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Power Up Your Mind - Bill Lucas 2011-07-12

Shows how everyone has the capacity to succeed and how most use only a small portion of their talents.

Kaplan & Sadock's Pocket Handbook of Psychiatric Drug Treatment - Benjamin J. Sadock 2012-03-28

Kaplan & Sadock's Pocket Handbook of Psychiatric Drug Treatment covers the entire spectrum of clinical drug therapy for adults, elderly adults, pregnant and nursing women, and children. Drugs are listed alphabetically, for quick navigation, and each drug entry includes name, molecular structure, dosing, pharmacological actions, indications and clinical applications, side effects and adverse/allergic reactions, and drug interactions. In the front are tables listing the chapters where each drug is discussed and the common disorders for which each is used. Color drug plates in the front help with rapid recognition of all major drugs.

Abnormal and Clinical Psychology - Paul Bennett 2006-07-01

What are the causes of mental health problems? What are the best treatments for mental health problems? How do the experiences of people with mental health problems compare with the academic models of disorders? Building on the success of the first edition, this textbook has been extensively updated to include the latest research and therapeutic approaches as well as developments in clinical practice. This book now contains: Expanded coverage of the aetiology of conditions Assessment of the DSM-IV diagnostic criteria Analysis of cross-cultural issues Case studies that include patient perspectives A new chapter on somatoform disorders Improved pedagogy such as research boxes and thinking about features that encourage readers to think critically about what they are learning The book maintains the structure of the first edition with two main sections: the first introduces and critically evaluates the conceptual models of mental health problems and their treatment; the second contains in-depth analyses of a variety of disorders such as schizophrenia, trauma-related conditions and addictions. In the second section, chapters are now restructured to give a comprehensive aetiology of the disorder as well as analysis of treatments for the condition. Each disorder is viewed from psychological, social, and biological perspectives and different intervention types are investigated. Abnormal and Clinical Psychology provides the most comprehensive European alternative to the long-established US texts for undergraduates in this field.

Case Studies in Abnormal Psychology - Kenneth N. Levy 2017-12-07

Case Studies in Abnormal Psychology presents a broad range of cases drawn from the clinical experience of authors Kenneth N. Levy, Kristen M. Kelly, and William J. Ray to take readers beyond theory into real-life situations. The authors take a holistic approach by including multiple perspectives and considerations, apart from those of just the patient. Each chapter follows a consistent format: Presenting Problems and Client Description; Diagnosis and Case Formulation; Course of Treatment; Outcome and Prognosis/Treatment Follow-up; and Discussion Questions. Providing empirically supported treatments and long-term follow-up in many case studies gives students a deeper understanding of each psychopathology and the effects of treatment over time.

Sexual Offenses and Offenders: Theory, Practice, and Policy - Karen J. Terry 2012-06-14

This comprehensive text examines the unique characteristics of sexual offenses and the resulting laws that pertain specifically to them, including the causes and treatment of sexual offenses as well as the policy implications of research outcomes. Sexual offenders are often treated differently than other offenders (by both the community and the criminal justice system) as a result of public scorn and recidivism. This

distinctive book answers the call for thorough, research-based information on this inherently controversial subject. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Clinical Handbook of Psychological Disorders, Fourth Edition - David H. Barlow 2007-11-15

With over 75,000 copies sold, this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders. The Handbook is unique in its focus on evidence-based practice and its attention to the most pressing question asked by students and practitioners—"How do I do it?" Leading clinical researchers provide essential background knowledge on each problem, describe the conceptual and empirical bases of their respective approaches, and illustrate the nuts and bolts of evidence-based assessment and intervention.

Abnormal Psychology - David H. Barlow 2012

ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH, Sixth Edition, is the perfect book to help you succeed in your abnormal psychology course! Authors Barlow and Durand show you how psychological disorders are rooted in multiple factors: biological, psychological, cultural, social, familial, and even political. You can test your understanding of topics with the text's built-in concept checks and chapter quizzes. Then, watch the book's integrated case studies come to life with Abnormal Psychology CourseMate, which provides real case profiles to give you a realistic context for the scientific findings of the book.

Dsm-5 Overview - Albert E. Lyngzeitson, Ph.D. 2014-05-31

Overview of highly relevant aspects of the updated Diagnostic and Statistical Manual of Mental Health Disorders - Fifth Edition (DSM) handbook used by health care professionals as a guide to diagnosing mental disorders. Our handy summary of disorders is a great reference tool for students and professionals to support the study and practice of the DSM-5 manual.

An Introduction to the History of Psychology - B. R. Hergenhahn 2013-03-01

Dreams puzzled early man, Greek philosophers spun elaborate theories to explain human memory and perception, Descartes postulated that the brain was filled with animal spirits, and psychology was officially deemed a science in the 19th century. In this Seventh Edition of AN INTRODUCTION TO THE HISTORY OF PSYCHOLOGY, authors Hergenhahn and Henley demonstrate that most of the concerns of contemporary psychologists are manifestations of themes that have been part of psychology for hundreds--or even thousands--of years. The book's numerous photographs and pedagogical devices, along with its biographical material on key figures in psychology, engage readers and facilitate their understanding of each chapter. Available with InfoTrac Student Collections <http://goengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Essentials of Abnormal Psychology - V. Mark Durand 2012-01-01

In this briefer version of Durand and Barlow's widely taught text, the authors explain abnormal psychology through their standard-setting integrative approach--the most modern, scientifically valid method for studying the subject. Through this integrative approach, students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A conversational writing style, consistent

pedagogy, and real case profiles--95 percent from the authors' own case files--provide a realistic context for the scientific findings of the book. In addition, these features ensure that readers never lose sight of the fact that real people are behind the DSM-IV-TR criteria, the theories, and the research.

Reading People - Jo-Ellan Dimitrius 2008-09-02

NEW YORK TIMES BESTSELLER • "Your eyes will be opened as mine have been by these tips from America's leading people-readers."—Chris Matthews How can you "hear between the lines" to detect a lie? When is intuition the best guide to making important decisions? What are the tell-tale signs of romantic attraction? Jo-Ellan Dimitrius—America's leading behavioral expert—shows us how to spot the critical clues to a person's integrity, work habits, and sexual interests, and to interpret these signs with accuracy and precision. In this phenomenal guide—now revised and updated—Dimitrius shows us how to read a person like a book. By decoding the hidden messages in appearance, tone of voice, facial expression, and personal habits, she applies the secrets of her extraordinary courtroom success to the everyday situations we all face at work, at home, and in relationships. New material includes: • How to read people in the age of terror: what to watch for during air travel and trips abroad, and vital information regarding student behaviors in the Columbine High School and Virginia Tech shootings • What to look for on the Internet: how to decipher behavioral patterns found in and altered by e-mail, text and instant messaging, and on sites like MySpace • Facts on body language and health: how chronic illnesses such as Asperger syndrome and Parkinson's disease influence the way people are perceived, and essential tips on how to counter these misperceptions • Fascinating new case studies: how body-reading techniques impacted jury selection and verdicts in major trial battles, including the Enron case Whether your focus is friendship or marriage, career or family, romance or professional success, *Reading People* gives you the skills you need to make sound, swift decisions and reap the benefits of razor-sharp insight.

Statistics for the Behavioral and Social Sciences - Arthur Aron (Ph. D.) 2018

Key Terms; Example Worked-Out Problems; Practice Problems; Using SPSS; Answers to "How are you doing?"; 2 The Mean, Variance, Standard Deviation, and Z Scores; Representative Values; Bringing Statistics to Life Box 2-1 The Psychology of Statistics and the Tyranny of the Mean; Variability; Z Scores; Mean, Variance, Standard Deviation, and Z Scores in Research Articles; Learning Aids; Summary; Key Terms; Example Worked-Out Problems; Practice Problems; Using SPSS; Answers to "How are you doing?"; 3 Correlation and Prediction; Graphing Correlations; Patterns of Correlation

Abnormal Psychology - David H. Barlow 2002-01

Phobias: The Psychology of Irrational Fear - Irena Milosevic Ph.D. 2015-03-03

Combining popular appeal with accessibly written entries suitable for research projects, this fascinating encyclopedia provides a thorough introduction to the psychological and scientific aspects of phobias. • Provides scientifically grounded, accessibly written content contributed by current leading researchers and clinicians in the area of phobias and anxiety disorders • Covers a variety of the most common specific phobias, including fears of spiders, enclosed spaces, snakes, and heights • Includes illustrative examples and case vignettes to bring the subject matter to life • Supplies comprehensive coverage of scientific and clinical perspectives, with attention to historical, cultural, and popular contexts • Enables readers to trace the history, theories, and practices associated with the study and treatment of phobias

The Professional Counselor's Desk Reference, Second Edition - Mark A. Stebnicki, PhD, LPC, CRC, CCM 2015-08-21

This award-winning, bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions, including the 2014 American Counseling Association Code of Ethics, CACREP/CORE accreditation standards, DSM-5, the Affordable Care Act, and many other important changes. It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio-cultural changes. The only resource of its kind, it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors, counselor educators, clinical supervisors, psychologists, and social workers. The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and

features contributions from over 110 highly regarded experts in counselor education, research, and practice. It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates, in 93 chapters, both contemporary insight and practical strategies for working with the complexity of real-life issues related to assessment, diagnosis, and treatment of diverse clients. New chapters address military and veteran health issues; evidence-based practice for training; counseling transgender individuals, partners, and families; counseling caregivers;; social justice; and so much more. In addition to being a quick-access resource for all counseling professionals, the second edition serves as a concise, accessible reference for graduate students preparing for certification and licensure exams. It features an expanded, comprehensive self-exam of over 340 multiple-choice items based on the CORE/CACREP core content and knowledge areas for counselor education and training. New to the Second Edition: Updated and expanded discussion of the 2014 ACA Code of Ethics Affordable Care Act and its impact on delivery of mental health services Coverage of DSM-5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self-exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence-based practices for counseling New chapter on behavioral health and health disparities in the U.S. New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary, alternative, and integrative approaches New information on counseling LGBTQ couples, partners and families Key Features: Covers all key foundational content for CACREP/CORE-accredited programs within one volume Provides quick access to a vast compendium of counseling information Edited and authored by leading counseling scholars, educators, and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics, Affordable Care Act, DSM-5, and revisions to licensure requirements in many states

Comprehensive Handbook of Psychopathology - Henry E. Adams 2013-04-17

The first edition of *Comprehensive Handbook of Psychopathology* was published in 1984, almost a decade ago. In the interim there has been an explosion of information in psychopathology. Proliferation of knowledge has included a widening base of research data and changing or new concepts and theories regarding classification, measurement methods, and etiology of abnormal behaviors and mental disorders. It has been an active and productive period for biological and behavioral scientists and clinicians, particularly in terms of changing notions of the complex interaction of environmental and biological factors in many disorders. For example, with the classic disorders-such as anxiety and dissociative disorders-our understanding, while far from perfect, has been greatly enhanced in recent years. Whereas there was almost a vacuum of empirical knowledge ten years ago about the personality disorders, concentrated efforts have been undertaken to investigate classification, comorbidities, and expression of the personality disorders, and variants in normal personality traits. In addition, scientific advances in the fields of behavioral medicine, health psychology, and neuropsychology have greatly contributed to our knowledge of psychopathology and the interplay of psychobiological factors. It is now commonly acknowledged that psychopathology is not limited to the traditional mental illness categories; it also plays a significant role in many physical illnesses, such as cancer and AIDS. With these developments, it became clear that the first edition of this handbook was outdated and that a revision was needed.

Casebook in Abnormal Psychology - Timothy A. Brown 2010-07-12

Using cases from the authors' files or from case files of other working clinicians, *CASEBOOK IN ABNORMAL PSYCHOLOGY*, International Edition portrays the rich and arresting nature of disorders manifested in real people. Cases illustrate every major DSM-IV category, followed by a therapy outcome section that tells the "rest of the story" of what happened to these clients. Using an integrative approach, the authors emphasize the multiple causes of disorders and incorporate developmental and cultural issues in each case. Complex cases are presented without a diagnosis, so students can come up with a diagnosis on their own. This Fourth Edition includes a new case on body dysmorphic disorder as well as two new cases without a diagnosis.

Abnormal Psychology, Sixth Canadian Edition Loose-Leaf Print Companion - Gordon L. Flett 2017-08-14

Emotion in Therapy - Stefan G. Hofmann 2015-12-22

Grounded in cutting-edge scientific research, this book presents innovative ways to explore and work with emotions in psychotherapy. Preeminent clinician-researcher Stefan G. Hofmann accessibly explains how emotions operate, what influences them, and how they can cause distress. He presents strategies that can significantly improve existing evidence-based treatments and promote positive affect and happiness. Clinicians are guided to help clients with any diagnosis gain emotional awareness and use emotion regulation techniques, mindfulness-based practices, and other effective strategies. "In Practice" sidebars highlight specific clinical issues and offer illustrative case vignettes.

Optimistic Parenting - V. Mark Durand 2011

Unlock the secrets to confident, skillful, and positive parenting with this strategy-filled guide from a top behavior expert. Parents of children with a range of challenging behaviors and special needs

Social and Personality Development - David R. Shaffer 2008-09-19

The success of this best-selling text lies in the author's belief that a good text talks with, rather than at, its readers. Shaffer does an extraordinary job of anticipating students' interests, questions, and concerns while treating them as active participants in the process of learning about social and personality development.

The Sixth edition of SOCIAL AND PERSONALITY DEVELOPMENT features clearly written, current coverage of social and personality development that aids students in discovering the causes, processes, and complexities that underlie developmental change. Students learn why biological and environmental factors, contextual factors such as cross-cultural, familial, neighborhood, school, and peer-group influences cause change in children. Shaffer also explores the approaches that researchers use to test their theories and answer important questions about developing children and adolescents. This book's effective coverage of field research stands out from other texts not only for its accuracy and currency, but because Shaffer consistently juxtaposes classic research with the latest breakthroughs in a way that helps students appreciate how knowledge builds on earlier findings. This edition features a much stronger emphasis on cultural influences on development. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

An Introduction to Modern CBT - Stefan G. Hofmann 2011-06-24

An Introduction to Modern CBT provides an easily accessible introduction to modern theoretical cognitive behavioral therapy models. The text outlines the different techniques, their success in improving specific psychiatric disorders, and important new developments in the field. • Provides an easy-to-read introduction into modern Cognitive Behavioral Therapy approaches with specific case examples and hands-on treatment techniques • Discusses the theoretical models of CBT, outlines the different techniques that have been shown to be successful in improving specific psychiatric disorders, and describes important new developments in the field • Offers useful guidance for therapists in training and is an invaluable reference tool for experienced clinicians

Writing for Psychology - Mark L. Mitchell 2012-03-30

WRITING FOR PSYCHOLOGY, Fourth Edition offers concise assistance for students writing their research analyses using APA style. By providing concrete examples of common errors, the authors show rather than merely tell students what to do and what to avoid. This manual will help students adhere to the basics of APA style; refine critical thinking skills, library search skills, revising skills, editing skills, and proofing skills; and avoid plagiarism. Checklists precede a summary at the end of every chapter, giving students the chance to make sure they have been thorough in their reports. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Culture and Psychology - David Matsumoto 2016-02-12

CULTURE AND PSYCHOLOGY, 6th Edition illustrates how and why culture influences mental processes and behaviors in humans, and is relevant for anyone interacting with people from different cultures. Incorporating current research that highlights the relationship between culture and psychology, the authors' use a cross-cultural framework that gives students the tools necessary for evaluating many psychological processes and principles from a cultural perspective. In addition, the text encourages students to question traditionally held beliefs and theories and their relevance to different cultural groups today, and to apply what they learn to their own lives. Important Notice: Media content referenced within

the product description or the product text may not be available in the ebook version.

Abnormal Psychology - 2009

Abnormal Psychology: An Integrative Approach - David H. Barlow 2016-12-05

Balancing biological, psychological, social, and cultural approaches, this book's ground-breaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. Updated with leading-edge research findings, the eighth edition draws on the expertise of David H. Barlow, V. Mark Durand, and Stefan G. Hofmann, three internationally recognized experts in clinical psychology. In ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH, the authors successfully blend sophisticated research with an accessible, engaging writing style. They go beyond simply describing different schools of thought on psychological disorders, exploring the interactions of the various forces that contribute to psychopathology. This comprehensive resource includes integrated case studies (95 percent from the authors' own files) and additional study tools. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Abnormal Psychology - David H. Barlow 2014-04-22

Balancing biological, psychological, social, and cultural approaches, the Fourth Canadian Edition of Abnormal Psychology's groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. The author team--now including Dr. Martin Lalumière--continues to blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies, and superior coverage of the DSM-5 (with insights from author David Barlow, an Advisor to the DSM-5 task force) help lead students to an unparalleled appreciation for the current state of what is a multidimensional and compelling clinical science.

The Principles of Learning & Behavior - Michael Domjan 1986

This popular text gives students a comprehensive and readable introduction to contemporary issues in learning and behaviour, while providing balanced coverage of classical and instrumental conditioning.

Career Counseling - Norman C. Gysbers 2014-11-04

"This book establishes a new standard. The focus on 'holism, diversity, and strengths' sets a fresh direction for the field that will inspire today's counselors. Distinct from other texts both in terms of style and ease of use, Career Counseling provides a practical model that connects theory, practice, and resources in hopeful and affirming ways, while offering readers new skills and insights." —Rich Feller, PhD University Distinguished Teaching Scholar, Colorado State University Past President, National Career Development Association "Gysbers, Heppner, and Johnston have continued their excellent contributions to the field with this 4th edition. Their approach is highly practical for counselors in helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals and as a textbook for graduate counseling programs." —Kenneth F. Hughey, PhD Kansas State University "We invite all students, professionals, and researchers to read this volume to enrich their practice, research, and the values by which they should be inspired to persist in being active agents of change in the world." —Laura Nota, PhD, and the Larios Vocational Psychology Team University of Padova, Italy The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled "Using Social Media in Career Counseling" rounds out this exceptional book. *Requests for digital versions from the ACA can be found on

wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

Essentials of Understanding Abnormal Behavior - David Sue 2016-01-01

ESSENTIALS OF UNDERSTANDING ABNORMAL BEHAVIOR, 3rd Edition offers the same multidimensional focus, multicultural emphasis, topical coverage, and engaging style as its comprehensive counterpart -- UNDERSTANDING ABNORMAL BEHAVIOR -- in a condensed, student-friendly format. Updated to reflect DSM-5 and the newest scientific, psychological, multicultural, and psychiatric research, the text introduces and integrates the Multipath Model of Mental Disorders to explain how biological, psychological, social, and sociocultural factors interact to cause mental disorders. A focus on resilience highlights prevention and recovery from the symptoms of various disorders, and the book also continues its emphasis on the multicultural, sociocultural, and diversity aspects of abnormal psychology. The authors present material in a lively and engaging manner, connecting topics to real-world case studies, current events, and issues of particular importance and relevance to college students. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Abnormal Child Psychology - Eric J Mash 2012-06-14

Through a thoughtful and accurate balance of developmental, clinical-diagnostic, and experimental approaches to child and adolescent psychopathology, Eric Mash and David Wolfe's ABNORMAL CHILD PSYCHOLOGY remains the most authoritative, scholarly, and comprehensive book in its market. Accessible to a broad range of readers, the book traces the developmental course of each disorder and shows how biological, psychological, and sociocultural factors interact with a child's environment. Case histories, case examples, and first-person accounts are at the heart of the text, illustrating the categorical and dimensional approaches used to describe disorders and bringing life to the theories discussed. The authors also consistently illustrate how troubled children behave in their natural settings: homes, schools, and communities. Up-to-date and forward-looking, the text covers the DSM-IV-TR and dimensional approaches to classification as well as evidence-based assessment and treatment, contemporary research, and the latest theories related to the predominantly inattentive ADHD subtype, early-onset and the developmental propensity model of conduct disorder, the triple vulnerability model of anxiety, the tripartite model in children, depression, and autism. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Sleep Better! a Guide to Improving Sleep for Children with Special Needs - V. Mark Durand 2013

This fully updated edition includes help for parents who usually struggle with nighttime problems. Without preaching or proposing a "one right way" to solve problems, psychologist and father Mark Durand helps families tackle sleep issues with optimism and proven strategies drawn from clinical and personal experience.

Childhood and Adolescence - Spencer A. Rathus 2010

Abnormal Psychology and Life: A Dimensional Approach - Christopher A. Kearney 2011-01-01

Chris Kearney and Tim Trull's ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH provides students with a concise, contemporary, science-based view of psychopathology that emphasizes the individual first. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior can be viewed along a continuum. By highlighting this widely accepted dimensional view which places the behavior of an individual at the forefront of clinical definition, assessment, and treatment the text's goal is to foster personal relevance for students and encourage them to become intelligent consumers of mental health information. The book also gives students a comprehensive understanding of the features and epidemiologies, risk factors and prevention, assessment and treatment, and long term prognosis and associated stigma of mental disorders.

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Unified Protocol for Transdiagnostic Treatment of Emotional Disorders - David H. Barlow

2017-12-04

Introductory information for therapists -- The nature of emotional disorders -- Basic principles underlying treatment and outline of the treatment procedures -- Overview of general treatment format and procedures -- Module 1 : motivation enhancement for treatment engagement -- Module 2 : understanding emotions -- Module 2 : recognizing and tracking your emotional responses -- Module 3 : emotional awareness training: learning to observe experiences -- Module 4 : cognitive appraisal and reappraisal -- Module 5 : emotion avoidance -- Module 5 : emotion-driven behaviors -- Module 6 : awareness and tolerance of physical sensations -- Module 7 : interoceptive and situational emotion exposures -- Medications for anxiety, depression, and related emotional disorders -- Module 8 : accomplishments, maintenance, and relapse prevention.

Abnormal Psychology - David J. A. Dozois 2012-11-01

The Canadian experts speak: Dozois, Abnormal Psychology 5e with MySearchLab, now in full-psychedelic colour! Abnormal Psychology: Perspectives exemplifies its subtitle by cohesively presenting the numerous individual perspectives of its expert contributors. It presents the differing psychological perspectives by discussing various relevant paradigms with emphasis on the conceptual approaches and therapeutic interventions that have garnered the most empirical support in research literature. As a ground-up Canadian text, it features indigenous case studies, legal and ethical issues, prevention programs, and ground-breaking research, as well as the history of abnormal psychology in this country. The new edition features a new full-colour interior, coverage of the DSM-5 including a disorder-by-disorder comparison with the DSM-IV, three new Canadian contributors, and a new chapter on Sexual Gender Identity Disorder. The organization, level, and features of each chapter have also been standardized to resulting in a more consistent, unified student experience.

Essentials of Psychology - Douglas A. Bernstein 1999-01-01

Abnormal Psychology - Ann M. Kring 2018-02-23

Abnormal Psychology: The Science and Treatment of Psychological Disorders consists of a balance and blending of research and clinical application, the use of paradigms as an organizing principle, and involving the learner in the kinds of real-world problem solving engaged in by clinicians and scientists. Students learn that psychopathology is best understood by considering multiple perspectives and that these varying perspectives provide the clearest accounting of the causes of these disorders as well as the best possible treatments.

Abnormal Psychology - 2014

Personality Theories Workbook - Donna Musialowski Ashcraft 2002-06

This unique workbook was written for the undergraduate Personality course where professors are looking for activities to help students learn and apply personality theories to real-life examples. The workbook is geared toward personality courses that are theories-based, as opposed to research-based. Because the cases explored are those based on normal behavior (as opposed to abnormal behavior), this workbook is especially useful. While most personality texts present the major concepts of personality theories, they don't help students apply the theories they have learned or to use the theories to understand other examples on their own. This workbook will help students do just that and is the perfect complement to any Personality text.