

Laura Day Practical Intuition

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Intuition and Chakras - Lesley Phillips

2020-04-08

Build a Reliable System of Inner Wisdom Using Your Energy Body This remarkable book makes it easy to receive intuitive guidance whenever you wish, be confident in your answers to life's big questions, and follow your inner wisdom to

happiness and success. Lesley Phillips shows you how to develop your unique profile of psychic abilities through simple energetic techniques. By uniting your subtle body and intuition, you can heighten self-knowledge, reveal your inner truth, heal on multiple levels, and create your best reality. Intuition and Chakras gives you the

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foundation needed to safely and effectively develop both your chakras and your intuitive senses. Discover many inspiring stories from Lesley's work with clients. Explore each chakra and how intuitive information flows through it. Featuring accessible exercises and meditations, this book helps you overcome challenges, turn your intuition into a practical tool, and lead a purpose-filled life. As an added bonus, you'll get an exclusive link to meditation videos directly related to the book's core topics!

Finding Each Other - Mary Olsen Kelly 1992-01
Recommends techniques for becoming psychologically ready to find a life's partner by coming to terms with past loves and getting to know oneself and one's needs, and for attracting a mate through meditation, visualization, and ritual

Intuition on Demand - Lisa K. 2017-06-13

- Has your intuition been giving you messages but you don't know what they mean?
- Do you find it hard to trust your intuition because you

- think you might be making it up?
- Would you like to have intuitive guidance at your fingertips, but you're not sure if your intuition is working at all?
- Do you want to have more understandable information from your intuition?

"Intuition On Demand" can help you fix all these problems once and for all. If you're in control of your intuition, you can find the right answers to questions such as: Should I move? Where should I go? Who do I pick to be my friend, spouse, doctor or lawyer? How do I fix the difficulties in my relationship? What should I do to improve my health? Why am I stuck in my career? When you finish reading this book you'll be able to make your intuition happen when you want, on what you want and get detailed information. You'll have an education and understanding of intuition so you can get instant intuitive guidance for all your important life decisions and know what action to take that will give you a better outcome. You'll always be assured of the best course of action to take to feel safe,

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comforted and calm. Lisa K. PhD developed these methods and technique to help her become a sold out intuitive reader and one day save her life. Developed from years of research, training and experience, "Intuition On Demand" provides a step-by-step technique to help others, like yourself, to develop your intuition from scratch - discover the intuition development map, Lisa's signature "Intuition On Demand" technique, ways to reprogram your thinking, intuition worksheets, practical exercises and much more.

Practical Intuition for Success - Laura Day 1997

Don't work harder, work smarter. We've all know them: people who seem to effortlessly run on the fast track. They don't necessarily work harder or put in longer hours; what they do work is their intuition, that powerful sixth sense that tells them how to turn any situation to their advantage. The good news, says Laura Day, bestselling author of "Practical Intuition", is that

each of us has the capacity to use intuition to enhance our success. Now she has created a step-by-step program to help you hone your gut instinct to guide you through the ever-changing landscape of work and business. Day shows you how to bring forth your intuition, make it stronger, and make it work for you. And the more you practice it, the better the results. Whether you are a manager, investor, or entrepreneur, Day shows how you can: solve problems quickly create winning business plans and strategies envision a new business uncover hidden agendas take the "pulse" at meetings to better position yourself evaluate the stock market Practical intuition for success. You've already got it; let Day teach you to use it-- and get the most out of your career.

How to Just Eat It - Laura Thomas 2021-01-12
Laura is a fire starter of the revolution in how we think about food, eating and our bodies' Red Laura Thomas PhD shows you how to actually break the diet cycle and free yourself from

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restrictive dieting and punishing exercise, one step at a time. How to Just Eat It is a practical and interactive guide from bestselling author of Just Eat It and Registered Nutritionist Laura Thomas PhD. This book contains more than eighty activities - from journaling to self-care techniques - to help you reframe your approach to food and eating and find an escape from diets and restriction. Beginning with simple exercises for changing your mindset, Thomas shows how to use easy everyday tools to break free from prevailing diet mentality, understand fullness cues, and nurture a neutral, judgement-free approach to food. Thanks to expert step-by-step guidance and support through the principles of Intuitive Eating as well as other therapeutic practices, the book will prepare you with a range of personalised tools and skills that give structure to a new and better relationship with food and your body.

Practical Intuition - Laura Day 1997-09-29
Gut feeling. Sixth sense. Hunch. No matter what

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it's called, intuition plays a part in the decisions we make every day. In seminars around the world, Laura Day has taught business people, financial analysts, celebrities, homemakers, doctors, lawyers, and other professionals how to consciously tap this hidden ability. Now, through a step-by-step program, first-person accounts, and real-life examples, Day shows you how to unlock the remarkable power of your mind. Practical Intuition will help you: follow your hunches and control your enthusiasms make better investment and business decisions "read" other people more accurately make more informed decisions about your health know whether a partner is right for you understand what you really want to do with the rest of your life and much more

Dr. Marcia Emery's Intuition Workbook -
Marcia Emery 1994

The Feminine Intention - Dawn Todd
2014-01-03

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It seems that women have powerfully moved into the masculine way of achievement in order to fit in and to be taken seriously. Now a shift is going on -- a swing back to the feminine -- and the feminine energy is coming back to dominance as it reaches out for balance. As women, we often judge ourselves and our success on an old, outdated version of what other people think life should look like. If you're ready to stop trying to fit into the mold of a man's world and you are ready to create and manifest as the powerful woman you are, then you are in the right place at the right time. Do you know that you are a brilliant feminine leader and the world is waiting for YOU and your unique gifts? Your opportunity awaits - everything depends on this moment, and you stepping into your brilliant feminine leadership! This book will empower you to embrace your powerful feminine energy, let go of the old beliefs and lies that women have believed for generations, and become the intentional feminine leader that you are meant

to be!

You Can Read Anyone - David J. Lieberman 2007
Describes psychological techniques that can help someone determine what another person is thinking.

Unlock Your Intuition - Andrea Hess 2007-09-01
Using simple divination as a starting point, Hess presents a step-by-step process to guide readers towards an intimate relationship with the still, small voice of their intuition.

Cutting Loose - Ashton Applewhite 2017-06-20
For women contemplating divorce or for those who have already divorced, Ashton Applewhite's insightful book sheds light on what to consider before making the decision to end your marriage, how to protect yourself—both financially and emotionally—and how much your life will change. One out of every two modern marriages ends in divorce, and 75 percent of those divorces are initiated by wives. Author Ashton Applewhite is one of these women, having sued for divorce after enduring an

unfulfilling ten-year marriage. Cutting Loose is an essential resource for women who want to leave their marriage but fear the consequences. Shattering the media-generated image of the lonely, deprived and financially strapped divorcee, Applewhite provides a much needed reality check. Cutting Loose introduces 50 women, varying in age, race, class and predicament, who have thrived after initiating their own divorces. Their fears of financial, emotional and romantic ruin were never realized; on the contrary, their lives improved immeasurably, and their self-esteem soared. Cutting Loose also answers the crucial questions: How do you finally decide to make the big break? What is getting divorced really like? What are the shortcomings of the legal process? What about custody and child support? Financial and emotional survival? And how does a woman's self-image change during and after divorce? "Ending any kind of oppression takes belief in self. Cutting Loose offers moving

evidence of how such belief works, whether in a relationship or walking the road alone. Perceptive, realistic, and wise, the book is of enormous practical value to both women and men who aspire to more equal and fulfilling relationships."—Laura Day, author of Practical Intuition

Practical Intuition for Success - Laura Day
1997-09-24

She calls herself a "practicing intuitive," having harnessed the power of instinct in her own life. Laura Day believes that everyone can be "an intuitive," and having conducted workshops for more than 10 years, she has amassed a remarkable following of luminaries from across the business world who concur. In *Practical Intuition for Success*, Day outlines a 10-day program for readers, showing how they too can develop their sixth sense to enhance their business decisions. In a powerful blend of exercises and examples of "intuition in action" from her own life and from the workplace and

investment worlds, she shows readers how intuition can give them an edge to: Make more money Be happy in a career Gain more insight into personal investments Solve problems quickly Unleash their inner financial genius Choose winning business strategies Beat the competition Decide which business to start Uncover enemies and hidden agendas in the workplace -- and come out ahead Day believes that intuition is like meditation or exercise; it requires practice and should be integrated into our daily lives. Practical Intuition for Success enables readers to find, release and enrich their intuitive capabilities, bringing them and their businesses to unprecedented levels of success.

Practical Intuition in Love - Laura Day 1998

In this guide, Laura Day tells readers how to use intuition to stimulate the chemistry of love in their lives.

The World to Come - Ruth Montgomery

2007-12-18

In The World to Come bestselling author and

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world-renowned psychic Ruth Montgomery presents a wealth of new material about who we are, where we are headed, and how we can cope with the political and natural upheavals that loom in our future. Many rank Montgomery's remarkable powers of foresight with those of Nostradamus and Edgar Cayce. Now, with the clarity and candor that has won her such a loyal following, Ruth gives a tour of the next century and beyond. Ruth discusses her guides' prediction that the earth is bound to shift on its axis and provides information about what areas are safest as severe global weather patterns intensify. She also shares stories of numerous people from ancient Palestine, including herself, who have been reincarnated at this time to help bring peace and healing to the world. Finally, in what she intends as her farewell book, Ruth offers a warm and fascinating look at her own life.

Your Nostradamus Factor - Ingo Swann

2018-09-02

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You Can Predict the Future Throughout the centuries the future has been seen in dreams, in visions, and by seers. But you don't have to be a prophet or a visionary to predict what the future holds. Now, Ingo Swann explains how to understand and use the future-predicting ability that lies within. He identifies the different ways the future is revealed: Spontaneous forewarnings during dreams Spontaneous alerts that happen when awake Forewarnings and alerts communally experienced by numbers of people while sleeping or while awake Consciously controlled future-seeing achieved by seers Ingo Swann also presents fascinating, documented examples of prophecies that came true, ranging from those that foresaw the sinking of the Titanic to his own prediction of the fall of the Berlin Wall. Your Nostradamus Factor explains how you can develop your ability to foresee the future by: • Overcoming blocks to future-seeing • Tracking a particular subject and testing your predictions • Using astrology to

help see the future, and • Paying close attention to your dreams. With the millennium right around the corner, Swann also offers startling predictions for the future of the environment, the economy, science, and society. (originally published in 1993)

Radical Intuition - Kim Chestney 2020-11-03
Radical Intuition reveals an all new understanding of intuition and how to use it to live an extraordinary life. This practical guide will teach you to go beyond thinking and discover higher awareness with the power of intuition — a revolutionary force at the threshold of a new era of consciousness. Kim Chestney gives clear guidance for tuning in to your own process of insight, backed by voices from successful insight leaders who recognize intuition as the source of genius in all aspects of life. Learn how to tap into your inner wisdom and create the life you are made for. Featuring contributions from Kelly Noonan Gores (writer/director of the documentary HEAL),

Steve Kilbey (singer-songwriter of the Church), Brett Larkin (Uplifted Yoga), Day Schildkret (author of Morning Altars), Jesse Schell (author of The Art of Game Design).

Divine Intuition - Lynn A. Robinson 2012-12-17

A guide for getting in touch with the inner wisdom that can lead to a more abundant and successful life When you are in touch with your intuition, every moment in your life takes on a whole new dimension as intuitive wisdom pours in. Your ability to assess each situation for immediate guidance allows you to move smoothly on your chosen path. Decision-making becomes quick, easy, and fruitful. And you move closer and closer to your best life by divining what is true for you. Divine Intuition is more than simply a book about paying attention to your intuition. The book is filled with inspirational quotes, helpful exercises, and information on how to live a life you love. Offers practical wisdom for creating an abundant life of purpose and fulfillment Shows how to look

within for guidance and build patience, faith, and trust Helps to identify the primary ways that you can tap your intuition This inspirational book will give you the practical tools you need to envision, attract, and create the abundant and successful life you were meant to live.

The Straight Girl's Guide to Sleeping with Chicks

- Jen Sincero 2005-02

A humorous guide to gay experimentation for straight women offers a wealth of advice on how to spice up a relationship with a boyfriend, enter into a same-sex relationship, and more. By the author of Don't Sleep with Your Drummer.

Original. 30,000 first printing.

EARTH PRESCRIPTION - LAURA. KONIVER
2021

Intuitive Studies - Gordon Smith 2012-05-07

During the many years he spent delivering messages of hope and love from the spirit world, Gordon Smith has observed how many people long to learn how to be more intuitive

themselves, and would love to be able to connect to the other side in the same way he does. Gordon feels strongly that developing your intuitive gifts should be something that gives you joy, brings you clarity and makes you more contented in your life. Based on his experiences of teaching and guiding complete beginners on their paths to communicating with spirit, this book provides simple and easy-to-follow exercises that will help you sharpen your psychic senses, open yourself to receive communication from your spirit guides and interpret the telepathic language of spirit. Once you have learned the basics and gained confidence in your skills, Gordon then guides you to the next step of your journey, showing you how you can use this very special energy to help others.

[Welcome to Your Crisis](#) - Laura Day 2006-05-03
From the bestselling author of Practical Intuition comes a groundbreaking book about using the power of crisis to transform one's life.

Dream Power - Cynthia Richmond 2002-01-10

Ever since the first person woke up yawning and stretching from the first sleep, dreams have intrigued humankind. At some point all of us have been mystified or terrified or delighted by a vivid dream, and we all wonder -- what do our dreams mean? In her inspiring book, *Dream Power*, Los Angeles Times dream columnist Cynthia Richmond draws on her experience as a therapist and dream counselor to show us how to harness the power of our dreams and make our life goals come true. Understanding our dreams can give us a huge advantage in all facets of life, Richmond demonstrates -- in work, love, health, and spirituality. "By listening to what your subconscious mind and your spirit tell you through your dreams," she predicts, "you will have all the tools you need to achieve the life you want." But before we can interpret our dreams -- and change our lives -- we need to learn how to remember them, and so *Dream Power* begins with a simple tutorial in the art of recall. After providing us with practical, step-by-

step techniques for gaining access to our dream lives, Richmond then charts the landscape of dream themes and their rich, perplexing meanings. Most of us have dreams that fall into certain important categories -- dreams of departed loved ones, schools and tests, flying, water, public nudity, and sex. Analyzing more than 200 real-life dreams (some from celebrities such as Jane Seymour and Kelsey Grammer), Richmond reveals the common themes, symbols, and meanings that run throughout them. Our dreams express universal hopes and fears, and these Richmond explores with warmth and insight. But she also takes traditional dream interpretation an important step further, showing us how to transform our insights into life-changing opportunities. To understand our dreams fully, she insists, we must look deep into our hearts and souls and ask: What do we want out of our lives? What are we afraid of and what do we love? Who are we? The answers to these questions will come to us in our sleep, if we

recognize the wisdom and truth of the dream world. "Every one of us has a lesson to learn and a gift to offer to the world," Richmond declares. The wisdom of those lessons can help us make powerful changes in our spiritual, social, professional, and romantic lives. As Cynthia Richmond shows us with authority and inspiration, the path to a better life is only a dream away.

Like a Hole in the Head - James Hadley Chase
2000-09

Ex-army musketry trainer, Jay Benson and his wife Lucy's dream of running a shooting school turns sour as the school heads towards certain closure. They need money - quickly, and a lot of it. At the eleventh hour Augusto Savanto, head of a vast corporation in Venezuela, walks into their lives with a proposition they can scarcely refuse - he will pay them \$50,000 to turn his son into an expert marksman, in nine days.

Desperate for money they accept the challenge but find themselves in a deadly game of ruthless

vendettas and vengeful murder.

How to Rule the World from Your Couch -

Laura Day 2009-10-06

In her new book, *How to Rule the World from Your Couch*, Laura Day teaches you or your company how to create success in any area by using your brain in unique and compelling ways so that your innate intuition can propel you ahead to successful solutions. The step-by-step exercises included -- many of which can (and should!) be done from the comfort of your couch -- will show you how you can:

- Find and secure your dream job
- Maintain solid relationships, even at a distance
- Lose weight by reclaiming the body you were meant to have
- Know how to spot your perfect mate
- Make better investments and business decisions
- Negotiate differences in the workplace
- Have an understanding relationship with your child
- Identify which opportunities will pan out
- Project a desirable image for yourself or your product
- Anticipate and resolve difficult conflict

before you walk into a situation Laura's work has helped demystify intuition and demonstrate its practical, verifiable uses in the fields of business, science, medicine, and personal growth. Her list of clients and students includes doctors, financial investors, scientists, engineers, and celebrities. Day has shown that 98 percent of success is planning and that you, therefore, have the power to transform your life.

Become a Medical Intuitive - Tina M. Zion
2012-02

This book provides a complete training experience to become a medical intuitive. Each chapter advances you, step by step, to intensify your psychic abilities and develop your x-ray vision. A medical background is not necessary to excel as a medical intuitive. *Become a Medical Intuitive* provides you with the following: How to see with x-ray perception. How to take charge of your energy field. How imagination and intuition work together. Develop inner sight for the deeper cause of illness. See, feel and sense the

entire person on all levels. Understand the electromagnetic energy of thought and emotion. Receive the pure essence of someone's life story. How to use medical intuition as a healing technique. Understand and use the knowing you have. Inform without diagnosing. Identify general areas and organs of the human body. Assess auric colors for vibrational information. How spiritual guidance accelerates accuracy. Actual case studies and assessments to learn from. You are already intuitive. It is only a matter of noticing all of the information you are receiving in a different way. The medical intuitive's life is feeling, sensing, knowing and perceiving on multiple levels with all of your senses. When you have completed the course contained in this book, you will have truly developed x-ray perception.

Don't Just Sit There, DO NOTHING - Jessie

Asya Kanzer 2022-03-01

"Stressed-out readers will find her advice a salve in an overly hurried and critical world."

—Publisher's Weekly "Jessie Asya Kanzer is like a Taoist Anne Lamott, and she's written a practical and actionable guide." —Joel Fotinos, author of *The Prosperity Principles* Here are 47 inspirational pieces that are smart, hip, accessible, and rich with insight; Jessie Asya Kanzer's bite-sized stories of struggle, triumph, and contemplation provide a quick burst of mindfulness. Each chapter begins with a verse from the Tao, followed by sharp observations and anecdotes from her own life that give the teachings of Lao Tzu applicability to contemporary life. And each chapter concludes with a "Do Your Tao" section that offers an actionable step, leaving the reader with a sense of grounding and fluidity. Chapters include: "Success Sucks (Sometimes)," "F*ck This, I'm Water," "I Love You, I Not Love You," "The Tao of Babushka," and "Mystics Wear Leggings".
You Are Psychic - Sherrie Dillard 2018-06-08
Embrace the Energy of Your True Intuitive Nature Join bestselling author Sherrie Dillard as

she guides you in discovering when and how your intuition works. Filled with easy-to-follow exercises, guided meditations, and illuminating stories from Sherrie's years of teaching, *You Are Psychic* shares the secrets of the four psychic types and shows you how to identify your spiritual strengths while overcoming the doubts or fears that may be standing in your way. Learning to trust the elusive energy of psychic awareness can be an important step in your life's journey. This book helps you interpret the intuitive information you receive, opening the gateway to support, guidance, and love from the realm of spirit. Whether you desire to improve your relationships, career, health, or finances, *You Are Psychic* helps you move beyond the five senses and embrace your deep inner wisdom. Praise: "Sherrie Dillard's *You Are Psychic* is one of the best books I've read to naturally develop your intuitive skills. This book offers comprehensive teachings to help you develop your intuition and know yourself—from the

basics to in-depth exercises. A must read to improve success for personal awareness, protection, and the ability to interpret your intuitive realizations. You'll refer to Dillard's book again and again."—Margaret Ann Lembo, author of *Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy and the Power of Positive Thought* "Having worked in the field of energy medicine for over fifteen years, I have run across so many people who wish to open up their psychic awareness but don't know how. Wouldn't it be nice if there was an easy and effective way to open up your intuition? Well, look no further than *You are Psychic* by Sherrie Dillard. Sherrie beautifully addresses one of the key secrets of developing your intuition that is rarely addressed: opening up your psychic abilities is not a rational, step-by-step process! Instead, she shows us how we can naturally and spontaneously connect with our innate psychic awareness, in a way that is inspiring, empowering, and easy to follow. I

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highly recommend You are Psychic whether you are intending to expand your practice or even just enhance your intuitive abilities to improve your everyday life!"—Jennifer Taylor, CEO of Quantum-Touch, Inc. "Sherrie opens your mind to all that you can achieve while pointing out why you may be holding back, which is so very helpful when trying to understand and nurture your psychic abilities. Throughout You Are Psychic there is a deep sense of the importance of becoming one with your intuitive energy and psychic type so that you can become the most complete, aware, and evolved spiritual being possible. Sherrie says we need psychic awareness, I say, everyone needs to read this eye-opening and extremely helpful book! Thanks so much for writing it, Sherrie!"—Melissa Alvarez, author of Believe and Receive, Your Psychic Self, Animal Frequency, and 365 Ways to Raise Your Frequency

Intuitive Being - Jill Willard 2016-11-01

"Intuitive Being shows us how to unlock the

power of our intuition to make better decisions and live a more satisfying life." —Deepak Chopra, author of Super Genes One of GOOP's Fall '16 Nonfiction Top Picks We all possess an intuition far more powerful than we realize. Discover how to unlock its incredible wisdom with Intuitive Being. Beloved by celebrities and CEOs alike, intuitive medium Jill Willard's revolutionary approach to honing and tapping into the profound potential of your intuition teaches readers: How our inner voice is fundamentally connected to spirit How to unleash the power and wisdom of intuition through unblocking and balancing each of the seven energy centers within ourselves--the gateways that connect our inner being to spirit How that connection is at the heart of intuition How to use that connection for better decision-making and informed choices that lead to unlimited growth and ultimate abundance in every area of our lives "Jill Willard... guided us through tapping into and translating gut instinct

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greater knowing." —GOOP

Edge - Laura Huang 2020-01-28

There's power in owning the obstacles you might face. This book shows you how to unlock it. In an ideal world, we'd succeed based on our actual skills and performance. But in the real world, subtle perceptions and stereotypes - about appearance, race, gender, experience and more - colour others' perceptions. The result might be that your hard work isn't noticed or appreciated, your effort doesn't lead to proportional rewards and your good ideas aren't taken seriously. But it doesn't have to be that way. As Harvard Business School Professor Laura Huang has discovered, there's a way to flip stereotypes and obstacles in your favour. Drawing on compelling case studies and her groundbreaking research on overcoming bias, Huang explains that by finding your edge, you can turn perceived disadvantages into real strengths - and into real success. Creating an edge is the key to succeeding within an imperfect system. Edge

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will help you make your hard work work harder for you. It will help you be seen - and empower you to take the spotlight with authenticity, charm and poise.

The Circle - Laura Day 2009-03-17

The "New York Times" bestselling author of "Practical Intuition" shows readers how one carefully crafted wish can serve as a match to ignite potent and lasting transformation in their lives.

The Art of Psychic Reiki - Lisa Campion
2018-10-01

From master Reiki teacher Lisa Campion comes The Art of Psychic Reiki, a one-of-a-kind, step-by-step guide for learning the sacred art of Reiki while cultivating the psychic and intuitive skills crucial to this healing energy work. Reiki is a gentle yet powerful, hands-on energy healing method from Japan that's been gaining in popularity over the last century—not only with bodyworkers and massage therapists in the West but also with medical professionals who can

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attest to its healing power. Born from the author's decades of experience with Reiki healing and her own methods, *The Art of Psychic Reiki* provides everything you need to know about this healing art, including the critical psychic development and empathy training that prepares healers to go out and do the work they were meant to do. If you're drawn to the healing art of Reiki, you might be a highly sensitive person, with high levels of empathy, intuition, and latent psychic abilities (a combination of intuition and inner knowing, plus the ability to connect with higher wisdom). And since Reiki is a form of energy healing, many new practitioners may experience what's called a psychic opening as they learn or practice. For this reason, it's important that every Reiki practitioner master the ability to navigate their empathic and psychic sensitivities while engaged in this work—and this book can help. Whether you're new to Reiki or you're a practitioner seeking to deepen your knowledge and enhance

your skills, with this guide you'll learn how to use Reiki to heal yourself and others, cultivate and trust your natural intuition, develop your empathic and psychic abilities, work with your spirit guides, and ground and protect yourself as a practitioner of this sacred healing art.

Developing Intuition - Shakti Gawain 2010-09-27

Intuition is a birthright, but many have lost touch with it. If embraced and followed, intuition can be an accurate force that permeates all facets of life. Shakti teaches readers how to tap into their inner knowledge and use it to enhance their lives and attain their goals. Chapters explore the role of intuition in health, creativity, work, and prosperity. Exercises based on Shakti's workshops and seminars help readers listen to their inner guide but also evaluate the worthiness of such knowledge in the context of the real world. Stories from her clients and her own life illustrate the practical advice she gives.

The Art of Intuition - Sophy Burnham 2011-02-03

From the New York Times bestselling author of

A Book of Angels, a wise and inspiring guide to strengthening one's intuitive abilities. Are you intuitive? Do you trust your intuitions? In *The Art of Intuition*, Sophy Burnham contends that we all have hunches and sudden insights and that we need only awaken to our inborn abilities in order to develop our inner wisdom. In this fascinating book, Burnham tells the stories of individuals who have "seen without seeing" to illustrate the workings of what she calls our "intuitive hearts." Exploring such topics as how loved ones are able to communicate with one another telepathically to skeptics who deny their power to see into the future, this book represents an important spiritual thinker's take on a subject that is vital to us all. According to Burnham, intuition is always right, and when you receive messages from Spirit—be it in the form of a subtle impression or a thunderous bolt from the blue—you must always, always follow the call.

Your Intuition Led You Here - Alex Naranjo
2021-12-28

An intuitive resource for using everyday tools for magical results, featuring 32 rituals to help you tap into your intention and self-empowerment—from the owners of the destination boutique House of Intuition. "A must-read if you are into crystals, energy, and rituals."—PopSugar Alex Naranjo and Marlene Vargas, the owners of the biggest metaphysical shop on the West Coast, empower you to hear your inner voice and design your own powerful rituals in response. Part memoir, part ritual guide, *Your Intuition Led You Here* is ultimately a path to accessing the healing potential of magic, understanding your power, and putting your intuition into practice. With wit, lightness, and accessibility, Alex and Marlene guide you through . . .

- How to create magic: With thirty-two tried-and-true ritual recipes, this book is a uniquely knowledgeable guide on how to utilize the power of ritual to tap into intuition and inner knowing.
- Symbolism: Discover the symbolism behind key ingredients (everyday herbs, oils,

elements, crystals) so that you can devise and personalize your own rituals. • Rituals to manifest magic: Put magic to work with candle spells, protection baths, love jars, and box spells for releasing and letting go. Learn zodiac-personalized energies, herbs, colors, and the most energetically powerful days of the week to manifest your desired intentions. Your intuition is a gift. In these pages, you will learn to hear it and respond to it with intention so that you can align your reality with your true self.

Practical Intuition in Love - Laura Day 1998

A best-selling author turns her philosophy on intuition to the topic of love in this practical guide designed to help readers tune into their inner voices and use love telepathy to communicate with people they want to attract.

Palpation Skills - Leon Chaitow 1997

Palpatory or touch skills lie at the very core of all "hands on" therapies. Subtlety and sensitivity of touch, and interpretation of palpatory tests, are essential requirements for practice. This

book aims to help both the student and practicing therapist towards increased sophistication of palpatory assessment skills and practice.

Signs - Laura Lynne Jackson 2019

"Laura Lynne Jackson is a psychic medium and the author of the New York Times bestseller *The Light Between Us*. She possesses an incredible gift--the ability to communicate with loved ones who have passed, convey messages of love and healing, and impart a greater understanding of our interconnectedness. Though her abilities are exceptional, they are not unique, and that is the message at the core of this book. Understanding "the secret language of the universe" is a gift available to all. As we learn to ask for and recognize signs from the other side, we will start to find meaning where before there was only confusion, we will see light in the darkness. We may decide to change paths, push toward love, pursue joy, and engage with life in a whole new way. In *Signs*, Jackson is able to bring the

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mystical into the everyday. She relates stories of people who have experienced these uncanny revelations and instances of unexplained synchronicity, as well as those drawn from her own experience. There's the producer whose lost child appears to her as a deer that approaches her unhesitatingly at a highway rest stop; the name tag of an ER nurse that lets a terrified wife know that her husband will be okay; the Elvis Presley song that arrives at the exact time of her own father's passing; and many others. This is a book that is both inspiring and practical, deeply comforting and wonderfully motivational in asking us to see beyond ourselves to a more magnificent universal design"--

Practical Intuition in Love - Laura Day

2000-01-05

In her groundbreaking bestseller *Practical Intuition*, Laura Day showed how intuition--an instinctual knowledge we all possess about ourselves and what is best for us--can be the most effective tool for leading a fulfilled life. In

Practical Intuition in Love, Laura Day demonstrates how this powerful, natural gift directly affects our ability to find and sustain intimate romantic relationships. If used wisely, intuition will help you send and interpret romantic signals, guide you to the right people and choices, and help you avoid the entrapments of no-win situations. Based on her successful workshops and filled with proven techniques and real-life examples, Laura Day's simple six-step plan will help you recognize the inner gift of attracting and nourishing the relationship with the one you love. Whether you are searching for a partner, recovering from love gone wrong, or trying to put the heat in the relationship gone cold, *Practical Intuition in Love* will help you put pleasure back in into your life, and find joy in a relationship that lasts.

Cosmic Navigator - Gahl Eden Sasson

2008-07-01

Gahl Sasson's second book, *Cosmic Navigator*, is like a GPS for the soul. It combines Astrology,

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the map of where and who we are, with Kabbalah the navigation system that tells us how to get to our goal and avoid those traffic patterns and areas of gridlock in our lives. This three part text is the first book of its kind. Not only is it the first book to use Astrology as a resource for self help, it also weds the wisdom of ancient Kabbalistic truths with the powerful archetypes of the zodiac to help you improve and change your life. The first part of the book introduces the basic concepts of Kabbalah and Astrology and how they work together. The second part teaches you how to interpret your own astrological chart as the road map of your life. The third and final part of the book, which is based on Gahl's twelve week workshop, walks the reader through the twelve signs and teaches

them how to use each one to bring balance and success into their lives. Is your love life in need of more passion? Turn to the chapter on Scorpio and learn how to invoke that sexual mysterious energy. Do you need to be more assertive at work? Turn to the chapter on Aries and discover your inner warrior. Unlike other astrology books that simply offer stereotypical profiles, Cosmic Navigator teaches us how to take control of our astrological destinies.

Trust Your Vibes - Sonia Choquette 2010-09
In this fascinating book, spiritual teacher Sonia Choquette reveals the secrets you need to awaken your intuitive voice and ... trust your vibes. If you're ready to step into a Divine, more energetically uplifting experience and live an easier more satisfying life, you'll learn how to do so within these pages...