

# Popular Day Hikes Vancouver Island Revised Update

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## **The Rough Guide to Canada** - Tim Jepson 2004

THE ROUGH GUIDE TO CANADA is the definitive handbook to this diverse country. Features include: Full-colour section introducing Canada's highlights. Detailed accounts of the big cities and small towns, from cosmopolitan Toronto and atmospheric Québec City to the Gold Rush-era relics of the Yukon. Discriminating reviews of hundreds of hotels, restaurants, bars and clubs to suit all tastes and budgets. Practical advice on a range of activities, from hiking and skiing in Banff to fishing and sailing in the Maritime Provinces. Expert background on Canada's history, wildlife and its aboriginal peoples. Maps and plans covering the entire country.

*Islands Magazine* - 2001-11

## **Vancouver Island BC Backroad Mapbook** - Russell Mussio 2020-07-01

Known for its beautiful scenery and abundant forests, beaches, and wildlife, Vancouver Island is just a short ferry ride away from the bustling Lower Mainland. Get away from it all on a multi-day hike along the West Coast Trail, view some of the world's largest trees in Strathcona Provincial Park, reel in the catch of a lifetime in Campbell River (the "Salmon Capital of the World"), or explore the charming Gulf Islands by kayak - there are endless outdoor adventure opportunities! The Vancouver Island Backroad Mapbooks 9th edition includes many map updates and cartographic style changes including enhanced private land, expanded fish species and countless multi-use trail and ATV trail additions. The Adventure listings have also been expanded and updated to ensure you get the most up-to-date and accurate information possible for your adventure of choice. Features - Map Key & Legend - Topographic Maps - Detailed Adventure Section >> Backroad Attractions, Fishing Locations, Hunting Areas, Paddling Routes, Parks & Campsites, Trail Systems, ATV Routes, Snowmobile Areas, Wildlife Viewing, Winter Recreation, Service Directory, Accommodations, Sales & Services, Tours & Guides, Index, Adventure Index, Map Index, Trip Planning Tools,

## **Family Walks and Hikes of Vancouver Island -- Volume 2** - Theo Dombrowski 2018-06-07

Family Walks and Hikes is an exciting new series of books written specifically for outdoor enthusiasts of all ages and abilities. These accurate, attractive guides feature expertly curated routes, informative maps and colour photographs. The second book in this sure to be popular new series assembles an impressive variety of walks and hikes for visitors and locals looking for unique, guided wanderings in the area between northern Nanaimo and Strathcona Park, including: Upper Myra Falls Karst Creek Quinsam River Beaver Ponds Bear Creek Nature Park Seal Bay Stotan (Stokum) Falls Lighthouse Country Regional Trail Horne Lake Caves Pacific Rim National Park Forest Trails Stamp River Falls and Angler's Trail Log Train Trail Little Qualicum Falls Provincial Park Englishman River Estuary Alberni Valley Lookout Trail Ammonite Falls Regional Trail Ranging from charmingly easy to moderately challenging, these hikes are all accessible from reliable roads and popular staging areas. In addition, each hike is accompanied by a clear, colourful map, step by step directions and full-colour photographs. Each route includes: detailed directions to trailheads colour maps and photographs seasonal information round-trip distances trail commentary difficulty ratings

**The Rough Guide to Canada (Travel Guide eBook)** - Rough Guides 2019-09-01

World-renowned 'tell it like it is' guidebook Discover Canada with this comprehensive, entertaining, 'tell it like it is' Rough Guide, packed with comprehensive practical information and our experts' honest and independent recommendations. Whether you plan to do snowboarding in Whistler, go whale-watching off the spectacular coasts, hike through the Canadian Rockies, or marvel at the Niagara Falls, The Rough Guide to

Canada will help you discover the best places to explore, sleep, eat, drink and shop along the way. Features of The Rough Guide to Canada: - Detailed regional coverage: provides in-depth practical information for each step of all kinds of trip, from intrepid off-the-beaten-track adventures, to chilled-out breaks in popular tourist areas. Regions covered include: Toronto, Ontario, Montreal, Quebec, Newfoundland and Labrador, the Prairie Provinces, the Maritime Provinces, the Canadian Rockies, the BC interior, Vancouver and the North. - Honest independent reviews: written with Rough Guides' trademark blend of humour, honesty and expertise, and recommendations you can truly trust, our writers will help you get the most from your trip to Canada. - Meticulous mapping: always full-colour, with clearly numbered, colour-coded keys. Find your way around Quebec, Newfoundland and many more locations without needing to get online. - Fabulous full-colour photography: features a richness of inspirational colour photography, including the atmospheric Helmcken Falls in British Columbia and dramatic Hopewell Rocks coastline in Nova Scotia. - Things not to miss: Rough Guides' rundown of the Canadian Rockies, Vancouver, Toronto and Montreal's best sights and top experiences. - Itineraries: carefully planned routes will help you organise your trip, and inspire and inform your on-the-road experiences. - Basics section: packed with essential pre-departure information including getting there, getting around, accommodation, food and drink, health, the media, festivals, sports and outdoor activities, culture and etiquette, shopping and more. - Background information: comprehensive Contexts chapter provides fascinating insights into Canada, with coverage of history, religion, ethnic groups, environment, wildlife and books, plus a handy language section and glossary About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold globally. Synonymous with practical travel tips, quality writing and a trustworthy 'tell it like it is' ethos, the Rough Guides list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

## **Hiking Vancouver Island** - Shannon Cowan 2003

Featuring more than 50 trails on Canada's west coast, this one-stop guide takes hikers from the rugged wind-swept coast of Cape Scott Park to the urban wonder trails of Victoria's Galloping Goose. 50 photos. 50 maps.

## **Great Canadian Vacations** - Fodor's 2004-04-01

Provides a close-up look at twenty-five classic Canadian vacations, ranging from Victoria and Vancouver Island to the Great Northern Peninsula and Montreal, along with complete information on when and how to get there, the best things to see and do, cultural and historical attractions, available outdoor activities, restaurants, accommodations for all budgets, and other options. Original.

## **Popular Day Hikes 4** - Theo Dombrowski 2014-05-12

Popular Day Hikes is a series of books written for visitors and locals looking to hike scenic trails from well-established staging areas. These factual, attractive guides feature detailed maps and colour photographs to whet the appetite. Famed worldwide for its natural beauty, Vancouver Island is blessed with towering mountains, thundering waterfalls and rich forests. Many of the most beautiful parts of the island, however, can be enjoyed only by those who explore its wilderness trails. This unique and colourful guidebook sorts through all of various possibilities and selects for the reader the very best day hikes. Ranging from 6 km to 25 km and from easy to challenging, these hikes are all accessible from generally reliable roads. In addition, each hike is accompanied by a clear, colourful map, step by step directions and full-colour photographs. Dotted around central and southern Vancouver Island, these hikes are varied in the opportunities they give for multi-season adventures. While some lead to spectacular peaks and alpine meadows accessible only during the summer, many others take the hiker along low ridges or past

rivers and lakes accessible throughout most of the year.

**The BC Coast Explorer Volume 1** - John Kimantas 2018-03-16

Some places in this world are still wild, remote and untouched. The outer coast of Vancouver island is one such remarkable place. Author and explorer John Kimantas takes you through this phenomenal stretch of coastline, both by foot and by water, in unparalleled detail. It includes the type of detail that made his first series of guide books, the Wild Coast series, the quintessential resource for information on the most remote locations on the BC coast. This is the heir to that series, updated to include changes such as the Maa-nulth Treaty, the initiatives of the BC Marine Trails Network and other political, environmental and social changes that are continuing to shape these lands. Through maps, photography and description, The BC Coast Explorer series provides the building blocks for the adventure of a lifetime. By foot or paddle, this volume will take you to places rarely seen and yet too beautiful to miss. Covered in detail, feature by feature, are north Vancouver Island and Cape Scott, Brooks Peninsula and all five West Coast Sounds: Quatsino, Kyuquot, Nootka, Clayoquot and Barkley sounds. Included are launches, points of interest, campsites and all the necessary details to get you there. The toughest part will be deciding where to go.

**105 Hikes in and Around Southwestern British Columbia** - Stephen Hui 2018-05-22

The all-new, expanded follow-up to southwestern British Columbia's best-selling hiking guidebook—now featuring trails on the islands and northern Washington. For nearly fifty years, David and Mary Macaree's iconic 103 Hikes in Southwestern British Columbia has been the province's most popular and most trusted hiking guide, with more than 100,000 copies sold to date. Author Stephen Hui carries on the Macarees' legacy in 105 Hikes in and around Southwestern British Columbia—an all-new, expanded follow-up inspired by their beloved classic. With an additional selection of trails on the Gulf Islands and in Washington's North Cascades, options for hiking with children, and rainy day recommendations, 105 Hikes covers a wider area and wider range of abilities than its predecessor. Like the Macarees, Hui provides detailed information about how to get to each trailhead (including transit options, where available), distance and elevation gains, estimated hiking times, and points of natural or historical interest. But he also includes all-new features such as an at-a-glance summary of all the hikes in the book; tips for hiking safely and ethically; clear, topographical color maps; a rating system for hike quality and difficulty; Indigenous place names where appropriate; and shorter or longer options for every outing.

**Cape Scott and the North Coast Trail** - Maria I. Bremner 2015-03-07  
Part trail map, part field guide, part regional history, Cape Scott and the North Coast Trail is the first comprehensive guidebook about one of Vancouver Island's most iconic destinations. Each year, thousands of backpackers and nature lovers head to the northern limits of Vancouver Island, bound for the jewel of the region: Cape Scott Provincial Park and the recently completed North Coast Trail. Cape Scott, 115 kilometres of wave- and weather-beaten coastline, encompasses every dramatic element of Pacific Northwest geography. Rocky headlands neighbour sandy beaches and protected coves; bogs house sensitive amphibians and plants; and inland, a dense network of towering conifers, ferns, salal and beds of moss define the rainforest. The North Coast Trail wends its way through this paradise, offering hikers a rugged trek to Cape Sutil, a place steeped in First Nations history, beautiful ocean views along the long sandy beach at Shuttleworth Bight and glimpses of one of the largest intact coastal wetlands in British Columbia, an upland bog housing sandhill cranes and a variety of endemic species. Cape Scott and the North Coast Trail equips visitors with everything they need to know to make the most of the park. Illustrated with accurate maps and vivid photographs, and loaded with details about biology and human history, the guide is perfect for the day tripper, serious backpacker or anyone wanting to learn more about the culture and wildlife of the region.

**Popular Day Hikes 3** - Gerry Shea 2013-05

Popular Day Hikes is a series of bestselling books written for visitors and locals looking to hike scenic trails from well-established staging areas. These accurate, attractive guides feature detailed maps and colour photographs to whet the appetite. Located in the interior of British Columbia, stretching from Grindrod in the north to Vernon in the south and situated between the Okanagan Valley and the Shuswap, Northern Okanagan covers 39 popular day hikes in this stunning and open terrain. With little need for rigorous bushwhacking or risky scrambling, the hikes detailed in this new book will offer all users of all levels the opportunity to experience semi-desert landscapes, lakeside vistas and mountain views. Along the way, outdoor enthusiasts are certain to encounter a

diverse selection of trees, plants, flowering shrubs and wildlife. From hidden trails to well-trod pathways, Popular Day Hikes 3 is the only hiker's guide available for this well-known recreation and vacation paradise.

**Hiking the West Coast of Vancouver Island** - Tim Leadem 2015

The rugged west coast of Vancouver Island offers some of the most spectacular and storied hiking in the Pacific Northwest. Home to the world-famous West Coast Trail, once a lifeline for marooned sailors and still among the most breath-taking yet demanding hikes on the continent, the island's western shores also feature lesser-known coastal trails for all abilities. From the tidal pools and pocket beaches of the Juan de Fuca Marine Trail to the craggy surf-swept shores of Shushartie Bay and the North Coast Trail, the ten areas covered in this volume will give you a taste of the region's best hiking terrain. This third, fully updated and expanded edition, delivers the detailed trail descriptions, insider tips and clear two-colour maps that hikers have come to rely on plus two entirely new sections on the wild and challenging North Coast Trail extension from Cape Scott and the remote and rarely visited Tatchu coastal hike on the Rugged Peninsula. Less-experienced hikers may enjoy the Juan de Fuca Trail, a southern extension of the West Coast Trail from Port Renfrew to Jordan River, or the trails through the stunning old-growth forest of Carmanah-Walbran Provincial Park. For day trippers, there's the Wild Pacific Trail, a northern extension of the West Coast Trail that begins in Ucluelet and heads north over headlands and white sand beaches toward Long Beach and Tofino. And for those who prefer more remote hiking, the northern part of the island offers the rugged Nootka Trail, described by Backpacker magazine as a wild, historic and beautiful trail, or the boardwalk at Cape Scott, where black bears share the windswept beaches with kayakers and the ghosts of shipwrecked crews. From planning the trip, to getting to and from the trailheads, to choosing the most scenic campsites, this is an indispensable guide for the thousands of hikers who use the West Coast Trail each year and for those who will want to use its alternatives.

**Hiking the West Coast Trail** - Tim Leadem 2006

A pocket reference to the famous Northwest hike provides two-color maps, recommendations for clothing and supplies, tips on how to navigate tricky tidal areas, and brief descriptions of local historical, cultural, and geological points of interest. Original.

**Fodor's Pacific Northwest** - Fodor's Travel Guides 2017-09-12

For a limited time, receive a free Fodor's Guide to Safe and Healthy Travel e-book with the purchase of this guidebook! Go to [fodors.com](http://fodors.com) for details. Written by locals, Fodor's travel guides have been offering expert advice for all tastes and budgets for over 80 years. With the growing interest in adventure travel, national parks, hip cities, wineries, and microbreweries, the Pacific Northwest attracts a huge number of visitors every year. This dramatic region stretching from British Columbia to Oregon provides pristine wilderness areas to explore—from coastlines to mountains—as well as vibrant metropolitan scenes in Seattle, Portland, and Vancouver. Fodor's Pacific Northwest includes: UP-TO-DATE COVERAGE: New hotel and restaurant reviews cover recently opened properties throughout the region along with special focus on Portland and the popular brewery and winery scenes. ILLUSTRATED FEATURES: Colorful features introduce the whales of the Pacific Northwest, wine-tasting itineraries in Oregon's Willamette Valley, and Seattle's Pike Place Market. INDISPENSABLE TRIP PLANNING TOOLS: Fodor's recommends the top attractions and experiences, highlighting must-see sights from Stanley Park in Vancouver to microbreweries in Portland. Four chapters provide in-depth information on visiting stunning national parks: Crater Lake, Olympic, North Cascades, and Mount Rainier. DISCERNING RECOMMENDATIONS: Fodor's Pacific Northwest offers savvy advice and recommendations from local writers to help travelers make the most of their visit. Fodor's Choice designates our best picks in every category. COVERS: Portland, Seattle, Vancouver, Willamette Valley, Mt. Hood, Bend, Mt. St. Helens, San Juan Islands, Olympic National Park, Mt. Rainier, Victoria, and more.

**British Columbia Almanac** - Mark Forsythe 2000

British Columbia is a province of extraordinary extremes: urban areas and rural territories; lush farm terrain and mountain vistas; balmy ocean views and frozen snowscapes. Its population is equally diverse: gardeners, skiers, bush pilots, filmmakers, fishermen, and assorted eccentrics who could have only come from British Columbia. Through it all, CBC Radio 1's BC Almanac has documented BC life in all its various forms. British Columbia Almanac, written and compiled by host Mark Forsythe, provides a fun, informative, and captivating snapshot of the province and its habits. Chapters are devoted to each season of the



year in BC. For example, "Summer" will include barbecue recipes, hidden hiker trails, cougar attack tales, best roadside diners, and favourite campsites; "Winter" will include recipes for soups and stews, skiing trivia, winter survival stories, and Christmas in BC anecdotes. There will be essays by regular BC Almanac contributors such as gardener Brian Minter, historian Jean Barman, and outdoors expert Jack Christie--all of them accomplished authors in their own right--as well as personal anecdotes and photographs from the program's listeners located in all parts of the province, reporting on life in their neck of the woods. Scattered throughout are various BC trivia and facts, as well as behind-the-scenes tales of the show itself, a fixture on CBC Radio 1 since the 1980s. Two-colour throughout; includes numerous photographs and illustrations.

#### **Hiking Trails 2** - Richard Blier 2012-04

A comprehensive guide to the hiking trails in South Central Vancouver Island British Columbia

#### *Destination Hikes* - Stephen Hui 2021-05-11

Discover 55 of the most beautiful hikes near Vancouver, each with an exciting destination to reward your efforts. Planning your next hiking journey in beautiful British Columbia? This new book from the bestselling author of 105 Hikes will show you how to reach the most breathtaking hiking destinations in the province. 55 new day trips: celebrate nature big and small with astonishing hikes you can do in one day. Large geographical area: the book covers Duffey Lake and the Stein Valley in the north, Washington's Cascade Mountains in the south, Nanaimo and the Gulf Islands in the west, and Manning Park and the Coquihalla in the east. Diverse destinations: including astonishing views, swimming holes, beautiful rivers and lakes, and even a 600-year-old tree. History and ecology: the author acknowledges the Indigenous territory each trail crosses, and points out nearby museums, wetlands, temples, and memorials. Giving back: A portion of the author's royalties will go to the Hope Mountain Centre for Outdoor Learning to support trail building and maintenance. With each hike, bestselling author and seasoned BC hiker Stephen Hui shares everything you need to know to make your day a success. Bonus features include: A photograph of every hike Topographic maps Difficulty ratings At-a-glance summaries of special features Recommendations for kids and families, and shoulder season.

#### **Backpacking in Southwestern British Columbia** - Taryn Eyton 2021-05-11

A one-stop resource for hiking backpackers in beautiful British Columbia. Planning your next backpacking adventure? This book covers all the essentials including: 40 overnight hiking trails: discover the many different routes that BC has to offer Packing tips: take only the most essential items with you (plus a few comforts) Permitting: find out what permits you'll need, and where to get them Camp set-up: tips for where to pitch your tent and how to find water Environmental impact: learn how to Leave No Trace behind in the wilderness This book features backpacking routes from the North Shore up to Pemberton and Lytton and from the Sunshine Coast out to the Similkameen Valley. Beautiful photographs showcase what you'll see along the way: mountain peaks, alpine meadows, waterfalls, old-growth forests, and more. Every backpacking route in the book includes bonus features: Trail maps and route descriptions Elevation, distance and time information Points of cultural and natural history Pre-planning hints about fees, permits, and reservations Suggested side trips and points of particular interest Backpacking in Southwestern British Columbia also shares options for extending an overnight excursion to several nights or a week, and for selecting hikes that match your timeline/fitness level.

#### **Secret Beaches of the Salish Sea** - Theo Dombrowski 2012-06-26

The fourth volume in the Secret Beaches series, one of two on the Salish Sea, covers 93 beaches in the southern Gulf Islands, including Salt Spring, Galiano, Saturna, Mayne, Thetis and Pender. At some locations, the selling point is a view of sandstone eroded into astounding curves and honeycombed lattices. At others, it's the chance of seeing the resident orcas of J1, K1 and L1 pods, whose summer home is the Gulf Islands. Theo's hand-drawn maps are indispensable, as each island marks its public beach access points differently, if they mark them at all. His detailed entries give comprehensive descriptions and an illustrative photo or painting for each beach. As usual, the charming paintings and photos are done by Theo himself. Whether seconds from the ferry or farther along a twisting, unsigned back road, the beach best suited to your adventure waits to be found in Secret Beaches of the Salish Sea.

#### **Seaside Walks on Vancouver Island** - Theo Dombrowski 2014-03-24

This is the perfect book for those who love to explore the seashore but also love walking through forests and seaside meadows. Whether

discovering inviting stretches of sandy beach, hiking along rugged cliffs or strolling through quiet estuaries, visitors to these trails will usually be far away from the crowds who chose to drive directly to the more popular, touristy beaches. Each of the walks in this book is accompanied by a colourful, easy-to-follow map and step by step descriptions of what to expect. By scanning through the clearly presented information, walkers can select an easy, level route suitable for all abilities, or a challenging wilderness trail perfect for the more adventurous. In addition they can look at the full-colour photographs accompanying each description in order to choose the most enticing outing. A large-scale planning map of Vancouver Island makes driving strategies easy, whether to the relatively sheltered east coast or the wild and rugged west coast. Complete with full-colour photos and maps, Seaside Walks on Vancouver Island is the only book of its kind and it will serve locals and tourists alike as an invaluable guide for lovers of both lush, coastal forests and ocean shores.

#### **Secret Beaches of the Salish Sea** - Theo Dombrowski 2012

In the fifth volume in the Secret Beaches series, one of two on the Salish Sea, you'll discover noteworthy beaches in the northern Gulf Islands, including Denman, Quadra, Gabriola, Hornby and Texada. As in his previous volumes, Theo gives full descriptions of each beach so that you'll be able to find the right location for your activity, from group picnics to romantic cuddles, leisurely strolls to wild woodsy walks, family explorations to soul-searching solitary afternoons watching the clouds race across an island-dotted horizon. Discover where to launch a kayak, where to catch some rays or where to spot surf scoters, harlequin ducks and Pacific white-sided dolphins. Theo's hand-drawn maps are indispensable, as each island marks its public beach access points differently, if they mark them at all. His detailed entries are accompanied by an illustrative photo or painting for each beach. As usual, the charming paintings and photos are done by Theo himself.

#### **Vancouver Island Book of Everything** - Peter Grant 2008

From Hudson's Bay outpost to gold rush fever and coal and lumber barons to political scandals Island-style to the mighty Douglas fir and Pacific salmon and profiles of Emily Carr, Cougar Annie and the Dunsmuir clan, no book is more comprehensive than the Vancouver Island Book of Everything. No book is more fun! Well-known Islanders weigh in on their favourite things about Vancouver Island. Robert Bateman shares his five most inspiring island locales; Michael Halleran tells us the five graves you simply must visit at Ross Bay Cemetery; Ian Vantreight tells us his five Island weather complaints; history teacher and Vancouver Island digital archive editor Patrick Dunae gives us his five essential Vancouver Island reads; professor Barbara Helem Whittington gives us her five favorite memories of growing up on the island. From politics to the country's best weather to the origins behind place names, Island slang, serial killers and the First People...it's all here! Whether you are a lifelong resident or visiting for the first time, there's no more complete book about Vancouver Island. If you love Vancouver Island, you'll love the Vancouver Island Book of Everything! [The Maritime Provinces Rough Guides Snapshot Canada \(includes Nova Scotia, Cape Breton Island, New Brunswick and Prince Edward Island\)](#) - Rough Guides 2013-07-11

The Rough Guide Snapshot to the Maritime Provinces is the ultimate travel guide to this beautiful part of Canada. It guides you through the region with reliable information and comprehensive coverage of all the sights and activities, from tasting lobster suppers on Prince Edward Island to exploring the Bay of Fundy's rugged coastline. Detailed maps and up-to-date listings pinpoint the best cafés, restaurants, hotels, shops, bars and nightlife, ensuring you have the best trip possible, whether passing through, staying for the weekend or longer. Also included is the Basics section from the Rough Guide to Canada, with all the practical information you need for travelling in Canada, including transport, food, drink, costs and outdoor activities. Also published as part of the Rough Guide to Canada. Now available in ePub format.

#### **Lonely Planet British Columbia & the Canadian Rockies** - Lonely Planet

#### *1,000 Places to See in the United States and Canada Before You Die, updated ed.* - Patricia Schultz 2011-03-11

The 1,000 Places to See books are pleasurable, inspiring, wondrous, a best-selling phenomenon and, yes, practical: Announcing the updated edition of 1,000 Places to See in the USA & Canada Before You Die, The New York Times No. 1 bestseller. Because USA & Canada is not only a wish book but also a guide, this information, including phone numbers, Web addresses, and more, is now completely revised and updated. For

travel season, for long summer weekends, for whenever the mood strikes to pack up the car and set out to discover a new piece of America (and Canada!), *1,000 Places to See in the USA & Canada* is a map to all the unique and wonderful places just around the corner: Sail the Maine Windjammers out of Camden. Explore the gold-mining trails in Alaska's Denali wilderness. Collect exotic shells on the beaches of Captiva. Play tennis the way it was meant to be—on grass—at the lavish Victorian Newport Casino. Take a barbecue tour of Kansas City—Arthur Bryant's to Gates to Snead's. There's the ice hotel in Quebec, the stalacpipe organ in Virginia, out-of-the-way Civil War battlefields, dude ranches and cowboy poetry readings, and what to do in Louisville after the Derby's over. More than 150 places are highlighted as family-friendly, and indices in the back organize the book by subject—wilderness, dining, beaches, world-class museums, sports, festivals, and more.

[Hiking Trails 3](#) - Richard Blier 2012-04

A comprehensive guide to the trails in northern Vancouver Island British Columbia

[Secret Beaches of Greater Victoria](#) - Theo Dombrowski 2011-09-15

Secret Beaches of Greater Victoria is a comprehensive review of nearly 100 beaches on the Saanich Peninsula and in the Greater Victoria area. While some of these are well used by people living nearby, many are virtually impossible to find without combing through official maps and back-road guides. Even the seemingly well-known shoreline from Oak Bay to Beacon Hill hides its own tiny pocket beaches and obscure coves. Just as important as finding these spots is knowing what to expect. Thus each location is accompanied by detailed information that any beach explorer should know before setting out. Is the beach a few level steps from a vehicle or down a high, steep bank? Is the beach suitable for children? Large groups? Kayakers? All of these questions and many more are answered in this book, which includes Theo's hand-drawn maps, photographs and artwork. Take a few steps off a grassy area and enter a world of miniature reefs and islets (Lansdowne Road) Watch boats navigating Enterprise Channel from a hidden headland (Radcliffe Lane) Relax on an expanse of beautiful white sand (Gonzales Beach) Explore a beach where you can see low-tide critters like anemones, starfish and crabs (Beaufort Road, Sidney) Refresh your pleasure in the shore and head out to picnic, play, launch kayaks, watch winter storms or just enjoy the waves.

*1,000 Places to See in the USA and Canada Before You Die* - Patricia Schultz 2007-01-01

Describes essential places to see throughout the United States and Canada, offering information on what to find at each spot, the best time to visit, things to see and do, local accommodations and eateries, and other important information.

**Family Walks and Hikes of Vancouver Island -- Volume 1** - Theo Dombrowski 2018-06-05

Family Walks and Hikes is an exciting new series of books written specifically for outdoor enthusiasts of all ages and abilities. These accurate, attractive guides feature expertly curated routes, informative maps and colour photographs. The first book in this highly anticipated new series assembles an impressive variety of walks and hikes for visitors and locals looking for unique, guided wanderings in the area between Victoria to Nanaimo, including: Millstone Falls Westwood Lake Colliery Dam Park Nanaimo River Yellow Point Park Chemainus Lake Mount Tzouhalem Spectacle Lake Provincial Park Niagara Falls and Goldstream Trestle Bridge Tod Inlet Mount Work Beaver Lake Mount Douglas Devonian Park Avatar Grove Lizard Lake Ranging from charmingly easy to moderately challenging, these hikes are all accessible from reliable roads and popular staging areas. In addition, each hike is accompanied by a clear, colourful map, step by step directions and full-colour photographs. Each route includes: detailed directions to trailheads colour maps and photographs seasonal information round-trip distances trail commentary difficulty ratings

[Day Hiking Central Cascades](#) - 2013

[Vancouver Travel Guide 2022](#) - T Turner 2022-07-28

Turner Travel Guides are the most up-to-date, reliable and complete city guides available. Travelers will find everything they need for an unforgettable visit, presented in a convenient and easy-to-use format. Each guide includes quick information on planning a visit, navigating the city, experiencing the local culture, exploring the beauty of the city and more! Planning a trip to Vancouver? The city is renowned for its natural beauty and cultural diversity. For thousands of years the Coast Salish people have called the area now known as Vancouver home, and their history and cultural traditions, deep respect for nature, and spirituality

are all tightly woven into the city's cultural fabric. Top spots for exploration include downtown's Stanley Park, with its old-growth cedar forests surrounded by water views and sandy beaches, and the Granville Island Public Market. Other popular neighbourhoods include the West End, Gastown, Yaletown, and Chinatown. The City of Vancouver is a coastal city in southwestern British Columbia, on the traditional territory of the Squamish, Musqueam, and Tsleil-Waututh Nations. The downtown core of the city is on a peninsula bordered by English Bay and Burrard Inlet. Metro Vancouver encompasses 21 municipalities in the surrounding region. The area is the delta of the mighty Fraser River, which flows into the Salish Sea.

[Popular Day Hikes Vancouver Island](#) - Theo Dombrowski 2019-05-14

This unique and colourful guidebook sorts through all of the various possibilities and selects for the reader the very best day hikes on Vancouver Island, with locations throughout the region, including: - Carmanah Walbran - Matheson Lake to Roche Cove - Mount Finlayson - Gowlland Tod Park Jocelyn Peak Loop - Skutz Falls Loop - Stocking Lake and Heart Lake - Haslam Trail to Timberland Lake - Top Bridge and Englishman River - Mount Arrowsmith - The Lakes of Forbidden Plateau With hikes ranging from 6 km to 25 km and from easy to challenging, these routes are all accessible from generally reliable roads. In addition, each hike is accompanied by a clear, colourful map, step by step directions and full-colour photographs. Each hike includes: - detailed directions to trailheads - colour maps and photographs - seasonal information - round-trip distances - trail commentary - difficulty ratings

*52 Best Day Trips from Vancouver* - Jack Christie 2015-04-20

The best views, biking, beaches, and outings for kids--they're all here in an updated edition of the Lower Mainland's favourite guidebook for day-trippers, described in the clear, upbeat, observant prose that is Jack's trademark. From Delta to Whistler, West Vancouver to Harrison Hot Springs, detailed directions (including driving distances and times, as well as special information about wheelchair access) help you find your way and enjoy the sights en route. This fourth edition includes two brand-new chapters: Callaghan Valley in the Whistler mountains, and 1,001 Steps Park on Surrey's beaches.

[Day Hiking: The San Juans & Gulf Islands](#) - Craig Romano 2014-05-21

Packable size filled with maps, elevation profiles, 130 photos, at-a-glance trail selection table, and more from a beloved trails author 1% of sales support trail maintenance in Washington As a hiking destination, the San Juan Islands of Washington and their sister islands to the north offer scores of parks and preserves, hundreds of miles of trails catering to hikers of all levels, and year-round accessibility. Day Hiking: The San Juans and Gulf Islands is divided into roughly four sections: Anacortes, for many the gateway to the region; the San Juan Islands themselves, including some key islands not served by Washington State Ferries; Victoria, Canada, providing easy access to the Gulf Islands, as well as other unique destinations; and the magical southern Gulf Islands. Author Craig Romano explores state parks, county parks, and provincial parks as well as some municipal and regional parks. He also features the recent expansion of San Juan Island National Historic Park on San Juan Island and the recently created Gulf Islands National Park Reserve, spanning several of the southern Gulf Islands, both of which are not yet familiar to many hikers. While the star attractions are the ferry-accessed islands, Romano also features several of the larger islands that don't have ferry service (e.g., Stuart Island)—making this guide of interest to paddlers and boaters who are looking for hikes too! Key features of this guide: 136 hikes (approximately 50% American, 50% Canadian locations) Ferry travel tips Car-camping recommendations Border-crossing details All distances and elevations in both English and metric units Overview maps for both the San Juans and Gulf Islands \*\*Mountaineers Books designates 1 percent of the sales of select guidebooks in our Day Hiking series toward volunteer trail maintenance. For this book, our 1 percent of sales is going to Washington Trails Association (WTA). WTA hosts more than 750 work parties throughout Washington's Cascades and Olympics each year, with volunteers clearing downed logs after spring snowmelt, cutting away brush, retreading worn stretches of trail, and building bridges and turnpikes. Their efforts are essential to the land managers who maintain thousands of acres on shoestring budgets.

**The 10 Best of Everything** - Nathaniel Lande 2008

The ultimate travel guide offers an updated series of top-ten lists covering top sporting events, locations, hotels, restaurants, and Sunday afternoon excursions and more than thirty extraordinary trips and expeditions on every continent.

**Epic Hikes of the World** - Lonely Planet 2018-08-01

With stories of 50 incredible hiking routes in 30 countries, from New

Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route (Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair

and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

*103 Hikes in Southwestern British Columbia* - Jack Bryceland 2008-05-28 Profiling more than 20 new hikes, this bestselling guide is bigger and better than ever. Each route contains directions to the trailhead, photographs and descriptions, all-new maps, and points of interest. *Mountain Bike Adventures in Southwest British Columbia* - Greg Maurer 1999

Southwest British Columbia offers a tremendous opportunity for outstanding mountain bike adventure. This guide provides the information cyclists of all levels need to get out of the city and experience great outback riding in beautiful, uncrowded areas of B.C. The described routes were selected for their aesthetic and riding quality, with the aim of encouraging outdoor enthusiasts to return and explore the wilds not just by bike, but by backpacking, hiking, skiing, and snowshoeing. Alpine destinations and hidden lakes, hot springs and canyons, old-growth groves, and wild rivers give flavor to the selected rides, each no more than four hours of travel from Vancouver. And because many different elements affect the quality of a mountain bike tour, the author pays particular attention to the details of each trail, including grade and physical effort required.

*Lonely Planet British Columbia & the Canadian Rockies* - Lonely Planet 2020-04-01

Lonely Planet's British Columbia & the Canadian Rockies is your most up-to-date advice on what to see and skip, and what hidden discoveries await you. Spot wildlife in Jasper, stroll Stanley Park's Seawall Promenade, and ski at Whistler- all with your trusted travel companion.