of self-awareness and self-agency. Among the topics being covered are: Self-regulation in an evolutionary perspective. The muscle metaphor in self-regulation in the light of current theorizing on muscle physiology. From distraction to mindfulness: psychological and neural mechanisms of attention strategies in self-regulation. Self-regulation in social decision-making: a neurobiological perspective. Mental effort: brain and autonomic correlates in health and disease. A basic and applied model of the body-mind system. Handbook of Biobehavioral Approaches to Self-Regulation provides a wealth of theoretical insights into self-regulation, with great potential for future applications for improving self-regulation in everyday life settings, including education, work, health, and interpersonal relationships. The book highlights a host of exciting new ideas and directions and is sure to

provoke a great deal of thought and discussion among researchers, practitioners, and graduate-level students in psychology, education, neuroscience, medicine, and behavioral economics.

Judgments of Responsibility - Bernard Weiner 1995-04-14

Presenting a general theory of social motivation, this compelling work integrates research on achievement evaluation, stigmatization, helping behavior, aggression, and impression management. Bernard Weiner examines how responsibility inferences are reached, the manner in which such judgments affect emotions, and the role that "cold" judgments of responsibility versus "hot" feelings, such as anger, play in producing both pro- and antisocial behaviors. Ideal for students as well as researchers and mental health practitioners, the book includes experiments for the reader to complete that illustrate the main points of the text.

Forgive for Love - Fred Luskin 2007-12-26

Offers a seven-step program for creating and maintaining a lasting relationship that teaches forgiveness skills in order to resolve conflicts and increase happiness.

The International Journal of Indian Psychology, Volume 3, Issue 3, No. 10 - IJIP.In 2016-06-26

This gives me an immense pleasure to announce that 'RED'SHINE Publication, Inc' is coming out with its third volume of peer reviewed, international journal named as 'The International Journal of Indian Psychology. IJIP Journal of Studies' is a humble effort to come out with an affordable option of a low cost publication journal and high quality of publication services, at no profit no loss basis, with the objective of helping young, genius, scholars and seasoned academicians to show their psychological research works to the world at large and also to fulfill their academic aspirations.

Family Psychology - Luciano L'Abate 1983

The Remarriage Manual - Terry Gaspard 2020-02-18

The 10 Keys to a Successful Remarriage Based on the author's personal experience, over 30 years of clinical practice, knowledge from leading marriage and remarriage researchers, and 100 in-depth interviews of remarried people, The Remarriage Manual offers 10 essential keys to a successful remarriage: Build a Culture of Appreciation, Respect, and Tolerance. Negativity is toxic. Personal growth and love are possible when you can express appreciation through positive words and actions. Make Your Remarriage a Top Priority. Never underestimate the power of intentional time with your partner to increase physical and emotional intimacy. Ditch the Baggage from Your First Marriage. Learn ways to be more reflective and less reactive to triggers that hit raw spots or vulnerabilities stemming from prior relationships. Don't Keep Secrets about Money. Remarried couples face complicated financial issues such as unequal assets, child support, alimony, and education costs for children and stepchildren. Honesty and full disclosure about finances are essential. Don't Let Mistrust Stop You from Being Vulnerable and Emotionally Intimate. Learn that vulnerability and trust go hand in hand and the steps you can take to be authentic and intimate with your partner so you can achieve long-lasting love. Get Sexy and Fall in Love All Over Again. Given the stressors of a second marriage, it can be particularly challenging to stay sexually intimate. Yet moments of connection, such as touching, talking, or making love, are all part of the glue that holds a second marriage together. Don't Make a Big Deal about Nothing . . . but Do Deal with Important Issues. Differences in beliefs, expectations, and conversational styles can cause you to blow things out of proportion and tune each other out. Effective communication will help you overcome these types of misunderstandings. Manage the Flames of Conflict. You can't avoid disagreements entirely. What you can do, however, is learn how to manage them successfully to avoid the "blame game" so that they can nourish rather than drain your remarriage. Embrace Your Role as a Stepparent and Create Positive Stepfamily Memories. There is no such thing as instant love in a stepfamily. When biological parents are involved, the relationships can get even trickier. Learn to adjust to your role as a stepparent—the chances of a second marriage succeeding go way up when both partners adopt an attitude of "we're in this together." Say You're Sorry and Mean It. Studies show that apologizing to your partner for hurting their feelings and granting forgiveness are crucial to the success of a second marriage. It's essential that remarried couples learn the value of sincere apologies and forgiveness. Drawing on the experiences of dozens of couples and remarriage scenarios, Terry Gaspard shows you how to bring each key home and set up your relationship for lasting success. Whether you are thinking of remarrying and concerned about going the distance or are already remarried and struggling, The Remarriage Manual provides the

expert advice, practical tools, hope, and inspiration you need to prevent challenges from becoming deal breakers. The 10 keys provided here will help put you and your spouse on solid footing; keep the flame between you burning bright; and build a deeply trusting, loving, and sustainable connection for the long haul.

Communicating Forgiveness - Vincent R. Waldron 2008

The book organizes and synthesizes existing forgiveness research around a descriptive communication framework, demonstrating how existing psychological research can be enriched by through the application of communication theories, including dialectical and face-management perspectives. For example, exploring how forgiveness is a process of dyadic negotiation, not just an individual's decision.

The Marriage You've Always Dreamed Of - Greg Smalley 2005

Offering usable, practical tools that, when applied, will help couples significantly increase the level of satisfaction in their marriages, Smalley teaches them how identify their repetitive negative patterns through helpful lessons about honor, respect, and care giving.

Emotional Intelligence in Everyday Life - John H. Beck 2013-10-14

Since the release of the very successful first edition in 2001, the field of emotional intelligence has grown in sophistication and importance. Many new and talented researchers have come into the field and techniques in EI measurement have dramatically increased so that we now know much more about the distinctiveness and utility of the different EI measures.

There has also been a dramatic upswing in research that looks at how to teach EI in schools, organizations, and families. In this second edition, leaders in the field present the most up-to-date research on the assessment and use of the emotional intelligence construct. Importantly, this edition expands on the previous by providing greater coverage of emotional intelligence interventions. As with the first edition, this second edition is both scientifically rigorous, yet highly readable and accessible to a non-specialist audience. It will therefore be of value to researchers and practitioners in many disciplines beyond social psychology, including areas of basic research, cognition and emotion, organizational selection, organizational training, education, clinical psychology, and development psychology.

Individual versus Dyadic Processes: Health and Relationship Outcomes - Maria Nicoleta Turliuc 2021-10-01

Handbook of the Psychology of Self-Forgiveness - Lydia Woodyatt 2017-09-07

The present volume is a ground-breaking and agenda-setting investigation of the psychology of self-forgiveness. It brings together the work of expert clinicians and researchers working within the field, to address questions such as: Why is self-forgiveness so difficult? What contexts and psychological experiences give rise to the need for self-forgiveness? What approaches can therapists use to help people process difficult experiences that elicit guilt, shame and self-condemnation? How can people work through their own failures and transgressions?

Assembling current theories and findings, this unique resource reviews and advances our understanding of self-forgiveness, and its potentially critical function in interpersonal relationships and individual emotional and physical health. The editors begin by exploring the nature of self-forgiveness. They consider its processes, causes, and effects, how it may be measured, and its potential benefits to theory and psychotherapy. Expert clinicians and researchers then examine self-forgiveness in its many facets; as a response to guilt and shame, a step toward processing transgressions, a means of reducing anxiety, and an essential component of, or, under some circumstances a barrier to, psychotherapeutic intervention. Contributors also address self-forgiveness as applied to diverse psychosocial contexts such as addiction and recovery, couples and families, healthy aging, the workplace, and the military. Among the topics in the Handbook: An evolutionary approach to shame-based self-criticism, self-forgiveness and compassion. Working through psychological needs following transgressions to arrive at self-forgiveness. Self-forgiveness and health: a stress-and-coping model. Self-forgiveness and personal and relational well-being. Self-directed intervention to promote self-forgiveness. Understanding the role of forgiving the self in the act of hurting oneself. The Handbook of the Psychology of Self-Forgiveness serves many healing professionals. It covers a wide range of problems for which individuals often seek help from counselors, clergy, social workers, psychologists and physicians. Research psychologists, philosophers, and sociologists studying self-forgiveness will also find it an essential handbook that draws together the advances made over the past several decades, and identifies important directions for the road ahead.

Exploring Mediators of Religiosity and Depressive Symptoms in Married Couples - Andrew Hinckley Rose 2016

Forgiveness and Reconciliation - Everett L. Worthington, Jr. 2006-05-24

To be unforgiving is harmful. The inability to come to terms with one's anger or strife often can lead to stress disorders, mental health disorders, and relationship problems. Forgiveness is a personal decision. Forgiveness and Reconciliation focuses on individual experiences with forgiveness, aiming to create a theory of what forgiveness is and connect it to a clinical theory of how to promote forgiveness. Dr. Worthington creates an evidence-based approach that is applicable for individuals and relationships, and even for society. He also describes an evidence-based method of reconciliation - restoring trust in damaged relationships. Dr. Worthington hopes that this theory will inform scientific research and improve intervention strategies. Showing that forgiveness transforms personality, Worthington describes ways a clinician can promote (but not force) forgiveness of others and self. He provides research-based theory and applications and discusses the role of emotion and specific personality traits as related to forgiveness. Forgiveness and reconciliation might not be cures, but, as Worthington shows, they are tools for transforming both the self and the world.

Beyond Revenge - Michael McCullough 2008-03-31

Why is revenge such a pervasive and destructive problem? How can we create a future in which revenge is less common and forgiveness is more common? Psychologist Michael McCullough argues that the key to a more forgiving, less vengeful world is to understand the evolutionary forces that gave rise to these intimately human instincts and the social forces that activate them in human minds today. Drawing on exciting breakthroughs from the social and biological sciences, McCullough dispenses surprising and practical advice for making the world a more forgiving place. Michael E. McCullough (Miami, Florida), an internationally recognized expert on forgiveness and revenge, is a professor of psychology at the University of Miami in Coral Gables, Florida, where he directs the Laboratory for Social and Clinical Psychology.

Forgiveness - Robert D. Enright 2004-01-01

Drs. Robert D. Enright and Richard P. Fitzgibbons discuss forgiveness with the host. Includes an actual therapy session with a real client by Dr. Fitzgibbons.

Torn Asunder - Margaret McCarthy 2017-01-22

A timely unsettling of old "settled" questions surrounding divorce Amid the current nationwide debate over what "marriage" is, this book examines anew the nature and meaning of marriage from the standpoint of what adult children of divorce have actually experienced. Upholding the inextricable link between our personal identity and our origin in a union of two — and, more deeply, in the Fatherhood of God — the contributors to this volume reflect on the damage that divorce does to children, opening up important questions for all of us: What does it mean to be human? What does it mean to love and to marry? After decades of talk about the rights of adults to get a divorce and the benefits for children of an amicable split between parents (a so-called "good divorce"), these authors — theologians, philosophers, political scientists, lawyers, psychologists, sociologists, and cultural critics — effectively unsettle conventional opinion.

Family Communication - Chris Segrin 2011-10-14

Family Communication carefully examines state-of-the-art research and theories of family communication and family relationships. In addition to presenting cutting-edge research, it focuses on classic theories and research findings that have influenced and revolutionized the way scholars conceptualize family interaction. This text offers a thorough and up-to-date presentation of scientific research in family communication for both teachers and students of family communication as well as professionals who work with families. This second edition features: Chapters updated with the latest research, including over 2000 references. Material on understudied family relationships, such as extended family relationships and gay and lesbian relationships Recent research on understudied topics in family communication, including the influence of technology on mate selection, negotiating work and family stress, single parenting, cohabitation, elder abuse, forgiveness in marriage, and the links among communication, culture, and mental health. A revised chapter on parent-child communication, taking a lifespan perspective that helps organize the large body of research in this area. A new chapter devoted to extended family relationships, with special focus on grandparent-grandchild relationships, in-law

relationships, and adult children and their parents. An expanded review of family conflict processes, especially in relation to decision making and power. A companion website provides chapter outlines, exam questions, and PowerPoint slides for students and instructors. Undergraduate readers should find the information easy to understand, while advanced readers, such as graduate students and professionals, will find it a useful reference to classic and contemporary research on family communication and relationships.

Relationship Maintenance - Brian G. Ogolsky 2019-12-19

Provides an interdisciplinary perspective on behaviors and strategies used to maintain intimate relationships.

Imagined Interactions - James M. Honeycutt 2003

Imagined interactions are a type of daydream in which individuals think about conversations in their minds in an attempt to simulate real-life conversations with others. This title describes their characteristics and functions.

Forgiveness - Michael E. McCullough 2000-01-01

Offering a definitive overview of a vital aspect of human experience, this unique volume will help forgiveness researchers of the present and future to steer a more coordinated and scientifically productive course. It serves as an insightful and informative resource for a broad interdisciplinary audience of clinicians, researchers, educators, and students.