

# You Are Awesome

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[An Awesome Book!](#) - Dallas Clayton 2012-04-17  
"Exuberantly written and illustrated—a surefire read-aloud hit." —School Library Journal Based on the simple concept of dreaming big, *An Awesome Book!* is the inspiring debut work of Los Angeles writer/artist sensation Dallas Clayton. Written in the vein of classic imaginative tales, this is

a book for everyone, young and old. This brightly illustrated book works well as a gift for showers, graduations, and other life moments that involve dreaming big. Close your eyes my child, and dream that perfect dream inside your head.

*The Book of Awesome* - Neil Pasricha 2011-03-01

Based on the award-winning

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10-million-plus-hit blog 1000 Awesome Things, The Book of Awesome is an international bestselling high five for humanity and a big celebration of life's little moments. Sometimes it's easy to forget the things that make us smile. With a 24/7 news cycle reporting that the polar ice caps are melting, hurricanes are swirling in the seas, wars are heating up around the world, and the job market is in a deep freeze, it's tempting to feel that the world is falling apart. But awesome things are all around us, like:

- Popping Bubble Wrap
- Wearing underwear just out of the dryer
- Fixing electronics by smacking them
- Getting called up to the dinner buffet first at a wedding
- Watching The Price Is Right when you're home sick
- Hitting a bunch of green lights in a row
- Waking up and realizing it's Saturday

The Book of Awesome reminds us that the best things in life are free (yes, your grandma was right). With laugh-out-loud observations from award-winning comedy writer Neil

Pasricha, The Book of Awesome is filled with smile-inducing moments on every page that make you feel like a kid looking at the world for the first time. Read it and you'll remember all the things there are to feel good about. A New York Times Bestseller • USA Today Bestseller • Globe and Mail Bestseller • Toronto Star Bestseller • Vancouver Sun Bestseller • Macleans Bestseller • Winner of the Forest of Reading Award  
*You Are Awesome* - Matthew Syed 2019-07-09

WHAT IF YOU COULD BECOME AWESOME AT (ALMOST) ANYTHING? It's not as impossible as you might imagine. If you're the kind of person who thinks ... I need a special type of brain to do math You're either good at sports or you're not I don't have a musical bone in my body Challenge the beliefs that hold you back! Whatever you want to be good at, the right mindset can help you achieve your dreams. Times journalist, two-time Olympian, and bestselling author Matthew Syed

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demonstrates how grit, resilience, and a positive mindset can help in every aspect of your life--from school to friendships to sports to hobbies. Using examples of role models from Serena Williams to Mozart, *You Are Awesome* shows how success is earned rather than given, and that talent can be acquired through practice and a positive attitude. Practical, insightful, and positive, this is the book to help you build resilience, embrace your mistakes, and grow into a more successful, happier YOU!

*You Are Awesome* - Neil Pasricha 2020-10-27

INSTANT #1 BESTSELLER  
From Neil Pasricha—New York Times million-copy bestselling author of *The Book of Awesome* series and *The Happiness Equation*, thought leader for the next generation, and one of the most popular TED speakers in the world—comes a revelatory and inspiring book that will change the way we view failure and help us build resilience. Why is life getting harder instead of easier? How

do I get back up after life knocks me down? And how do I grow stronger and live more intentionally? We no longer have the tools to handle failure...or even perceived failure. When we fall, we lie on the sidewalk crying. When we spill, we splatter. When we crack, we shatter. We are turning into an army of porcelain dolls. Cell phones show us we're never good enough. Yesterday's butterflies are tomorrow's panic attacks. Record numbers suffer from anxiety, depression, and loneliness. What do we need to learn? RESILIENCE. And we need to learn it fast. Let this #1 international bestseller teach you: -The 2-minute morning practice that helps eliminate stress -What every commencement speech gets wrong -3 questions that help tell yourself a different story - The single word that keeps your options open after failure - Why you need an Untouchable Day (and how to get one) ...and much, much more! Because the truth is, you really are awesome.

## **Book of Even More**

**Awesome** - Neil Pasricha 2011

Based on the award-winning blog 1000 Awesome Things, *The Book of (Even More) Awesome* is the sequel to Pasricha's bestselling *The Book of Awesome*. It is filled with more of the little wins that unexpectedly brighten your day. Finally getting that tiny piece of popcorn out of your teeth, accidentally doing something really good in sports, when a baby falls asleep on you, the moment on holiday when you forget what day of the week it is, waking up to the smell of sizzling bacon. While polar ice caps melt, buzz saws chop down forests, wars go on and on, here's a special, secret place where we can turn off that bright light, snuggle up and get comfy to chat about the sweetest parts of life. Filled with touching, astute and funny observations, each entry ends with the big, booming feeling you'll get when you read through them: AWESOME!

**You Are Awesome** - Neil

Pasricha 2019-11-05

#1 international bestseller

Publishers Weekly bestseller  
The Globe and Mail (Toronto)  
The Toronto Star bestseller  
The Vancouver Sun bestseller  
From Neil Pasricha—New York Times, million-copy bestselling author of *The Book of Awesome* series and *The Happiness Equation*, thought leader for the next generation, and one of the most popular TED speakers in the world—comes a revelatory and inspiring book that will change the way we view failure and help us build resilience. We are lucky. For most of us, famine, plague, economic depression, and other life-threatening catastrophes are the stuff of history books. We're living in an era with the highest-ever rates of longevity, education, and wealth. Cars drive us home as our phones entertain us before we arrive to food delivered to the front door. We have it all! But there's just one side effect. We no longer have the tools to handle failure...or even perceived failure. When we fall, we lie on the sidewalk crying. When we spill, we splatter. When we crack, we

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shatter. We are turning into an army of porcelain dolls. A rude email from the boss means calling in sick. Only two likes on our post means we don't have friends. Cell phones show us we're never good enough. Yesterday's butterflies are tomorrow's panic attacks. Record numbers of students have clinical anxiety. And what about depression, loneliness, and suicide? All rising! What do we desperately need to learn? RESILIENCE. And we need to learn it fast. Read *You Are Awesome* to learn: • The single word that keeps your options open after failure • What every commencement speech gets wrong • 3 ways to dramatically accelerate your ability to learn and adapt • The 2-minute morning practice that helps eliminate worry • Why you need an Untouchable Day (and how to get one) • and much, much more... Because the truth is, you really are awesome.

**Different Is Awesome** - Ryan Haack 2015-07-07

**I'm Awesome. Here's Why...** -

Sara Katherine 2019-04-09  
You're totally awesome—let these creative exercises, cool prompts, and fun activities help remind you why. When's the last time you felt good—really good—about yourself? Between the unrealistic standards of social media, to the Photoshopped images of celebrities in the media, and the constant voice in our head saying we have to be faster, better, and smarter in our personal lives, at work, and everywhere in between, it's easy to lose sight of your self-worth. Sometimes, we all need a kick in the butt to remind us just how awesome we are. I'm Awesome. Here's Why... is that kick. With prompts, exercises, lists, and activities, I'm Awesome: Here's Why will help remind you of all the reasons why you are unique, cool—and yes, awesome. Through fun prompts and writing exercises like listing ten things you're proud of, drawing your idea of the perfect Friday night, creating your own personal affirmations to read out loud, and delivering an acceptance

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speech for an award of your choice, you'll learn to celebrate what makes you, you. Loving yourself can take practice, but there is no shortage of things to love. Let I'm Awesome. Here's Why... help you discover each and every one.

*You Are Awesome Journal* -  
Matthew Syed 2020-04

### **Reasons Why You're**

**Awesome** - Just Add Just Add  
Love Press 2020-07-15

Create a unique and personal gift to show someone why they're awesome! Perfect for your friends, siblings, colleagues or significant other. Fill in the blanks: 50 prompts to help you describe why this person is so awesome! Simply fill in the blank lines on each page. All ages: The prompts are easy to understand and the book can be filled out by kids or adults of any age. Make it your own: You can make your answers as sweet, honest or hilarious as you want. You're in charge! More space: The book is 8.25 x 6 inches so you'll have plenty of space to write your answers. There's even room to

draw or add photos if that's your style! A memorable gift: For Christmas, a birthday or 'just because'. Whatever the occasion, anyone is sure to love getting a book that's all about them! The 50 prompts are straightforward and easy to fill out. Examples include: Your \_\_\_\_\_ is really awesome.

You'd definitely win a \_\_\_\_\_ competition. The world \_\_\_\_\_ doesn't even begin to describe you. Please tell me your secret for \_\_\_\_\_. Strangers notice your awesome \_\_\_\_\_ right away.

*All Kinds of Awesome* - Jess  
Hitchman 2021-04-13

What kind of awesome will you be? Jess Hitchman's joyful, playful picture book, *All Kinds of Awesome*, celebrates children finding their passions and embracing their own awesomeness, and is paired with adorable illustrations by Vivienne To of a diverse and multicultural group of kids, all coming together on the final line of: "You will always be awesome to me." With a message of acceptance and inspiration at the heart of this

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story, All Kinds of Awesome shows how amazing kids are today and how they can grow their interests and passions into something even cooler. *Love Journal* - Knock Knock 2013-01-01

*You Are Awesome* - Joy Tree Joy Tree Journals 2017-01-20  
This peach notebook features a sloth on a tree branch and the quote "You are Awesome" on the cover. There is ample room inside for writing notes and ideas. It can be used as a notebook, journal or composition book. This paperback notebook is 8.5" x 11" (letter size) and has 55 pages that are ruled with lines on the front and back.

*You're Awesome AF* - Summersdale Publishers 2020-08-13

Your A-game is so strong you don't even need a B-game  
You're too modest to say it yourself, but you're kind of a legend. And you need to be reminded sometimes, OK? This collection of unbeatable quotes from fellow icons and idols also contains dozens of witty one-

liners explaining why you're a flamingo in a flock of pigeons. There's no denying it - YOU'RE AWESOME AF!

**The Happiness Equation** - Neil Pasricha 2016-03-08

The #1 international bestseller from the author of *The Book of Awesome* that "reveals how all of us can live happier lives" (Gretchen Rubin). What is the formula for a happy life? Neil Pasricha is a Harvard MBA, a New York Times-best-selling author, a Walmart executive, a father, a husband. After selling more than a million copies of the *Book of Awesome* series, wherein he observed the everyday things he thought were awesome, he now shifts his focus to the practicalities of living an awesome life. In his new book *The Happiness Equation*, Pasricha illustrates how to want nothing and do anything in order to have everything. If that sounds like a contradiction in terms, you simply have yet to unlock the 9 Secrets to Happiness. Each secret takes a piece out of the core of common sense, turns it on its head to present it in a

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completely new light, and then provides practical and specific guidelines for how to apply this new outlook to lead a fulfilling life. Once you've unlocked Pasricha's 9 Secrets, you will understand counter intuitive concepts such as: Success Does Not Lead to Happiness, Never Take Advice, and Retirement Is a Broken Theory. You will learn and then master three brand-new fundamental life tests: the Saturday Morning Test, The Bench Test, and the Five People Test. You will know the difference between external goals and internal goals and how to make more money than a Harvard MBA (hint: it has nothing to do with your annual salary). You will discover that true wealth has nothing to do with money, multitasking is a myth, and the elimination of options leads to more choice. The Happiness Equation is a book that will change how you think about pretty much everything—your time, your career, your relationships, your family, and, ultimately, of course, your happiness.

**You Are Awesome AF -**

2018-03-01

Empowering, inspiring and full of badass attitude, this small book is big on motivational mantras and awe-inspiring photography to help you take on the world. Be confident. Be courageous. Be extraordinary. Because you are AWESOME AF!

**Hey Awesome -** Karen Young  
2019-05

**You Are Awesome and Dare to Be You -** Matthew Syed  
2020-12-04

I'm no good at sport ... I can't do maths ... I really struggle with exams ... Sound familiar? But ... what if you could excel at anything you put your mind to? You Are Awesome can help you do just that. Using examples of famous people from Mozart to Serena Williams, Matthew Syed demonstrates that success is earned rather than given, and that talent can be acquired with practice and self-belief. If you're the kind of person who thinks: I don't like standing out from the crowd ... I wish I could be more like the cool kids

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... There's no point in trying to change things ... then Dare to Be You is for you. Drawing on examples from sport, science and even business, Dare to Be You empowers young readers to resist peer pressure, follow their own path and love what makes them different. With their trademark mix of hilarious text, stylish illustrations, personal insights and real-life examples, these practical and positive books introduce children to the powerful concepts of growth mindset, resilience and diverse thinking.

**Kid President's Guide to Being Awesome** - Robby

Novak 2015-02-03

"This is LIFE, people! You've got air coming through your nose! You've got a heartbeat! That means it's time to do something!" announces Kid President in his book, Kid President's Guide to Being Awesome. From YouTube sensation (75 million views and counting!) to Hub Network summer series star, Kid President—ten-year-old Robby Novak—and his videos have

inspired millions to dance more, to celebrate life, and to throw spontaneous parades. In his Guide to Being Awesome, Kid President pulls together lists of awesome ideas to help the world, awesome interviews with his awesome celebrity friends (he has interviewed Beyoncé!), and a step-by-step guide to make pretty much everything a little bit awesomer. Grab a corn dog and settle in to your favorite comfy chair. Pretend it's your birthday! (In fact, treat everyone like it's THEIR birthday!) Kid President is here with a 240-page, full-color Guide to Being Awesome that'll spread love and inspire the world.

**You Are Awesome** - Matthew Syed 2018-04-19

SUNDAY TIMES NUMBER ONE BESTSELLER "A very funny and inspiring read! Brilliantly practical with a wide variety of examples that make it relevant for both boys and girls (and adults)!" - Amazon Customer "A truly inspiring book for the younger generation!" - Amazon

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Customer "Brilliant book - perfect for that child/person who needs a little bit of confidence" - Amazon  
Customer "Everyone should read this ... Very motivational and inspiring." - Amazon  
Customer "Genuinely funny and engaging. There are messages in this book for both adults and children. It's a must read." - Amazon  
Customer This positive and empowering guide, by bestselling mindset author Matthew Syed, will help boys and girls build resilience, fulfil their potential and become successful, happy, awesome adults. I'm no good at sport ... I can't do maths ... I really struggle with exams ... Sound familiar? If you believe you can't do something, the chances are you won't try. But what if you really could get better at maths, or sport or exams? In fact, what if you could excel at anything you put your mind to? You Are Awesome can help you do just that, inspiring and empowering young readers to find the confidence to realise their potential. The first children's

book from Times journalist, two-time Olympian and best-selling mindset author Matthew Syed, it uses examples of successful people from Mozart to Serena Williams to demonstrate that success really is earned rather than given, and that talent can be acquired. With hard work and determination, practice and self-belief, and, most importantly, a Growth Mindset, there's no reason why anyone can't achieve anything. Practical, insightful and positive, this is the book to help children build resilience, embrace their mistakes and grow into successful, happy adults.

You Are So Awesome - Summersdale 2016-07-14  
'Believe you can and you're halfway there.' Theodore Roosevelt This inspirational little book is packed with uplifting and positive quotations to spur you into action and give you a high-five. Let nothing stop you and nobody knock you, because you're awesome - and don't you forget it!

*On Being Awesome* - Nick Riggle 2017-09-19

In this lively treatise, pro-skater-turned-philosopher Nick Riggle presents a theory of awesomeness (and its opposite, suckiness) that's both sharply illuminating and more timely than ever "Nick Riggle's fun book is 'awesome' by its own definition. But don't miss its profound ambition, which is to show how philosophy unearths the structure of ordinary language, defines the meaning of life in routine business, and poses the question of how best to live." —Aaron James, author of *Assholes: A Theory* We all know people who are awesome and people who suck, but what do we really mean by these terms? Have you ever been chill or game? Do you rock or rule? If so, then you're tapped into the ethics of awesomeness. Awesome people excel at creating social openings that encourage expressions of individuality and create community. And if you're a cheapskate, self-promoter, killjoy, or douchebag, you're the type of person who shuts

social openings down. Put more simply: You suck. From street art to folk singers, Proust to the great etiquette writer Emily Post, President Obama to former Los Angeles Dodger Glenn Burke, Riggle draws on pop culture, politics, history, and sports to explore the origins of awesome, and delves into the nuances of what it means to suck and why it's so important to strive for awesomeness. An accessible and entertaining lens for navigating the ethics of our time, *On Being Awesome* provides a new and inspiring framework for understanding ourselves and creating meaningful connections in our everyday lives.

*You Are a Badass*® - Jen Sincero 2013-04-23

Packed with humor, inspiration, and advice, *You Are a Badass* is the #1 New York Times bestselling self-help book that teaches you how to get better without getting busted. In this refreshingly entertaining how-to guide, bestselling author and world-traveling success coach, Jen

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Sincero, serves up twenty-seven bite-sized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping you to: Identify and change the self-sabotaging beliefs and behaviors that stop you from getting what you want, Create a life you totally love. And create it NOW, and Make some damn money already. The kind you've never made before. By the end of You Are a Badass, you'll understand why you are how you are, how to love what you can't change, how to change what you don't love, and how to use The Force to kick some serious ass.

**The Book of (Holiday) Awesome** - Neil Pasricha  
2011-11-17

"Neil Pasricha is a gift. This book would make even the grinchiest Grinch love the holidays again."—A. J. Jacobs  
There's nothing like the holidays. They bring out the best, and sometimes the worst, in everyone. Luckily, Neil Pasricha is here to remind us that not only are the holidays great, but there's actually even

more to celebrate than we realize. From Christmas, Hanukkah, and Kwanzaa, to other holidays throughout the year, such as Mother's Day and Thanksgiving, The Book of (Holiday) Awesome will show you why holidays are...AWESOME. • Making the first footprint in fresh snow • When the in-laws leave • Waking up and realizing it's Christmas • Just barely wrapping a gift with that tiny scrap of leftover wrapping paper • When they finally stop playing Christmas songs on the radio • Knowing "Kwanzaa" is worth more Scrabble points than "Hanukkah" or "Christmas"

*You're Already Awesome* - Alison Faulkner 2022-08-16  
"This is the book that will help you finally put your self-doubt to rest and awaken you to your brilliance." — Nakeia Homer, author of *I Hope This Helps*  
Everywhere we look, we're bombarded with millions of ways we can transform ourselves. But while often a worthwhile goal, this drive to be our best selves can also be

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overwhelming and stressful. Alison Faulkner has been there, and is here to remind us that nothing external can give us worth or value-- we're already awesome, what we need to do is learn how to recognize our inherent awesomeness and then step into our true power. In *You're Already Awesome*, Alison shares with honesty, vulnerability, and a whole lot of humor, personal stories and twelve powerful shifts that help us shift back into an awareness of our awesomeness. The tools in each chapter are tried and true methods that she has used herself and with countless clients to build successful businesses and step into the life of their dreams.

[You Are a F\\*cking Awesome Mom](#) - Leslie Anne Bruce  
2019-09-10

A much-needed voice of encouragement for every woman who had a baby and lost her mind. Sometimes, motherhood feels never-ending. A child is born, chaos ensues, and it seems like life will never return to normal. In

*You Are a F\*cking Awesome Mom*, award-winning journalist and Instagram star Leslie Anne Bruce acknowledges that, yes, motherhood is a total mind f\*ck-but then she offers the self-empowerment lessons new mothers need to get through the psychic upheaval and emerge stronger than ever. After childbirth, a woman's body, her relationships, and her very sense of self are tested like never before. Bruce encourages readers to look past the sugarcoated truisms about the miracles of child-rearing in order to embrace the real joys of motherhood, spit-up stains and all. Loaded with unfettered support from a mom who has been through it all, *You Are a F\*cking Awesome Mom* offers a lifeline of encouragement, inspiration, and community for the new mama who got a baby, lost her mind, and desperately wants to find herself again.

[I Wrote a Book about My Dad](#) - Booki Nova  
2019-05-19

You're looking for a personalized gift for your dad?! So this Father's Day book is the

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perfect gift. This book is designed to express your Love and your Appreciation for your father. The first page contains a place to put a picture or a drawing and plenty of free space to write what you want. The other pages contain Fill-in-the-blank lines and sweet prompts like: If i had to describe you in one word it'd be \_\_\_\_\_ I love your \_\_\_\_\_ in everything you have done You inspire me to \_\_\_\_\_ It makes me smile when you \_\_\_\_\_ I love your epic capacity for \_\_\_\_\_ I love how you are \_\_\_\_\_ to everyone Thank you for \_\_\_\_\_ And many more! There are 60 total, enough to describe why you love your dad. All you have to do is fill all the lines and you will have a unique gift suitable for many occasions (Father's Day, Valentine's Day, Christmas, Birthday, etc...) The only thing we can guarantee is Your Dad will appreciate that you spent the time to make him a loving gift!

Hey, Mom You're Awesome!  
the Ultimate What I Love about Mom Fill-In-the-Blank Gift

Book - Beyond Blond Books  
2020-03-20

Create the perfect gift for mom by personalizing this book just for her! This "What I Love About Mom" fill-in-the-blank book contains lines to describe why your mom's the best.

There are also fun checklists, places to paste in photos (or better yet draw something fun), memes, corny puns, coloring book pages and more! Make it funny, heartfelt or as sentimental as you want? She'll love your personal touches!

The Ultimate Best Mom in the World Gift! She'll read it over and over again!

*Hello, My Name Is Awesome* -  
Alexandra Watkins 2014-09-15

Every year, 6 million companies and more than 100,000 products are launched. They all need an awesome name, but many (such as Xobni, Svbtle, and Doostang) look like the results of a drunken Scrabble game. In this entertaining and engaging book, ace naming consultant Alexandra Watkins explains how anyone—even noncreative types—can create memorable

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and buzz-worthy brand names. No degree in linguistics required. The heart of the book is Watkins's proven SMILE and SCRATCH Test—two acronyms for what makes or breaks a name. She also provides up-to-date advice, like how to make sure that Siri spells your name correctly and how to nab an available domain name. And you'll see dozens of examples—the good, the bad, and the “so bad she gave them an award.” Alexandra Watkins is not afraid to name names.

**An Awesome Book of Thanks!** - Dallas Clayton  
2010-11

Celebrates all the things for which to be thankful, from boats and cars to alligator acrobats and gigantic dinomachines, and from the things that can be seen everyday to the bad things that may turn out to be good.

*You Are Positively Awesome* - Stacie Swift 2020-11-17

A bright, beautiful self-care book filled with positive affirmations, appealing illustrations, and interactive exercises that will remind

readers to be mindful, kind, and “twinkletastic”

*Awesome Is Everywhere* - Neil Pasricha 2015-09-29

A stunning first picture book from the New York Times bestselling author of *The Book of Awesome*. Are you ready? With the simple touch of your fingers go on a stunning interactive journey to see the world as you never have before. Fly through wispy clouds, dive deep into the sparkling ocean, feel wet grains of sand on a hot and sunny beach... You will discover you can fly your mind to anywhere on Earth. And by the time you reach the surprise ending in this unforgettable journey you'll learn that awesome truly is everywhere.

*An Awesome Book of Love!* - Dallas Clayton 2012-12-26

**Dare to Be You** - Matthew Syed 2020-09-03

From the bestselling, award-winning author of *You Are Awesome* comes the much-anticipated follow-up, *Dare to Be You*. What would you dare to try if you stopped worrying

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about fitting in? If you're the kind of person who thinks: I don't like standing out from the crowd ... I wish I could be more like the cool kids ... There's no point trying to change things ... then this book is for you. Because guess what? There's no such thing as normal. Drawing examples from sport, science and even business, Dare to Be You empowers young readers to follow their own path, love what makes them different and question the world around them. With You Are Awesome's trademark mix of hilarious text, stylish illustration, personal insights and inspiring real-life examples, including Greta Thunberg and Malala Yousafzai, Matthew Syed introduces children to the power of diverse thinking. When you stop doubting yourself, embrace change and let your kindness loose, you become your own action hero. This groundbreaking, practical and positive book will help kids develop the inner confidence to grow into happy adults who know - and, more importantly,

LIKE - themselves. Praise for You Are Awesome, children's book of the year 2019 and Sunday Times no. 1 bestseller: "A very funny and inspiring read! Brilliantly practical with a wide variety of examples that make it relevant for both boys and girls (and adults)!" - Online customer review "Genuinely funny and engaging ... It's a must read." - Online customer review

**You Are Awesome** - Susann Hoffmann 2020-05-05

An empowering picture book that celebrates the idea that all children can be anything they choose! There are so many ways for kids to be awesome. They can be smart, kind, bold, funny, and so many other things too! With sweet, simple text and bold illustrations, this book showcases just that notion, and delivers a powerful message directly to the reader: You can be anything you want to be! An inclusive and uplifting picture book that celebrates the potential in all of us.

**Wake Up and Be Awesome** - Susannah O'Brien 2016-11-17

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A motivational coloring book for kids! Pages with phrases like 'Dream Big' and 'Go Get 'Em, Tiger' subtly encourage children while they enjoy coloring in the words, as well as fun images that evoke joy and patterned pages to help calm and relax. Additional motivational messages opposite the coloring page help parents talk to their children about what they are coloring, helping to internalize the messages. Adults and children alike will love these coloring pages, as they are hand-drawn with beautiful detail. The book is formatted as 8" x 10" pages, perfect to be torn out and hung around the house for repetitive inspiration!

**I Am Awesome** - Sebastian A. Jones 2015-06-26

What makes you Awesome? Whatever makes you... YOU! Join Jay, Nia, and their friends from the I Am Book Series to celebrate the things that make each child unique and special. I AM AWESOME engages the reader in subjects that include being brave, never giving up, and what it means to be a good

friend. The book helps children discover identity through imagination, teaching kids to love themselves and enjoy what makes them Awesome! "I Am Awesome celebrates the innocent journey of self-discovery through imagination and creative wonder, and THAT is Awesome." Angie Harmon (from her foreword)

**Two Minute Mornings** - 2017

**Your Body is Awesome** -

Sigrun Danielsdottir

2014-06-21

Bodies do all sorts of amazing things, like move around, grow bigger and heal themselves.

Bodies also come in all sorts of shapes and sizes and we need to take care of them so that

they stay healthy and strong. If we listen to our bodies they tell us exactly what they need. The

colorful illustrations in this unique picture book will

encourage children to love their bodies from an early age.

By learning about all the wonderful things bodies can

do, and how each body is different and unique, children

will be inspired to take good

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care of their bodies throughout their lives. Promoting respect for body diversity among children will also encourage kindness and help prevent bullying. This book is ideal for children aged 4 and upwards to read at home or school, either alone or with a parent, family

member, teacher or other caring professional.

**A Is for Awesome** - Dallas Clayton 2014

Invites young readers to learn the alphabet using simple rhyming text and whimsical drawings illustrating each letter.