

# Sacred Knowledge Psychedelics And Religious Experi

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*Changing Our Minds* - Don Lattin 2017

Changing Our Minds is an experiential tour through a social, spiritual and scientific revolution that is redefining our culture's often-confusing relationship with psychoactive substances. Veteran journalist Don Lattin chronicles the inspiring stories of pioneering neuroscientists, psychotherapists, spiritual guides and ordinary people seeking to live healthier lives by combining psychedelic drugs, psychotherapy, and the wise use of ancient plant medicines. In ground-breaking clinical trials, specially trained therapists employ Ecstasy (MDMA) to help U.S. veterans struggling with the psychological aftermath of war. Other psychiatrists in government-approved research offer psilocybin to alcoholics trying to get sober and cancer patients struggling with the existential distress of a life-threatening illness. Meanwhile, new imaging technology has enabled neuroscientists to map the psychedelic brain in real time, deepening our understanding of human consciousness. the essential primer for understanding and navigating this new consciousness-raising territory.

**Sacred Knowledge** - William Richards 2018-06-24

Sacred Knowledge is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Richards argues that, if used

responsibly and legally, psychedelics have incredible potential to assuage human suffering and contribute to the quality of life.

**Ayahuasca Reader** - Luis Eduardo Luna 2016

The Ayahuasca Reader is an expansive anthology of texts translated from several different languages covering multiple aspects of the ayahuasca experience. The book is a classic in ayahuasca literature and a must read for those interested in learning more about this sacred plant medicine.

[The Sacred Mushroom and the Cross](#) - John M. John M. Allegro  
2014-12-10

This book is the first published statement of the fruits of some years' work of a largely philological nature. It presents a new appreciation of the relationship of the languages of the ancient world and the implication of this advance for our understanding of the Bible and of the origins of Christianity.

**Entheogens and the Future of Religion** - Robert Forte 2012-01-25

A study of the importance of psychedelic plants and drugs in religion and society • With contributions by Albert Hofmann, R. Gordon Wasson, Jack Kornfield, Terence McKenna, the Shulgins, Rick Strassman, and others • Explores the importance of academic and religious freedom in the study of psychedelics and the mind • Exposes the need for an organized spiritual context for entheogen use in order to fully realize their

transformative and sacred value We live in a time when a great many voices are calling for a spiritual renewal to address the problems that face humanity, yet the way of entheogens--one of the oldest and most widespread means of attaining a religious experience--is forbidden, surrounded by controversy and misunderstanding. Widely employed in traditional shamanic societies, entheogens figure prominently in the origins of religion and their use continues today throughout the world. They alter consciousness in such a profound way that, depending on the set and setting, they can produce the ultimate human experiences: union with God or revelation of other mystical realities. With contributions by Albert Hofmann, Terence McKenna, Ann and Alexander Shulgin, Thomas Riedlinger, Dale Pendell, and Rick Strassman as well as interviews with R. Gordon Wasson and Jack Kornfield, this book explores ancient and modern uses of psychedelic drugs, emphasizing the complementary relationship between science and mystical experience and the importance of psychedelics to the future of religion and society. Revealing the mystical-religious possibilities of substances such as psilocybin mushrooms, mescaline, and LSD, this book exposes the vital need for developing an organized spiritual context for their use in order to fully realize their transformative and sacred value. Stressing the importance of academic and religious freedom, the authors call for a revival of scientific and religious inquiry into entheogens so they may be used safely and legally by those seeking to cultivate their spiritual awareness.

*Listening to Ayahuasca* - Rachel Harris, PhD 2017-02-14

Used for thousands of years by indigenous tribes of the Amazon rain forest, the mystical brew ayahuasca is now becoming increasingly popular in the West. Psychologist Rachel Harris here shares her own healing experiences and draws on her original research (the largest study of ayahuasca use in North America) into the powerful medicine's effects on depression, addiction, PTSD, and anxiety. In this wide-ranging and personal exploration, Harris details ayahuasca's risks and benefits, helping readers clarify their intentions and giving psychotherapists a template for transformative care and healing.

*Behavioral Neurobiology of Psychedelic Drugs* - Adam L. Halberstadt  
2018-03-27

This volume brings together the latest basic and clinical research examining the effects and underlying mechanisms of psychedelic drugs. Examples of drugs within this group include LSD, psilocybin, and mescaline. Despite their structural differences, these compounds produce remarkably similar experiences in humans and share a common mechanism of action. Commonalities among the substances in this family are addressed both at the clinical and phenomenological level and at the basic neurobiological mechanism level. To the extent possible, contributions relate the clinical and preclinical findings to one another across species. The volume addresses both the risks associated with the use of these drugs and the potential medical benefits that might be associated with these and related compounds.

*Otherworlds* - David Luke 2019-05-24

Scientist and psychonaut David Luke weaves personal experience and scientific research in this comprehensive exploration of chemically mediated extra ordinary human experiences. Emphasizing parapsychological aspects of the psychedelic experience, Luke's new book fills in a fascinating and previously neglected lacuna in the burgeoning field of human studies with these compounds. - Rick Strassman, PhD A psychedelic Indiana Jones. - Matt Colborn, PhD David Luke's delightful one-liner about his book is that it's 'about weird people in weird places taking weird substances doing weird things and, importantly, having weird experiences' . . . On reflection, it's much more profound than that . . . So weird reader, forge ahead without fear. - Dean Radin, PhD In his fascinating book David plunges into this controversial topic and gives the backstory, the front story, and possible ways forward to bring paranormal and psychedelic research together, and further our understanding of both. - Dennis J. McKenna, PhD A remarkable collection and a necessary one. This body of research illuminates aspects of psychedelic experiences usually obscured or denied in the medical and clinical research and sensationalized in the popular press. - James Fadiman, PhD A real Dr Gonzo. - Will Self

*TechGnosis* - Erik Davis 2015-03-17

TechGnosis is a cult classic of media studies that straddles the line between academic discourse and popular culture; it appeals to both those secular and spiritual, to fans of cyberpunk and hacker literature and culture as much as new-thought adherents and spiritual seekers. How does our fascination with technology intersect with the religious imagination? In *TechGnosis*—a cult classic now updated and reissued with a new afterword—Erik Davis argues that while the realms of the digital and the spiritual may seem worlds apart, esoteric and religious impulses have in fact always permeated (and sometimes inspired) technological communication. Davis uncovers startling connections between such seemingly disparate topics as electricity and alchemy; online roleplaying games and religious and occult practices; virtual reality and gnostic mythology; programming languages and Kabbalah. The final chapters address the apocalyptic dreams that haunt technology, providing vital historical context as well as new ways to think about a future defined by the mutant intermingling of mind and machine, nightmare and fantasy.

**LSD, My Problem Child** - Albert Hofmann 2005

This is the story of LSD told by a concerned yet hopeful father, organic chemist Albert Hofmann. He traces LSD's path from a promising psychiatric research medicine to a recreational drug sparking hysteria and prohibition. We follow Dr. Hofmann's trek across Mexico to discover sacred plants related to LSD, and listen in as he corresponds with other notable figures about his remarkable discovery. Underlying it all is Dr. Hofmann's powerful conclusion that mystical experience may be our planet's best hope for survival. Whether induced by LSD, meditation, or arising spontaneously, such experiences help us to comprehend the wonder, the mystery of the divine in the microcosm of the atom, in the macrocosm of the spiral nebula, in the seeds of plants, in the body and soul of people. Now, more than sixty years after the birth of Albert Hofmann's problem child, his vision of its true potential is more relevant, and more needed, than ever.

[Dying to Get High](#) - Wendy Chapkis 2008-08-03

[Dying to Get High with Susie Bright on Boing Boing! Warring Wines; 'You Want to Fight?'; Nurse Mary Jane in Santa Cruz High Times](#) interviews the authors. Alternet excerpt of the book ("How Pot Became Demonized") Discussion from the Santa Cruz Metro Marijuana as medicine has been a politically charged topic in this country for more than three decades. Despite overwhelming public support and growing scientific evidence of its therapeutic effects (relief of the nausea caused by chemotherapy for cancer and AIDS, control over seizures or spasticity caused by epilepsy or MS, and relief from chronic and acute pain, to name a few), the drug remains illegal under federal law. In *Dying to Get High*, noted sociologist Wendy Chapkis and Richard J. Webb investigate one community of seriously-ill patients fighting the federal government for the right to use physician-recommended marijuana. Based in Santa Cruz, California, the Wo/Men's Alliance for Medical Marijuana (WAMM) is a unique patient-caregiver cooperative providing marijuana free of charge to mostly terminally ill members. For a brief period in 2004, it even operated the only legal non-governmental medical marijuana garden in the country, protected by the federal courts against the DEA. Using as their stage this fascinating profile of one remarkable organization, Chapkis and Webb tackle the broader, complex history of medical marijuana in America. Through compelling interviews with patients, public officials, law enforcement officers and physicians, Chapkis and Webb ask what distinguishes a legitimate patient from an illegitimate pothead, good drugs from bad, medicinal effects from just getting high. *Dying to Get High* combines abstract argument and the messier terrain of how people actually live, suffer and die, and offers a moving account of what is at stake in ongoing debates over the legalization of medical marijuana.

**Breaking Convention** - Cameron Adams 2014

"Presents essays and articles exploring the history, use, and benefits of psychedelics from the international conference of the same name"--

*Handbook of Medical Hallucinogens* - Charles S. Grob 2021-01-29

This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic

stress disorder, major depression, substance use disorders, and end-of-life anxiety. Experts from multiple disciplines synthesize current knowledge on psilocybin, MDMA, ketamine, and other medical hallucinogens. The volume comprehensively examines these substances' neurobiological mechanisms, clinical effects, therapeutic potential, risks, and anthropological and historical contexts. Coverage ranges from basic science to practical clinical considerations, including patient screening and selection, dosages and routes of administration, how psychedelic-assisted sessions are structured and conducted, and management of adverse reactions.

**The Psychedelic Explorer's Guide** - James Fadiman 2011-05-18

Psychedelics for spiritual, therapeutic, and problem-solving use • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultr-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the first time, joining the 23 million who have already experimented with this substance Called "America's wisest and most respected authority on psychedelics and their use," James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience—from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including microdosing, extremely low

doses, for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

**DMT and the Soul of Prophecy** - Rick Strassman 2014-09-18

Naturally occurring DMT may produce prophecy-like states of consciousness and thus represent a bridge between biology and religious experience • Reveals the striking similarities between the visions of the Hebrew prophets and the DMT state described by Strassman's research volunteers • Explains how prophetic and psychedelic states may share biological mechanisms • Presents a new top-down "theoneurological" model of spiritual experience After completing his groundbreaking research chronicled in *DMT: The Spirit Molecule*, Rick Strassman was left with one fundamental question: What does it mean that DMT, a simple chemical naturally found in all of our bodies, instantaneously opens us to an interactive spirit world that feels more real than our own world? When his decades of clinical psychiatric research and Buddhist practice were unable to provide answers to this question, Strassman began searching for a more resonant spiritual model. He found that the visions of the Hebrew prophets—such as Ezekiel, Moses, Adam, and Daniel—were strikingly similar to those of the volunteers in his DMT studies. Carefully examining the concept of prophecy in the Hebrew Bible, he characterizes a "prophetic state of consciousness" and explains how it may share biological and metaphysical mechanisms with the DMT effect. Examining medieval commentaries on the Hebrew Bible, Strassman reveals how Jewish metaphysics provides a top-down model for both the prophetic and DMT states, a model he calls "theoneurology." Theoneurology bridges biology and spirituality by proposing that the Divine communicates with us using the brain, and DMT—whether naturally produced or ingested—is a critical factor in such visionary

experience. This model provides a counterpoint to “neurotheology,” which proposes that altered brain function simply generates the impression of a Divine-human encounter. Theoneurology addresses issues critical to the full flowering of the psychedelic drug experience. Perhaps even more important, it points the way to a renewal of classical prophetic consciousness, the soul of Hebrew Bible prophecy, as well as unexpected directions for the evolution of contemporary spiritual practice.

**Ecstasy** - Marghanita Laski 1961

Psychedelic Shamanism, Updated Edition - Jim DeKorne 2011-07-26

Psychedelic Shamanism presents the spiritual and shamanic properties of psychotropic plants and discusses how they can be used to understand the structure of human consciousness. Author Jim DeKorne offers authoritative information about the cultivation, processing, and correct dosages for various psychotropic plant substances including the belladonna alkaloids, d-lysergic acid amide, botanical analogues of LSD, mescaline, ayahuasca, DMT, and psilocybin. Opening with vivid descriptions of the author’s personal experiences with psychedelic drugs, the book describes the parallels that exist among shamanic states of consciousness, the use of psychedelic catalysts, and the hidden structure of the human psyche. DeKorne suggests that psychedelic drugs allow us to examine the shamanic dimensions of reality. This worldview, he says, is ubiquitous across space, time, and culture, with individuals separated by race, distance, and culture routinely describing the same core reality that provides powerful evidence of the dimensional nature of consciousness itself. The book guides the reader through the imaginal realm underlying our awareness, a world in which spiritual entities exist to reconnect us with ourselves, humanity, and our planet. Accurate drawings of plants, including peyote, *Salvia divinorum*, and San Pedro, enhance the book’s usefulness.

*Psychedelic Mysticism* - Morgan Shipley 2015-11-12

Although commonly celebrated as a distinct manifestation of Americana, hippies and psychedelics are routinely de-emphasized in favor of direct

political activism, a phenomenon that constrains the full telling of the hippie counterculture as it relates to a radical religiosity defined by mutuality and altruism. *Psychedelic Mysticism* reevaluates the religious significance of the 1960s psychedelic counterculture, tracing how psychedelics became entheogenic, leading sixties figures to transition personal moments of enlightenment into everyday projects of social justice.

Foundational Concepts in Neuroscience: A Brain-Mind Odyssey (Norton Series on Interpersonal Neurobiology) - David E. Presti 2015-12-14

Key concepts in neuroscience presented for the non-medical reader. A fresh take on contemporary brain science, this book presents neuroscience—the scientific study of brain, mind, and behavior—in easy-to-understand ways with a focus on concepts of interest to all science readers. Rigorous and detailed enough to use as a textbook in a university or community college class, it is at the same time meant for any and all readers, clinicians and non-clinicians alike, interested in learning about the foundations of contemporary brain science. From molecules and cells to mind and consciousness, the known and the mysterious are presented in the context of the history of modern biology and with an eye toward better appreciating the beauty and growing public presence of brain science.

**Psychedelic Healing** - Neal M. Goldsmith, Ph.D. 2010-12-24

**Sacred Knowledge** - William A. Richards 2016

Sacred Knowledge is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Richards argues that, if used responsibly and legally, psychedelics have incredible potential to assuage human suffering and contribute to the quality of life.

Managing Microaggressions - Monnica T. Williams 2020-06-17

Microaggressions have been identified as a common and troubling cause of low retention and poor psychotherapy outcomes for people of color. All therapists want and intend to be helpful to their clients, but many unknowingly committing microaggressions due to unconscious biases

and misconceptions about people from ethnic and racial minority groups. *Managing Microaggressions* is intended for mental health clinicians who want to be more effective in their use of evidence-based practices with people of color. Many well-intentioned clinicians lack the necessary skills and knowledge to effectively engage those who are ethnoracially different. This book discusses the theoretical basis of the problem (microaggressions), the cognitive-behavioral mechanisms by which the problem is maintained, and how to remedy the problem using CBT principles, with a focus on the role of the therapist. Not only will readers learn how to avoid offending or harming their clients, they will also be better equipped to help clients navigate microaggressions they encounter in their daily lives. *Managing Microaggressions* will endow clinicians with a clear understanding of these behaviors and the errors that underpin them, leading to more successful therapy.

**Advances in Psychedelic Medicine: State-of-the-Art Therapeutic Applications** - Michael J. Winkelman 2019-03-22

Researchers, program administrators, and practicing clinicians explain the most recent developments in using psychedelic substances to treat psychological, physiological, and social problems. • Describes the history of psychedelics as therapeutic treatments and the current renaissance of interest in them • Details the training of therapists in applications of psychedelics, and medical theory for the effectiveness of these substances • Addresses issues of clinical efficacy and safety as well as ethical considerations • Comprises the latest neuroscience research related to the effects of the psychedelic compounds • Provides timely information for clinicians, researchers, and advanced students of psychology, medicine, and public health, from leading clinicians, researchers, and administrators in the field

**Cleansing the Doors of Perception** - Huston Smith 2003-01-01

This book takes a serious look at the use of psychedelic drugs as a means to achieve mystical union with the divine.

*The Psychedelic Future of the Mind* - Thomas B. Roberts 2013-01-23

Explores scientific and medical research on the emerging uses of psychedelics to enrich mind, morals, spirituality, and creativity •

Outlines a future that embraces psychedelics as tools for cognitive development, personal growth, business, and an experience-based religious reformation • Presents research on the use of psychedelics to enhance problem-solving, increase motivation, boost the immune system, and deepen ethical values • Includes chapters by Roger N. Walsh, M.D., Ph.D., and Charles Grob, M.D., on their psychedelic research on religious experience and alleviating the fear of death As psychedelic psychotherapy gains recognition through research at universities and medical establishments such as the Johns Hopkins Medical Institute and Bellevue Hospital, the other beneficial uses of psychedelics are beginning to be recognized and researched as well--from enhancing problem-solving and increasing motivation to boosting the immune system and deepening moral and ethical values. Exploring the bright future of psychedelics, Thomas B. Roberts, Ph.D., reveals how new uses for entheogens will enrich individuals as well as society as a whole. With contributions from Charles Grob, M.D., and Roger N. Walsh, M.D., Ph.D., the book explains how psychedelics can raise individual and business attitudes away from self-centeredness, improve daily life with strengthened feelings of meaningfulness and spirituality, and help us understand and redesign the human mind, leading to the possibility of a neurosingularity--a time when future brains surpass our current ones. Roberts envisions a future where you will seek psychedelic therapy not only for psychological reasons but also for personal growth, creative problem solving, improved brain function, and heightened spiritual awareness. Our psychedelic future is on the horizon--a future that harnesses the full potential of mind and spirit--and Thomas Roberts outlines a path to reach it.

**How to Change Your Mind** - Michael Pollan 2019-05-14

Now on Netflix as a 4-part documentary series! "Pollan keeps you turning the pages . . . cleareyed and assured." —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-

changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Consciousness Medicine - Françoise Bourzat 2019-06-25

A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers Psychedelic medicines also known as entheogens are entering the mainstream. And it's no wonder: despite having access to the latest wellness trends and advances in technology, we're no healthier, happier, or more meaningfully connected. Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now

being recognized as potent catalysts for change and healing. But how do we ensure that we're approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina Hunter introduce a holistic model focusing on the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat's skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. Consciousness Medicine delivers a coherent map for navigating nonordinary states of consciousness, offering an invaluable contribution to the field of healing and transformation.

**Ecology of Consciousness** - Ralph Metzner 2017-03-01

Who are we, really? In *The Ecology of Consciousness*, a Harvard scholar and pioneer in the field of consciousness studies—well known for his groundbreaking psychedelic research with Ram Dass and Timothy Leary—presents an expansive work culminating decades of research in Eastern philosophy, shamanism, and more to guide you along the path of true consciousness and transformation. Questions surrounding consciousness have intrigued humankind throughout time, and have been addressed through a wide range of perspectives and traditions. From age-old philosophies to New Age spirituality, consciousness—and its various forms—has been the topic of much contemplation. This unique book is a comprehensive exploration that covers a wide range of disciplines and subjects within the framework of psychospiritual and consciousness studies. *The Ecology of Consciousness* revives ancient alchemical knowledge, spiritual traditions, and thoughtful theories about consciousness—drawing on ancient Eastern philosophy, shamanism, mythology, and others sources, and covering topics such as personal growth and reincarnation—to give you an expansive foundation for self-inquiry and transformation. Written by a leading authority, this book will give you a deeper understanding of consciousness, show you how to access your own spiritual intelligence, teach you about shamanic and alchemical traditions and connect them to healing practices of today.

With this consciousness-expanding book, you'll explore the human life cycle from a spiritual perspective, reflect on your own personal journey, and discover which pathway guides your life purpose for your ultimate fulfillment, growth, and well-being.

**Psychedelics and Spirituality** - Thomas B. Roberts 2020-08-04

Reveals how psychedelics can facilitate spiritual development and direct encounters with the sacred • With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, and many others • Includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants • Explores protocols for ceremonial use of psychedelics and the challenges of transforming entheogenic insights into enduring change Modern organized religion is based predominantly on secondary religious experience--we read about others' extraordinary spiritual encounters with God but have no direct experience ourselves. Yet there exist powerful sacraments to help us directly experience the sacred, to help us seek out the meaning of being human and our place in the universe, and to help us see the sacred in the world that surrounds us. In this book, more than 25 spiritual leaders, scientists, and psychedelic visionaries examine how we can return to the primary spiritual encounters at the basis of all religions through the guided use of psychedelics. With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, Myron Stolaroff, and many others, this book explores protocols for ceremonial and spiritual use of psychedelics, including LSD, psilocybin, ayahuasca, and MDMA, and the challenges of transforming entheogenic insights into enduring change. It examines psychoactive sacraments in the Bible, myths surrounding the use of LSD, and the transformative ayahuasca rituals of Santo Daime. The book also includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants. Dispelling fears of inauthentic spirituality, addiction, and ill-prepared encounters with the holy, this book reveals the potential of psychedelics as catalysts for spiritual development, a path through which faith can directly encounter

God's power, and the beginning of a new religious era based on personal spiritual experience.

**Spirit Tech** - Wesley J. Wildman, Ph.D 2021-05-18

Featuring a Foreword by Mikey Siegel, founder of Consciousness Hacking. Technology can now control the spiritual experience. This is a journey through the high-tech aids for psychological growth that are changing our world, while exploring the safety, authenticity and ethics of this new world. We already rely on technology to manage our health, sleep, relationships, and finances, so it's no surprise that we're turning to technological aids for the spiritual journey. From apps that help us pray or meditate, to cybernauts seeking the fast track to nirvana through magnetic brain stimulation, we are on the brink of the most transformative revolution in the practice of religion: an era in which we harness the power of "spirit tech" to deepen our experience of the divine. Spirit tech products are rapidly improving in sophistication and power, and ordinary people need a trustworthy guide. Through their own research and insiders' access to the top innovators and early adopters, Wesley J. Wildman and Kate J. Stockly take you deep inside an evolving world: - Find out how increasingly popular "wearables" work on your brain, promising a shortcut to transformative meditative states. - Meet the inventor of the "God Helmet" who developed a tool to increase psychic skills, and overcome fear, sadness, and anger. - Visit churches that use ayahuasca as their sacrament and explore the booming industry of psychedelic tourism. - Journey to a mansion in the heart of Silicon Valley where a group of scientists and entrepreneurs are working feverishly to bring brain-based spirit tech applications to the masses. - Discover a research team who achieved brain-to-brain communication between individuals thousands of miles apart, harnessing neurofeedback techniques to sync and share emotions among group members. Spirit Tech offers readers a compelling glimpse into the future and is the definitive guide to the fascinating world of new innovations for personal transformation, spiritual growth, and pushing the boundaries of human nature.

Sacred Knowledge - William A. Richards 2015-12-08



Sacred Knowledge is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Based on nearly three decades of legal research with volunteers, William A. Richards argues that, if used responsibly and legally, psychedelics have the potential to assuage suffering and constructively affect the quality of human life. Richards's analysis contributes to social and political debates over the responsible integration of psychedelic substances into modern society. His book serves as an invaluable resource for readers who, whether spontaneously or with the facilitation of psychedelics, have encountered meaningful, inspiring, or even disturbing states of consciousness and seek clarity about their experiences. Testing the limits of language and conceptual frameworks, Richards makes the most of experiential phenomena that stretch our understanding of reality, advancing new frontiers in the study of belief, spiritual awakening, psychiatric treatment, and social well-being. His findings enrich humanities and scientific scholarship, expanding work in philosophy, anthropology, theology, and religious studies and bringing depth to research in mental health, psychotherapy, and psychopharmacology.

**Think Indigenous** - Doug Good Feather 2021-04-13

A guide to integrating indigenous thinking into modern life for a more interconnected and spiritual relationship with our fellow beings, Mother Earth, and the natural ways of the universe. There is a natural law—a spiritual intelligence that we are all born with that lies within our hearts. Lakota spiritual leader Doug Good Feather shares the authentic knowledge that has been handed down through the Lakota generations to help you make and recognize this divine connection, centered around the Seven Sacred Directions in the Hoop of Life: Wiyóhinyanpata—East: New Beginnings Itókagata—South: The Breath of Life Wiyóhpeyata—West: The Healing Powers Waziyata—North: Earth Medicine Wankátakáb—Above: The Great Mystery Khúta—Below: The Source of Life Hóchoka—Center: The Center of Life Once you begin to understand and recognize these strands, you can integrate them into modern life through the Threefold Path: The Way of the Seven

Generations—Conscious living The Way of the Buffalo—Mindful consumption The Way of the Community—Collective impact

*The Addiction Solution* - Lloyd Sederer 2018-05-08

A groundbreaking, “timely and well-written” (Booklist, starred review) guide to addiction from a psychiatrist and public health doctor, offering practical, proven solutions for individuals, families, and communities dealing with substance use and abuse. Written with warmth, accessibility, and vast authority, *The Addiction Solution* is a practical guide through the world of drug use and abuse and addiction treatment. Here, Lloyd I. Sederer, MD, brings together scientific and clinical knowledge, policy suggestions, and case studies to describe our current drug crisis and establish a clear path forward to recovery and health. In a time when so many people are affected by the addiction epidemic, when 142 people die of overdoses every day in the United States, principally from opioids, Sederer’s decades of wisdom and clinical experience are needed more than ever before. With a timely focus on opioids, Sederer takes us through the proven essentials of addiction treatment and explains why so many of our current policies, like the lingering remnants of the War on Drugs, fail to help drug users, their families, and their wider communities. He identifies a key insight, often overlooked in popular and professional writing about addiction and its treatment: namely, that people who use drugs do so to meet specific needs, and that drugs may be the best solution those people currently have. Writing with generosity and empathy about the many Americans who use illicit and prescribed substances, Sederer lays out specific, evidence-based, researched solutions to the prevention and problems of drug use, including exercise, medications, therapy, recovery programs, and community services. “Comprehensive...well-informed and accessible” (Kirkus Reviews), *The Addiction Solution* provides invaluable help, comfort, and hope.

*The Harvard Psychedelic Club* - Don Lattin 2011-01-04

This book is the story of how three brilliant scholars and one ambitious freshman crossed paths in the early sixties at a Harvard-sponsored psychedelic-drug research project, transforming their lives and American

culture and launching the mind/body/spirit movement that inspired the explosion of yoga classes, organic produce, and alternative medicine. The four men came together in a time of upheaval and experimentation, and their exploration of an expanded consciousness set the stage for the social, spiritual, sexual, and psychological revolution of the 1960s. Timothy Leary would be the rebellious trickster, the premier proponent of the therapeutic and spiritual benefits of LSD, advising a generation to "turn on, tune in, and drop out." Richard Alpert would be the seeker, traveling to India and returning to America as Ram Dass, reborn as a spiritual leader with his "Be Here Now" mantra, inspiring a restless army of spiritual pilgrims. Huston Smith would be the teacher, practicing every world religion, introducing the Dalai Lama to the West, and educating generations of Americans to adopt a more tolerant, inclusive attitude toward other cultures' beliefs. And young Andrew Weil would be the healer, becoming the undisputed leader of alternative medicine, devoting his life to the holistic reformation of the American health care system. It was meant to be a time of joy, of peace, and of love, but behind the scenes lurked backstabbing, jealousy, and outright betrayal. In spite of their personal conflicts, the members of the Harvard Psychedelic Club would forever change the way Americans view religion and practice medicine, and the very way we look at body and soul.

**The Origins of Religion** - Nicklas Failla 2015

Altered States - D. E. Osto 2016-04-26

In the 1960s, Americans combined psychedelics with Buddhist meditation to achieve direct experience through altered states of consciousness. As some practitioners became more committed to Buddhism, they abandoned the use of psychedelics in favor of stricter mental discipline, but others carried on with the experiment, advancing a fascinating alchemy called psychedelic Buddhism. Many think exploration with psychedelics in Buddhism faded with the revolutionary spirit of the sixties, but the underground practice has evolved into a brand of religiosity as eclectic and challenging as the era that created it. Altered States combines interviews with well-known figures in American

Buddhism and psychedelic spirituality—including Lama Surya Das, Erik Davis, Geoffrey Shugen Arnold Sensei, Rick Strassman, and Charles Tart—and personal stories of everyday practitioners to define a distinctly American religious phenomenon. The nuanced perspective that emerges, grounded in a detailed history of psychedelic religious experience, adds critical depth to debates over the controlled use of psychedelics and drug-induced mysticism. The book also opens new paths of inquiry into such issues as re-enchantment, the limits of rationality, the biochemical and psychosocial basis of altered states of consciousness, and the nature of subjectivity.

**The Psilocybin Connection** - Jahan Khamsehzhadeh, PhD 2022-04-05  
A comprehensive guide to psilocybin mushrooms and their impact on our psychology, biology, and social development. How—and why—do psychedelics exist? Did psilocybin catalyze our early human ancestors' social evolution? And how can an integral understanding of psychedelics quite literally change the world? In an ambitious and comprehensive look at psilocybin—and an inside look at how humanity co-evolved alongside "magic" mushrooms—Jahan Khamsehzhadeh, PhD, explores our historical and ancestral relationship to psychedelics and presents new and exciting research about what psilocybin can mean for us today. Separated into three sections—Present, Past, and Future—The Psilocybin Connection advances our understanding of psychedelics in unexpected and original ways. Khamsehzhadeh shares compelling research that suggests how naturally occurring psychedelics may have played an essential role in humanity's social, cultural, and linguistic evolution. Supported by archaeological evidence, neuroscience, and academic studies, he explores how mushrooms gave rise to art and expression, impacted spiritual experiences, and even spurred human brain development. Blending the most comprehensive and up-to-date synthesis of psilocybin research with stories of his own and others' psychedelic awakenings, Khamsehzhadeh moves our understanding of the psychedelic mushroom forward toward a fresh, hopeful, and exciting future.

Psychedelic Drugs Reconsidered - Lester Grinspoon 1997

First published in 1979, Psychedelic Drugs Reconsidered is regarded by

many as the most comprehensive, accurate, and accessible analysis of psychedelic drugs for the general reader. It records the extensive history of scientific research on, and societal experience with, psychedelic drugs. The Lindesmith Center reprint edition features a new introduction by the authors on recent developments in psychedelic research, as well as a preface by Dr. Ethan Nadelmann, director of the Lindesmith center. *Manifesting Minds* - Rick Doblin, Ph.D. 2014-01-07

Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Daniel Pinchbeck, Tim Robbins, Arne Naess, and electronic musician Simon Posford, as well as groundbreaking research and personal accounts, this one-of-a-kind anthology is a "best of" collection of articles and essays published by the Multidisciplinary Association for Psychedelic Studies (MAPS). Topics include the healing use of marijuana and psychedelics--including MDMA, ibogaine, LSD, and ayahuasca--for PTSD, anxiety, depression, and drug addiction, as well as positive effects of these substances in the realm of the arts, family, spirituality, ecology, and technology. Among many other thought-provoking and mind-opening pieces are the following: • "On Leary and Drugs at the End," by Carol Rosen and Vicki Marshall • "Psychedelic Rites of Passage," by Ram Dass • "To Be Read at the Funeral," by Albert Hofmann • "Another Green World: Psychedelics and Ecology," by Daniel Pinchbeck • "Psychedelics and Species Connectedness," by Stanley Krippner, PhD • "Huxley on Drugs and Creativity," by Aldous Huxley • "Psychedelics and the Deep Ecology Movement: A Conversation with Arne Naess," by Mark A. Schroll, PhD, and David Rothenberg • "Psychedelic Sensibility," by Tom Robbins • "Electronic Music and Psychedelics: An Interview with Simon Posford of Shpongle," by David Jay Brown • "How Psychedelics Informed My Sex Life and Sex Work," by Annie Sprinkle • "Consideration of Ayahuasca for the Treatment of Posttraumatic Stress Disorder," by Jessica Nielson, PhD, and Julie Megler, MSN, NP-BC • "Psychedelics and Extreme Sports," by James Oroc • "Youth and Entheogens: A Modern Rite of Passage?," by Andrei Foldes with Amba, Eric Johnson, et al. • "Diary of an MDMA Subject," by Anonymous • "Dimethyltryptamine: Possible

Endogenous Ligand of the Sigma-1 Receptor?," by Adam L. Halberstadt • "Lessons from Psychedelic Therapy," by Richard Yensen, PhD • "Psychosomatic Medicine, Psychoneuroimmunology, and Psychedelics," by Ana Maqueda • "Talking with Ann and Sasha Shulgin about the Existence of God and the Pleasures of Sex and Drugs," by Jon Hanna and Silvia Thyssen From the Trade Paperback edition.

**The Immortality Key** - Brian C. Muraresku 2020-09-29

THE NEW YORK TIMES BESTSELLER As seen on The Joe Rogan Experience! A groundbreaking dive into the role psychedelics have played in the origins of Western civilization, and the real-life quest for the Holy Grail that could shake the Church to its foundations. The most influential religious historian of the 20th century, Huston Smith, once referred to it as the "best-kept secret" in history. Did the Ancient Greeks use drugs to find God? And did the earliest Christians inherit the same, secret tradition? A profound knowledge of visionary plants, herbs and fungi passed from one generation to the next, ever since the Stone Age? There is zero archaeological evidence for the original Eucharist - the sacred wine said to guarantee life after death for those who drink the blood of Jesus. The Holy Grail and its miraculous contents have never been found. In the absence of any hard data, whatever happened at the Last Supper remains an article of faith for today's 2.5 billion Christians. In an unprecedented search for answers, *The Immortality Key* examines the archaic roots of the ritual that is performed every Sunday for nearly one third of the planet. Religion and science converge to paint a radical picture of Christianity's founding event. And after centuries of debate, to solve history's greatest puzzle. Before the birth of Jesus, the Ancient Greeks found salvation in their own sacraments. Sacred beverages were routinely consumed as part of the so-called Ancient Mysteries - elaborate rites that led initiates to the brink of death. The best and brightest from Athens and Rome flocked to the spiritual capital of Eleusis, where a holy beer unleashed heavenly visions for two thousand years. Others drank the holy wine of Dionysus to become one with the god. In the 1970s, renegade scholars claimed this beer and wine - the original sacraments of Western civilization - were spiked with mind-altering drugs. In recent

years, vindication for the disgraced theory has been quietly mounting in the laboratory. The constantly advancing fields of archaeobotany and archaeochemistry have hinted at the enduring use of hallucinogenic drinks in antiquity. And with a single dose of psilocybin, the psychopharmacologists at Johns Hopkins and NYU are now turning self-proclaimed atheists into instant believers. But the smoking gun remains elusive. If these sacraments survived for thousands of years in our remote prehistory, from the Stone Age to the Ancient Greeks, did they also survive into the age of Jesus? Was the Eucharist of the earliest Christians, in fact, a psychedelic Eucharist? With an unquenchable thirst for evidence, Muraresku takes the reader on his twelve-year global hunt for proof. He tours the ruins of Greece with its government archaeologists. He gains access to the hidden collections of the Louvre to show the continuity from pagan to Christian wine. He unravels the

Ancient Greek of the New Testament with the world's most controversial priest. He spelunks into the catacombs under the streets of Rome to decipher the lost symbols of Christianity's oldest monuments. He breaches the secret archives of the Vatican to unearth manuscripts never before translated into English. And with leads from the archaeological chemists at UPenn and MIT, he unveils the first scientific data for the ritual use of psychedelic drugs in classical antiquity. The Immortality Key reconstructs the suppressed history of women consecrating a forbidden, drugged Eucharist that was later banned by the Church Fathers. Women who were then targeted as witches during the Inquisition, when Europe's sacred pharmacology largely disappeared. If the scientists of today have resurrected this technology, then Christianity is in crisis. Unless it returns to its roots. Featuring a Foreword by Graham Hancock, the NYT bestselling author of *America Before*.